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GAC LANE SCHEDULE

Monday, November 2, 2026

DIVE WELL 530AM - 8PM

DW 7 | DW 6 | DW 5 | DW 4 | DW 3 | DW 2 | DW 1

5-530 AM CLOSED

530-6 AM
6-630 AM
630-7 AM
7-730 AM
730-8 AM
8-830 AM
830-9 AM
9-930 AM
930-10 AM
10-1030 AM
1030-11 AM
11-1130 AM
1130-12 PM
12-1230 PM
1230-1 PM
1-130 PM
130-2 PM
2-230 PM
230-3 PM
3-330 PM
330-4 PM
4-430 PM
430-5 PM
5-530 PM
530-6 PM
6-630 PM
630-7 PM
7-730 PM
730-8 PM
8-830 PM
830-9 PM
9-930 PM

- U Air 4-630 GCS 5-630
- SAQ 330-630
- CWP 630-830

CLOSED

BACK PATIO

COMPETITION POOL 530AM - 8PM

C 24 | C 23 | C 22 | C 21 | C 20 | C 19 | C 18 | C 17 | C 16 | C 15 | C 14 | C 13 | C 12 | C 11 | C 10 | C 9 | C 8 | C 7 | C 6 | C 5 | C 4 | C 3 | C 2 | C 1

CLOSED

- STAR 530-7
- SAQ
- GSA 545-730
- CCA(m) 330-430
- GSA 430-6
- CA 430-6
- CA 5-6
- CCA(h) 6-7
- GSA 6-8
- SO
- BULKHEADS
- ONSA 4-730
- Canterbury 5-6
- GCY 430-8
- TM 730-830

CLOSED

CLOSED

CONNECTOR LOBBY & ENTRANCE

REC POOL 6AM - 7PM

Rec 6 | Rec 5 | Rec 4 | Rec 3 | Rec 2 | Rec 1

CLOSED

- Fitness 745 - 945AM
- GP
- GCS LTS 10am -1pm
- Family Swim 1-3pm
- Connie & Cynthia 130-4pm
- Fitness 530-630pm
- GAC Lessons 4-640pm
- Special Olympics 7-8

CLOSED

MAIN ENTRANCE

REC POOL

LAP LANES AND CLASSES ARE ADULT ONLY

WATER FITNESS

745 - 845am
845 - 945am
530 - 630pm

SENIOR OPEN SWIM

9 - 10am

LAP SWIM & WATER WALKING

REC POOL	Lanes
6 - 745am	4
745 - 9am	2
9 - 10am	1
10am - 1pm	0
1 - 130pm	4
130-3pm	2
3-4pm	4
4pm - 530pm	3
530 - 640pm	1
640 - 7pm	4

FAMILY SWIM

1-3pm

T 20 | T 19 | T 18 | T 17 | T 16 | T 15 | T 14 | T 13 | T 12 | T 11 | T 10 | T 9

5-530 AM CLOSED

530-6 AM
6-630 AM
630-7 AM
7-730 AM
730-8 AM
8-830 AM
830-9 AM
9-930 AM
930-10 AM
10-1030 AM
1030-11 AM
11-1130 AM
1130-12 PM
12-1230 PM
1230-1 PM
1-130 PM
130-2 PM
2-230 PM
230-3 PM
3-330 PM
330-4 PM
4-430 PM
430-5 PM
5-530 PM
530-6 PM
6-630 PM
630-7 PM
7-730 PM
730-8 PM
8-830 PM
830-9 PM
9-930 PM

- Grimsley 6-730
- GAP 530-7
- AE 7-745
- Deep W. Fitness
- Privates
- SHORT LANE (20 YRD)
- GDS 4-530
- STAR 4-530
- RA 530-630
- STAR 530-630
- ONSA 5-630
- Page 630-8
- SEHS 630-730
- SAQ
- NGHS 730-830

CLOSED

TRAINING POOL LAP SWIM ADULT ONLY

25 YARDS	LANES
530 - 6am	8
6 -7am	0
7 - 730am	1
730am - 4pm	11
4 - 530pm	0
530 - 630pm	1
630 - 730pm	2
730 - 8pm	1
8 - 830pm	6

SENIOR DISCOUNT

9AM - 12PM

DEEP WATER FITNESS

9AM - 10AM

CLASSROOMS

- Hospitality
- Classroom 2
- Mezzanine

TRAINING POOL 530AM - 8PM

5-530 AM | 530-6 AM | 6-630 AM | 630-7 AM | 7-730 AM | 730-8 AM | 8-830 AM | 830-9 AM | 9-930 AM | 930-10 AM | 10-1030 AM | 1030-11 AM | 11-1130 AM | 1130-12 PM | 12-1230 PM | 1230-1 PM | 1-130 PM | 130-2 PM | 230-3 PM | 230-3 PM | 3-330 PM | 330-4 PM | 4-430 PM | 430-5 PM | 5-530 PM | 530-6 PM | 6-630 PM | 630-7 PM | 7-730 PM | 730-8 PM | 830-9 PM | 9-930 PM

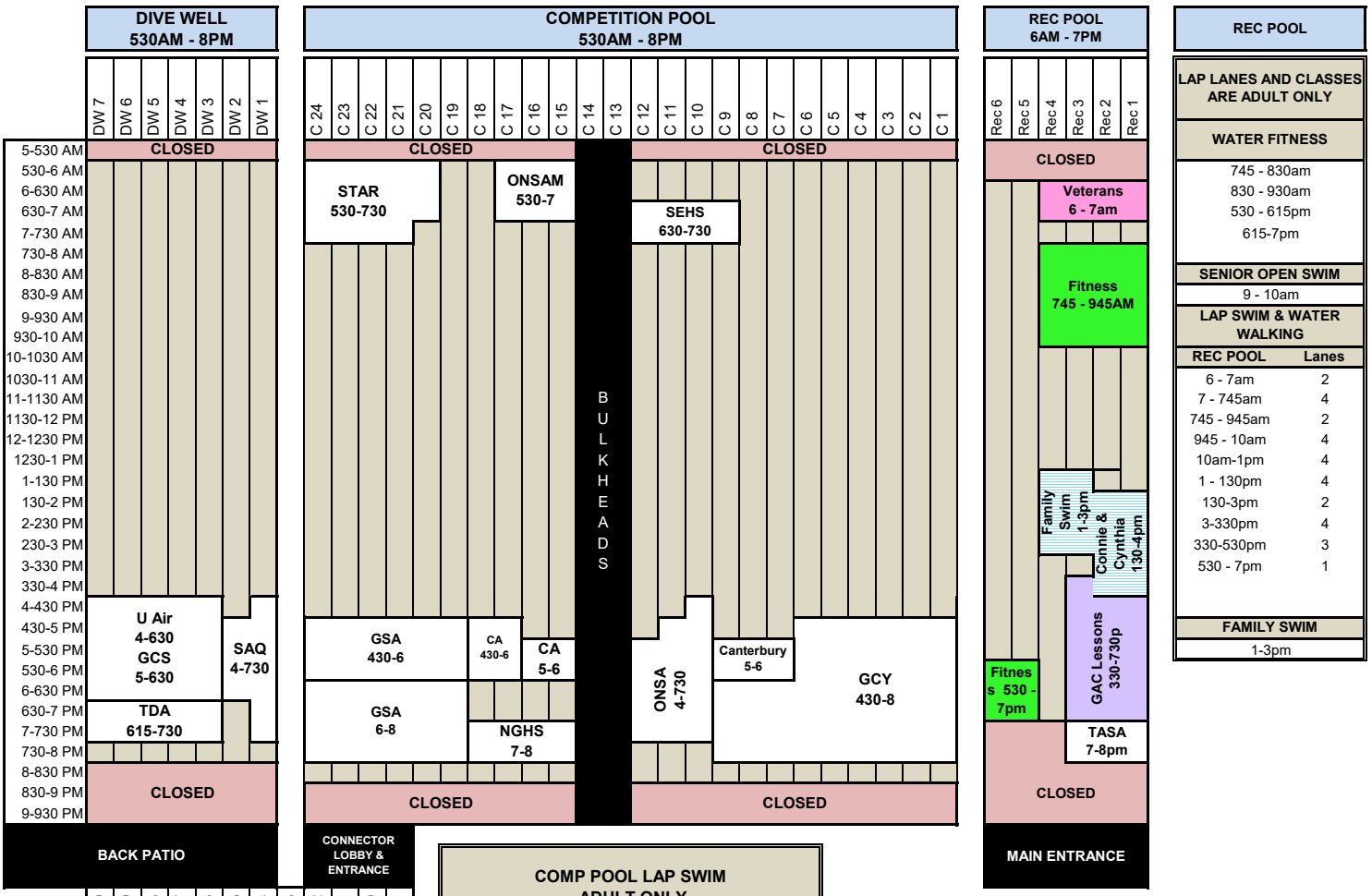
CLOSED

T 8 | T 7 | T 6 | T 5 | T 4 | T 3 | T 2 | T 1

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GAC LANE SCHEDULE

Tuesday, November 3, 2026



REC POOL

LAP LANES AND CLASSES ARE ADULT ONLY

WATER FITNESS

745 - 830am
830 - 930am
530 - 615pm
615-7pm

SENIOR OPEN SWIM

9 - 10am

LAP SWIM & WATER WALKING

REC POOL	Lanes
6 - 7am	2
7 - 745am	4
745 - 945am	2
945 - 10am	4
10am-1pm	4
1 - 130pm	4
130-3pm	2
3-330pm	4
330-530pm	3
530 - 7pm	1

FAMILY SWIM

1-3pm

COMP POOL LAP SWIM
ADULT ONLY

25 YARDS	LANES
530 - 630am	14
630 - 7am	10
7 - 730am	14
730am - 4pm	22

TRAINING POOL LAP SWIM
ADULT ONLY

25 YARDS	LANES
4 - 530pm	0
530 - 6pm	5
6 - 630pm	3
630 - 730pm	0
730 - 8pm	3

SENIOR DISCOUNT

9AM - 12PM

DEEP WATER FITNESS

CLASSROOMS

Hospitality

Classroom 2

Mezzanine

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GAC LANE SCHEDULE

Wednesday, November 4, 2026

DIVE WELL
530AM - 8PM

DW 7 | DW 6 | DW 5 | DW 4 | DW 3 | DW 2 | DW 1

5-530 AM CLOSED
530-6 AM
6-630 AM
630-7 AM
7-730 AM
730-8 AM
8-830 AM
830-9 AM
9-930 AM
930-10 AM
10-1030 AM
1030-11 AM
11-1130 AM
1130-12 PM
12-1230 PM
1230-1 PM
1-130 PM
130-2 PM
2-230 PM
230-3 PM
3-330 PM
330-4 PM
4-430 PM
430-5 PM
5-530 PM — TDA 430-6
530-6 PM
6-630 PM
630-7 PM
7-730 PM — CWP 6-8
730-8 PM
8-830 PM
830-9 PM
9-930 PM — CLOSED

BACK PATIO

COMPETITION POOL
530AM - 8PM

C 14 | C 13 | C 12 | C 11 | C 10 | C 9 | C 8 | C 7 | C 6 | C 5 | C 4 | C 3 | C 2 | C 1

5-530am CLOSED
530-6am
6-630am
630-7am
7-730am
730-8am
8-830am
830-9am
9a-1pm
1-330pm
330-4pm
4-430pm
430-5pm
5-530pm
530-6pm
6-630pm
630-7pm
7-730pm
730-8pm
8-830pm CLOSED

BULKHEAD | BULKHEAD

ONSA 4-730 | Canterbury 5-6 | GCY 430-8

5-530am | 530-6am | 6-630am | 630-7am | 7-730am | 730-8am | 8-11am | 11am-12pm | 12-1pm | 1-2pm | 2-3pm | 3-330pm | 3-4pm | 4-430pm | 4-5pm | 5-530pm | 6-630pm | 7-730pm | 8-830pm

Comp Pool B (Dive Well) 8 7 6 5 4 3 2 1 — CLOSED | STAR 530-7 | GSA 430-6 | GSA 6-8 | CLOSED

CONNECTOR LOBBY & ENTRANCE

REC POOL
6AM - 7PM

Rec 6 | Rec 5 | Rec 4 | Rec 3 | Rec 2 | Rec 1

CLOSED

Fitness 745 - 945AM

GP

GCS LTS 10am -1pm

Family Swim 1-3pm

Connie & Cynthia 130-4pm

Fitness 530-630pm

GAC Lessons 4-640pm

TASA 7-8pm

CLOSED

MAIN ENTRANCE

REC POOL

LAP LANES AND CLASSES ARE ADULT ONLY

WATER FITNESS
745 - 845am
845 - 945am
530 - 630pm

SENIOR OPEN SWIM
9 - 10am

LAP SWIM & WATER WALKING

REC POOL	Lanes
sd	4
745 - 9am	2
9 - 10am	1
10am - 1pm	0
1 - 130pm	4
130-3pm	2
3-4pm	4
4pm - 530pm	3
530 - 640pm	1
640 - 7pm	4

FAMILY SWIM
1-3pm

T 20 | T 19 | T 18 | T 17 | T 16 | T 15 | T 14 | T 13 | T 12 | T 11 | T 10 | T 9

5-530 AM CLOSED
530-6 AM
6-630 AM — Grimsley 6-730 | GAP 530-7
630-7 AM
7-730 AM — AE 7-745
730-8 AM
8-830 AM
830-9 AM
9-930 AM
930-10 AM
10-1030 AM
1030-11 AM
11-1130 AM
1130-12 PM
12-1230 PM
1230-1 PM
1-130 PM
130-2 PM
2-230 PM
230-3 PM
3-330 PM
330-4 PM — CCA(m) 330-430
4-430 PM
430-5 PM — GDS 4-530
5-530 PM — SAQ 330-730 | CA 430-6 | CA 5-6
530-6 PM — RA 530-630
6-630 PM
630-7 PM — CCA(h) 6-7
7-730 PM
730-8 PM — NGHS 7-8
8-830 PM
830-9 PM
9-930 PM — CLOSED

SHORT LANE (20 YRD)

TRAINING POOL LAP SWIM
ADULT ONLY

25 YARDS	LANES
530 - 6am	15
6 - 630am	7
630 - 730am	9
730am - 330pm	19
330 - 4pm	14
4 - 5pm	4
5 - 6pm	2
6 - 630pm	2
630 - 7pm	9
7 - 730pm	7
730 - 8pm	14

SENIOR DISCOUNT
9AM - 12PM

DEEP WATER FITNESS

CLASSROOMS
Hospitality
Classroom 2
Mezzanine

TRAINING POOL
530AM - 8PM

5-530 AM | 530-6 AM | 6-630 AM | 630-7 AM | 7-730 AM | 730-8 AM | 8-830 AM | 830-9 AM | 9-930 AM | 930-10 AM | 10-1030 AM | 1030-11 AM | 1130-12 PM | 12-1230 PM | 1230-1 PM | 1-130 PM | 130-2 PM | 2-230 PM | 230-3 PM | 3-330 PM | 330-4 PM | 4-430 PM | 430-5 PM | 5-530 PM | 530-6 PM | 6-630 PM | 630-7 PM | 7-730 PM | 730-8 PM | 830-9 PM | 9-930 PM

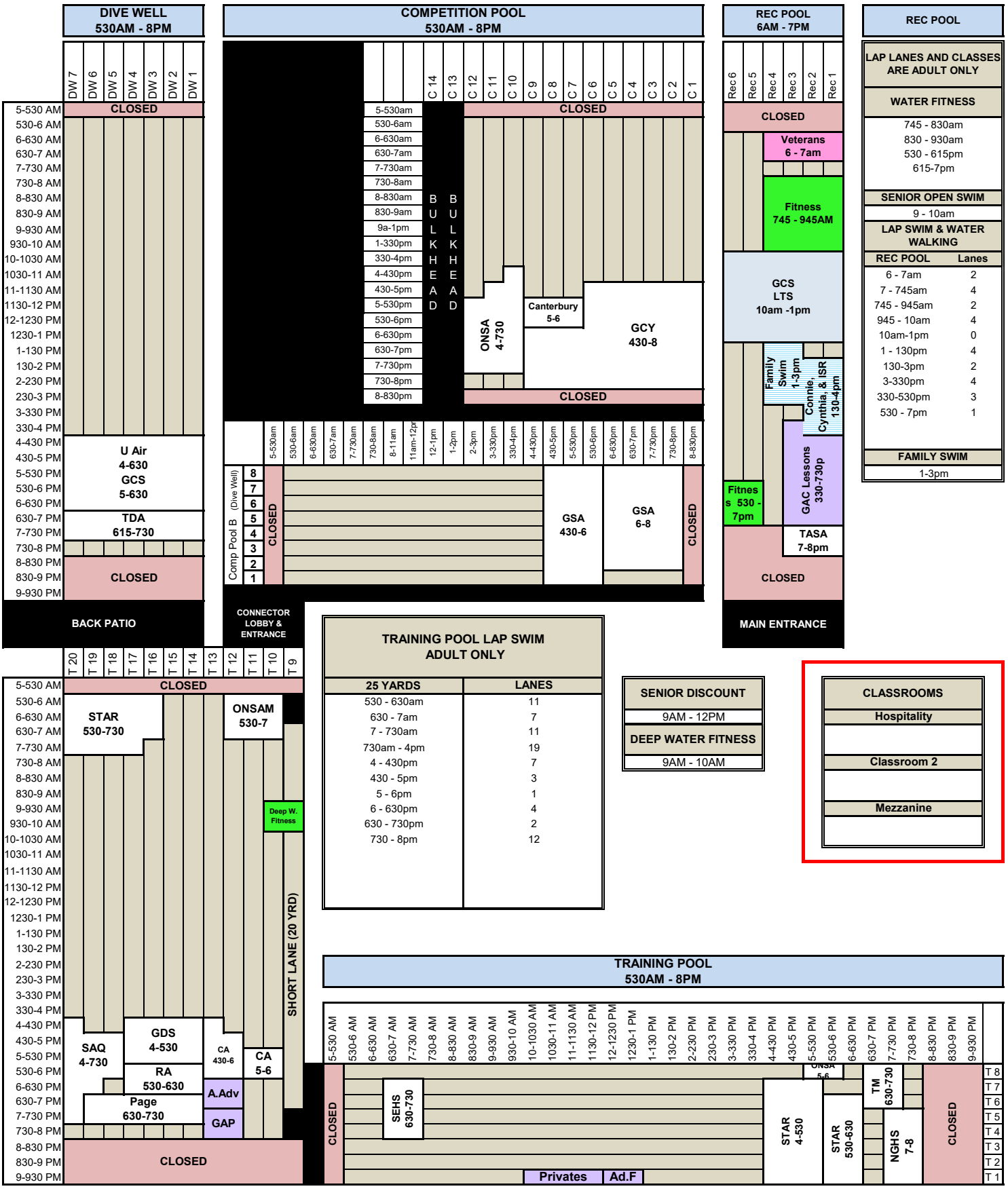
CLOSED | SAQ | Privates | STAR 4-530 | STAR 530-630 | Page 630-730 | CLOSED

T 8 | T 7 | T 6 | T 5 | T 4 | T 3 | T 2 | T 1

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GAC LANE SCHEDULE

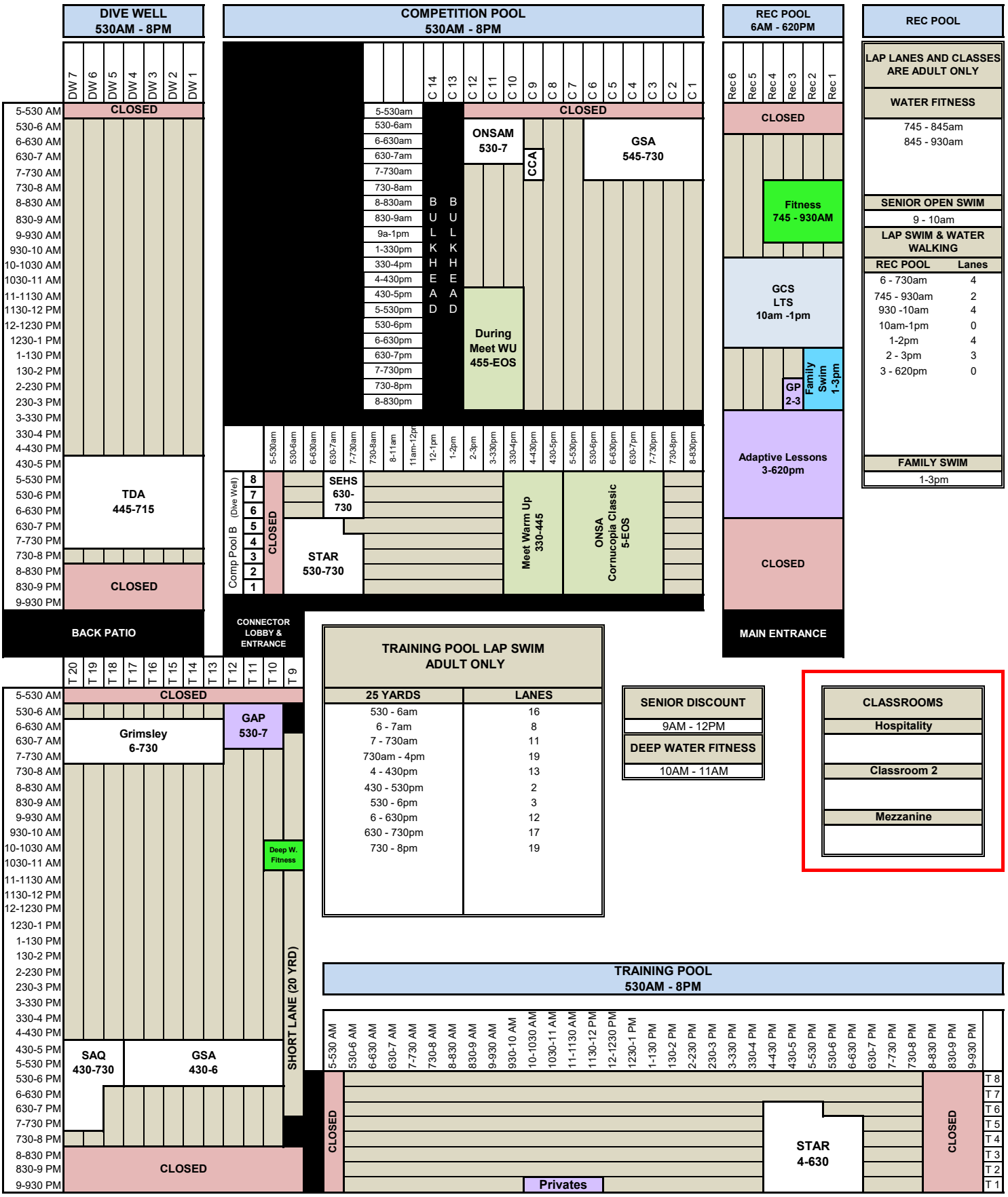
Thursday, November 5, 2026



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GAC LANE SCHEDULE

Friday, November 6, 2026



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GAC LANE SCHEDULE

Saturday, November 7, 2026

DIVE WELL 7AM - 5PM

DW 7 | DW 6 | DW 5 | DW 4 | DW 3 | DW 2 | DW 1

5-530 AM – 9-930 PM: CLOSED

11-1130 AM – 11-1 PM: U Air 11-1

BACK PATIO

COMPETITION POOL 630AM - 830PM

C 14 | C 13 | C 12 | C 11 | C 10 | C 9 | C 8 | C 7 | C 6 | C 5 | C 4 | C 3 | C 2 | C 1

7-8am
8-9am
9-10am
10-11am
11-1130am
1130-12pm
12-1pm
1-2pm
2-3pm
3-30pm
330-4pm
4-430pm
430-5pm
5-530pm
530-6pm
6-630pm
630-7pm
7-730pm
730-8pm
8-830pm

BULKHEAD

During Meet WU 745-EOS

During Meet WU 1245-EOS

During Meet WU 545-EOS

CLOSED

630-7am | 7-730am | 730-8am | 8-9am | 9-10am | 10-11am | 11-1130am | 1130-12pm | 12-1pm | 1-2pm | 2-3pm | 3-30pm | 330-4pm | 4-430pm | 430-5pm | 5-530pm | 530-6pm | 6-630pm | 630-7pm | 7-730pm | 730-8pm | 8-830pm

Comp Pool B (Dive Well) 8 7 6 5 4 3 2 1

- Meet Warm Up 630-745am
- ONSA Cornucopia Classic 8am-EOS
- Meet Warm Up 1130-1245pm
- ONSA Cornucopia Classic 1pm-EOS
- Meet Warm Up 430-545pm
- ONSA Cornucopia Classic 6pm-EOS

CONNECTOR LOBBY & ENTRANCE

REC POOL 7AM - 3PM

Rec 6 | Rec 5 | Rec 4 | Rec 3 | Rec 2 | Rec 1

CLOSED

Fitness 915-1045a

GAC Lessons 815am -1pm

Family Swim 1-5pm

CLOSED

MAIN ENTRANCE

REC POOL

LAP LANES AND CLASSES ARE ADULT ONLY

WATER FITNESS

915 - 10am
10 -1045am

SENIOR OPEN SWIM

LAP SWIM & WATER WALKING

REC POOL	Lanes
7 - 815am	4
815 - 915am	3
915 - 1045am	1
1045am - 5pm	3

FAMILY SWIM

1-5pm

TRAINING POOL LAP SWIM ADULT ONLY

25 YARDS	LANES
7 - 8am	11
8 - 9am	6
9 - 11am	10
11am - 3pm	17
3 - 5pm	19

SENIOR DISCOUNT

DEEP WATER FITNESS

CLASSROOMS

Hospitality

Classroom 2

Mezzanine

T 20 | T 19 | T 18 | T 17 | T 16 | T 15 | T 14 | T 13 | T 12 | T 11 | T 10 | T 9

5-530 AM – 9-930 PM: CLOSED

STAR 8-11

GAP 11-1230

Waves 1240-240

SHORT LANE (20 YRD)

TRAINING POOL 7AM - 5PM

5-530 AM | 530-6 AM | 6-630 AM | 630-7 AM | 7-730 AM | 730-8 AM | 8-830 AM | 830-9 AM | 9-930 AM | 930-10 AM | 10-1030 AM | 10-11 AM | 1030-11 AM | 11-1130 AM | 1130-12 PM | 12-1230 PM | 1230-1 PM | 1-130 PM | 130-2 PM | 230-3 PM | 230-3 PM | 3-330 PM | 330-4 PM | 4-430 PM | 430-5 PM | 5-530 PM | 530-6 PM | 6-630 PM | 630-7 PM | 7-730 PM | 730-8 PM | 8-830 PM | 830-9 PM | 9-930 PM

CLOSED

GSA 7-9

Page 9-10

RA 10-11

Privates

CLOSED

T 8 | T 7 | T 6 | T 5 | T 4 | T 3 | T 2 | T 1

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GAC LANE SCHEDULE

Sunday, November 8, 2026

DIVE WELL 10AM - 5PM

DW 7 | DW 6 | DW 5 | DW 4 | DW 3 | DW 2 | DW 1

5-530 AM – 9-930 AM: CLOSED

5-530 PM – 9-930 PM: CLOSED

BACK PATIO

COMPETITION POOL 630AM - 830PM

C 14 | C 13 | C 12 | C 11 | C 10 | C 9 | C 8 | C 7 | C 6 | C 5 | C 4 | C 3 | C 2 | C 1

BULKHEAD

7-8am
8-9am
9-10am
10-11am
11-1130am
1130-12pm
12-1pm
1-2pm
2-3pm
3-30pm
330-4pm
4-430pm
430-5pm
5-530pm
530-6pm
6-630pm
630-7pm
7-730pm
730-8pm
8-830pm

During Meet WU 745-EOS

During Meet WU 1245-EOS

During Meet WU 545-EOS

CLOSED

630-7am | 7-730am | 730-8am | 8-9am | 9-10am | 10-11am | 11-1130am | 1130-12pm | 12-1pm | 1-2pm | 2-3pm | 3-30pm | 330-4pm | 4-430pm | 430-5pm | 5-530pm | 530-6pm | 6-630pm | 630-7pm | 7-730pm | 730-8pm | 8-830pm

Comp Pool B (Dive Well) 8 7 6 5 4 3 2 1

- Meet Warm Up 630-745am
- ONSA Cornucopia Classic 8am-EOS
- Meet Warm Up 1130-1245pm
- ONSA Cornucopia Classic 1pm-EOS
- Meet Warm Up 430-545pm
- ONSA Cornucopia Classic 6pm-EOS

CONNECTOR LOBBY & ENTRANCE

REC POOL 10PM - 5PM

Rec 6 | Rec 5 | Rec 4 | Rec 3 | Rec 2 | Rec 1

CLOSED

Family Swim 10am - 5pm

CLOSED

MAIN ENTRANCE

REC POOL

LAP LANES AND CLASSES ARE ADULT ONLY

WATER FITNESS

SENIOR OPEN SWIM

LAP SWIM & WATER WALKING

REC POOL	Lanes
10am - 5pm	3

FAMILY SWIM

10am - 5pm

TRAINING POOL LAP SWIM ADULT ONLY

25 YARDS	LANES
10am - 5pm	19

SENIOR DISCOUNT

DEEP WATER FITNESS

CLASSROOMS

Hospitality

Classroom 2

Mezzanine

T 20 | T 19 | T 18 | T 17 | T 16 | T 15 | T 14 | T 13 | T 12 | T 11 | T 10 | T 9

5-530 AM – 9-930 AM: CLOSED

SHORT LANE (20 YRD)

5-530 PM – 9-930 PM: CLOSED

TRAINING POOL 7AM - 5PM

5-530 AM | 530-6 AM | 6-630 AM | 630-7 AM | 7-730 AM | 730-8 AM | 8-830 AM | 830-9 AM | 9-930 AM | 930-10 AM | 10-1030 AM | 1030-11 AM | 1130-12 PM | 1230-1 PM | 1-130 PM | 130-2 PM | 2-230 PM | 230-3 PM | 3-330 PM | 330-4 PM | 4-430 PM | 430-5 PM | 5-530 PM | 530-6 PM | 6-630 PM | 630-7 PM | 7-730 PM | 730-8 PM | 8-830 PM | 830-9 PM | 9-930 PM

CLOSED

CLOSED

T 8 | T 7 | T 6 | T 5 | T 4 | T 3 | T 2 | T 1