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GAC LANE SCHEDULE

Monday, October 26, 2026

DIVE WELL 530AM - 8PM

	DW 7	DW 6	DW 5	DW 4	DW 3	DW 2	DW 1
5-530 AM	CLOSED						
530-6 AM							
6-630 AM							
630-7 AM							
7-730 AM							
730-8 AM							
8-830 AM	NC State 815-1015						
830-9 AM							
9-930 AM							
930-10 AM							
10-1030 AM							
1030-11 AM							
11-1130 AM							
1130-12 PM							
12-1230 PM							
1230-1 PM							
1-130 PM							
130-2 PM							
2-230 PM							
230-3 PM							
3-330 PM							
330-4 PM							
4-430 PM	U Air 4-630						
430-5 PM							
5-530 PM							
530-6 PM							
6-630 PM							
630-7 PM	CWP 630-830						
7-730 PM							
730-8 PM							
8-830 PM							
830-9 PM	CLOSED						
9-930 PM							

BACK PATIO

COMPETITION POOL 530AM - 8PM

	C 14	C 13	C 12	C 11	C 10	C 9	C 8	C 7	C 6	C 5	C 4	C 3	C 2	C 1
5-530am	BULKHEAD	BULKHEAD	CLOSED											
530-6am														
6-630am														
630-7am														
7-730am														
730-8am														
8-830am			ONSA 4-730			CA 430-6		CA 5-6		GCY 430-8				
830-9am														
9a-1pm														
1-330pm														
330-4pm														
4-430pm														
430-5pm														
5-530pm														
530-6pm														
6-630pm														
630-7pm														
7-730pm														
730-8pm														
8-830pm			CLOSED											

Comp Pool B (Dive Well)	5-530am	530-6am	6-630am	630-7am	7-730am	730-8am	8-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-330pm	330-4pm	4-430pm	430-5pm	5-530pm	530-6pm	6-630pm	630-7pm	7-730pm	730-8pm	8-830pm
8	CLOSED	STAR 530-7												GSA 430-6		GSA 6-8					CLOSED	
7																						
6																						
5																						
4																						
3																						
2																						
1																						

CONNECTOR LOBBY & ENTRANCE

REC POOL 6AM - 7PM

	Rec 6	Rec 5	Rec 4	Rec 3	Rec 2	Rec 1
5-530 AM	CLOSED					
530-6 AM						
6-630 AM						
630-7 AM						
7-730 AM						
730-8 AM						
8-830 AM	GP	Fitness 745 - 945AM				
830-9 AM						
9-930 AM						
930-10 AM						
10-1030 AM						
1030-11 AM	GCS LTS 10am -1pm					
11-1130 AM						
1130-12 PM						
12-1230 PM						
1230-1 PM						
1-130 PM						
130-2 PM						
2-230 PM						
230-3 PM						
3-330 PM						
330-4 PM						
4-430 PM		Family Swim 1-3pm	Connie & Cynthia 130-4pm			
430-5 PM						
5-530 PM	Fitness 530-630pm		GAC Lessons 4-640pm			
530-6 PM						
6-630 PM						
630-7 PM						
7-730 PM						
730-8 PM						
8-830 PM						
830-9 PM	CLOSED					
9-930 PM						

MAIN ENTRANCE

REC POOL

LAP LANES AND CLASSES ARE ADULT ONLY

WATER FITNESS

745 - 845am
845 - 945am
530 - 630pm

SENIOR OPEN SWIM

9 - 10am

LAP SWIM & WATER WALKING

REC POOL	Lanes
6 - 745am	4
745 - 9am	2
9 - 10am	1
10am - 1pm	0
1 - 130pm	4
130-3pm	2
3-4pm	4
4pm - 530pm	3
530 - 640pm	1
640 - 7pm	4

FAMILY SWIM

1-3pm

	T 20	T 19	T 18	T 17	T 16	T 15	T 14	T 13	T 12	T 11	T 10	T 9
5-530 AM	CLOSED											
530-6 AM									GAP 530-7			
6-630 AM												
630-7 AM												
7-730 AM	GC									AE 7-745		
730-8 AM												
8-830 AM												
830-9 AM												
9-930 AM											Deep W. Fitness	
930-10 AM												
10-1030 AM												
1030-11 AM												
11-1130 AM												
1130-12 PM												
12-1230 PM												
1230-1 PM												
1-130 PM												
130-2 PM												
2-230 PM												
230-3 PM												
3-330 PM												
330-4 PM												
4-430 PM	SAQ 330-730											
430-5 PM												
5-530 PM												
530-6 PM				Revolution 530-630								
6-630 PM												
630-7 PM												
7-730 PM				Special Olympics 7-8								
730-8 PM												
8-830 PM												
830-9 PM	CLOSED											
9-930 PM												

SHORT LANE (20 YRD)

TRAINING POOL LAP SWIM ADULT ONLY

25 YARDS	LANES
530 - 7am	15
7 - 8am	16
8am - 330pm	19
330 - 4pm	18
4 - 430pm	11
430 - 5pm	9
5 - 530pm	8
530 - 630pm	5
630 - 7pm	14
7 - 730pm	4
730 - 8pm	9

SENIOR DISCOUNT

9AM - 12PM

DEEP WATER FITNESS

9AM - 10AM

CLASSROOMS

Hospitality

Classroom 2

Mezzanine

TRAINING POOL 530AM - 8PM

	5-530 AM	530-6 AM	6-630 AM	630-7 AM	7-730 AM	730-8 AM	8-830 AM	830-9 AM	9-930 AM	930-10 AM	10-1030 AM	1030-11 AM	11-1130 AM	1130-12 PM	12-1230 PM	1230-1 PM	1-130 PM	130-2 PM	2-230 PM	230-3 PM	3-330 PM	330-4 PM	4-430 PM	430-5 PM	5-530 PM	530-6 PM	6-630 PM	630-7 PM	7-730 PM	730-8 PM	8-830 PM	830-9 PM	9-930 PM
T 8	CLOSED																									ONSA 5-630							
T 7																																	
T 6																																	
T 5																																	
T 4																																	
T 3																																	
T 2																																	
T 1	CLOSED	SAQ																															

STAR 4-530 | STAR 530-630 | TM 630-730 | SO 7-8 | CLOSED

Privates

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GAC LANE SCHEDULE

Tuesday, October 27, 2026

DIVE WELL 530AM - 8PM

	DW 7	DW 6	DW 5	DW 4	DW 3	DW 2	DW 1
5-530 AM	CLOSED						
530-6 AM							
6-630 AM							
630-7 AM							
7-730 AM							
730-8 AM							
8-830 AM							
830-9 AM							
9-930 AM							
930-10 AM							
10-1030 AM							
1030-11 AM							
11-1130 AM							
1130-12 PM							
12-1230 PM							
1230-1 PM							
1-130 PM							
130-2 PM	UNC 130-4						
2-230 PM							
230-3 PM							
3-330 PM							
330-4 PM							
4-430 PM	U Air 4-630						
430-5 PM							
5-530 PM							
530-6 PM							
6-630 PM							
630-7 PM	TDA 615-730						
7-730 PM							
730-8 PM							
8-830 PM	CLOSED						
830-9 PM							
9-930 PM							

BACK PATIO

COMPETITION POOL 530AM - 8PM

	C 14	C 13	C 12	C 11	C 10	C 9	C 8	C 7	C 6	C 5	C 4	C 3	C 2	C 1
5-530am	BULKHEAD	BULKHEAD	CLOSED											
530-6am														
6-630am														
630-7am														
7-730am														
730-8am														
8-830am														
830-9am														
9a-1pm														
1-330pm														
330-4pm														
4-430pm														
430-5pm			CA 430-6		CA 5-6									
5-530pm														
530-6pm			A.Adv											
6-630pm														
630-7pm			GAP											
7-730pm														
730-8pm														
8-830pm			CLOSED											

GCY 430-8

Comp Pool B (Dive Well)	5-530am	530-6am	6-630am	630-7am	7-730am	730-8am	8-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-330pm	330-4pm	4-430pm	430-5pm	5-530pm	530-6pm	6-630pm	630-7pm	7-730pm	730-8pm	8-830pm
8	CLOSED														GSA 430-6		GSA 6-8					CLOSED
7																						
6																						
5																						
4																						
3																						
2																						
1																						

CONNECTOR LOBBY & ENTRANCE

REC POOL 6AM - 7PM

	Rec 6	Rec 5	Rec 4	Rec 3	Rec 2	Rec 1
	CLOSED					
			Veterans 6 - 7am			
			Fitness 745 - 945AM			
	GCS LTS 10am -1pm					
				Family Swim 1-3pm		
					Connie & Cynthia 130-4pm	
	Fitnes s 530 - 7pm				GAC Lessons 330-730p	
					TASA 7-8pm	
	CLOSED					

MAIN ENTRANCE

REC POOL

LAP LANES AND CLASSES ARE ADULT ONLY

WATER FITNESS

745 - 830am
830 - 930am
530 - 615pm
615-7pm

SENIOR OPEN SWIM

9 - 10am

LAP SWIM & WATER WALKING

REC POOL	Lanes
6 - 7am	2
7 - 745am	4
745 - 945am	2
945 - 10am	4
10am-1pm	0
1 - 130pm	4
130-3pm	2
3-330pm	4
330-530pm	3
530 - 7pm	1

FAMILY SWIM

1-3pm

	T 20	T 19	T 18	T 17	T 16	T 15	T 14	T 13	T 12	T 11	T 10	T 9
5-530 AM	CLOSED											
530-6 AM												
6-630 AM	STAR 530-730										ONSAM 530-7	
630-7 AM												
7-730 AM												
730-8 AM												
8-830 AM												
830-9 AM												
9-930 AM												
930-10 AM												
10-1030 AM												
1030-11 AM												
11-1130 AM												
1130-12 PM												
12-1230 PM												
1230-1 PM												
1-130 PM												
130-2 PM												
2-230 PM												
230-3 PM												
3-330 PM												
330-4 PM												
4-430 PM												
430-5 PM	SAQ 330-730										ONSA 4-730	
5-530 PM												
530-6 PM												
6-630 PM				TM 630-730								
630-7 PM												
7-730 PM												
730-8 PM												
8-830 PM	CLOSED											
830-9 PM												
9-930 PM												

SHORT LANE (20 YRD)

TRAINING POOL LAP SWIM ADULT ONLY

25 YARDS	LANES
530 - 7am	10
7 - 730am	15
730am - 330pm	19
330 - 4pm	18
4 - 430pm	10
430 - 5pm	7
5 - 6pm	6
6 - 630pm	7
630 - 730pm	11
730 - 8pm	19

SENIOR DISCOUNT

9AM - 12PM

DEEP WATER FITNESS

CLASSROOMS

Hospitality

Classroom 2

Mezzanine

TRAINING POOL 530AM - 8PM

	5-530 AM	530-6 AM	6-630 AM	630-7 AM	7-730 AM	730-8 AM	8-830 AM	830-9 AM	9-930 AM	930-10 AM	10-1030 AM	1030-11 AM	11-1130 AM	1130-12 PM	12-1230 PM	1230-1 PM	1-130 PM	130-2 PM	2-230 PM	230-3 PM	3-330 PM	330-4 PM	4-430 PM	430-5 PM	5-530 PM	530-6 PM	6-630 PM	630-7 PM	7-730 PM	730-8 PM	8-830 PM	830-9 PM	9-930 PM	
	CLOSED																									ONSA 5-630								T 8
																																		T 7
																																		T 6
																																		T 5
																																		T 4
																																		T 3
																																		T 2
																																		T 1

CLOSED

STAR 4-530

STAR 530-630

CLOSED

Privates

Ad.F

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GAC LANE SCHEDULE

Wednesday, October 28, 2026

DIVE WELL 530AM - 8PM

	DW 7	DW 6	DW 5	DW 4	DW 3	DW 2	DW 1
5-530 AM	CLOSED						
530-6 AM							
6-630 AM							
630-7 AM							
7-730 AM							
730-8 AM							
8-830 AM							
830-9 AM							
9-930 AM							
930-10 AM							
10-1030 AM							
1030-11 AM							
11-1130 AM							
1130-12 PM							
12-1230 PM							
1230-1 PM							
1-130 PM							
130-2 PM							
2-230 PM							
230-3 PM							
3-330 PM							
330-4 PM							
4-430 PM							
430-5 PM	TDA 430-6						
5-530 PM							
530-6 PM							
6-630 PM	CWP 6-8						
630-7 PM							
7-730 PM							
730-8 PM							
8-830 PM	CLOSED						
830-9 PM							
9-930 PM							

BACK PATIO

COMPETITION POOL 530AM - 8PM

	C 14	C 13	C 12	C 11	C 10	C 9	C 8	C 7	C 6	C 5	C 4	C 3	C 2	C 1
5-530am	BULKHEAD	BULKHEAD	CLOSED											
530-6am														
6-630am														
630-7am														
7-730am														
730-8am														
8-830am														
830-9am														
9a-1pm														
1-330pm														
330-4pm														
4-430pm														
430-5pm														
5-530pm														
530-6pm														
6-630pm														
630-7pm														
7-730pm														
730-8pm														
8-830pm			CLOSED											

	5-530am	530-6am	6-630am	630-7am	7-730am	730-8am	8-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-330pm	330-4pm	4-430pm	430-5pm	5-530pm	530-6pm	6-630pm	630-7pm	730-8pm	8-830pm
Comp Pool B (Dive Well) 8	CLOSED														GSA 430-6		GSA 6-8				CLOSED
7																					
6																					
5																					
4																					
3																					
2																					
1																					

CONNECTOR LOBBY & ENTRANCE

REC POOL 6AM - 7PM

	Rec 6	Rec 5	Rec 4	Rec 3	Rec 2	Rec 1
5-530 AM	CLOSED					
530-6 AM						
6-630 AM						
630-7 AM						
7-730 AM						
730-8 AM						
8-830 AM						
830-9 AM						
9-930 AM						
930-10 AM						
10-1030 AM						
1030-11 AM						
11-1130 AM						
1130-12 PM						
12-1230 PM						
1230-1 PM						
1-130 PM						
130-2 PM						
2-230 PM						
230-3 PM						
3-330 PM						
330-4 PM						
4-430 PM						
430-5 PM						
5-530 PM						
530-6 PM						
6-630 PM						
630-7 PM						
7-730 PM						
730-8 PM						
8-830 PM						
830-9 PM						
9-930 PM						

GP
Fitness 745 - 945AM
GCS LTS 10am -1pm
Family Swim 1-3pm
Connie & Cynthia 130-4pm
Fitness 530-630pm
GAC Lessons 4-640pm
CLOSED
MAIN ENTRANCE

REC POOL

LAP LANES AND CLASSES ARE ADULT ONLY

WATER FITNESS

745 - 845am
845 - 945am
530 - 630pm

SENIOR OPEN SWIM

9 - 10am

LAP SWIM & WATER WALKING

REC POOL	Lanes
6 - 745am	4
745 - 9am	2
9 - 10am	1
10am - 1pm	0
1 - 130pm	4
130-3pm	2
3-4pm	4
4pm - 530pm	3
530 - 640pm	1
640 - 7pm	4

FAMILY SWIM

1-3pm

	T 20	T 19	T 18	T 17	T 16	T 15	T 14	T 13	T 12	T 11	T 10	T 9
5-530 AM	CLOSED											
530-6 AM	STAR 530-7								GAP 530-7			
6-630 AM												
630-7 AM												
7-730 AM	GC									AE 7-745		
730-8 AM												
8-830 AM												
830-9 AM												
9-930 AM												
930-10 AM												
10-1030 AM												
1030-11 AM												
11-1130 AM												
1130-12 PM												
12-1230 PM												
1230-1 PM												
1-130 PM												
130-2 PM												
2-230 PM												
230-3 PM												
3-330 PM												
330-4 PM												
4-430 PM												
430-5 PM												
5-530 PM	SAQ 330-730			Revolution 530-630					ONSA 4-730			
530-6 PM												
6-630 PM												
630-7 PM												
7-730 PM												
730-8 PM												
8-830 PM	CLOSED											
830-9 PM												
9-930 PM												

SHORT LANE (20 YRD)

TRAINING POOL LAP SWIM ADULT ONLY

25 YARDS	LANES
530 - 7am	9
7 - 8am	16
8am - 4pm	19
4 - 430pm	10
430 - 5pm	8
5 - 530pm	7
530 - 6pm	3
6 - 630pm	4
630 - 730pm	8
730 - 8pm	19

SENIOR DISCOUNT

9AM - 12PM

DEEP WATER FITNESS

CLASSROOMS

Hospitality

Classroom 2

Mezzanine

TRAINING POOL 530AM - 8PM

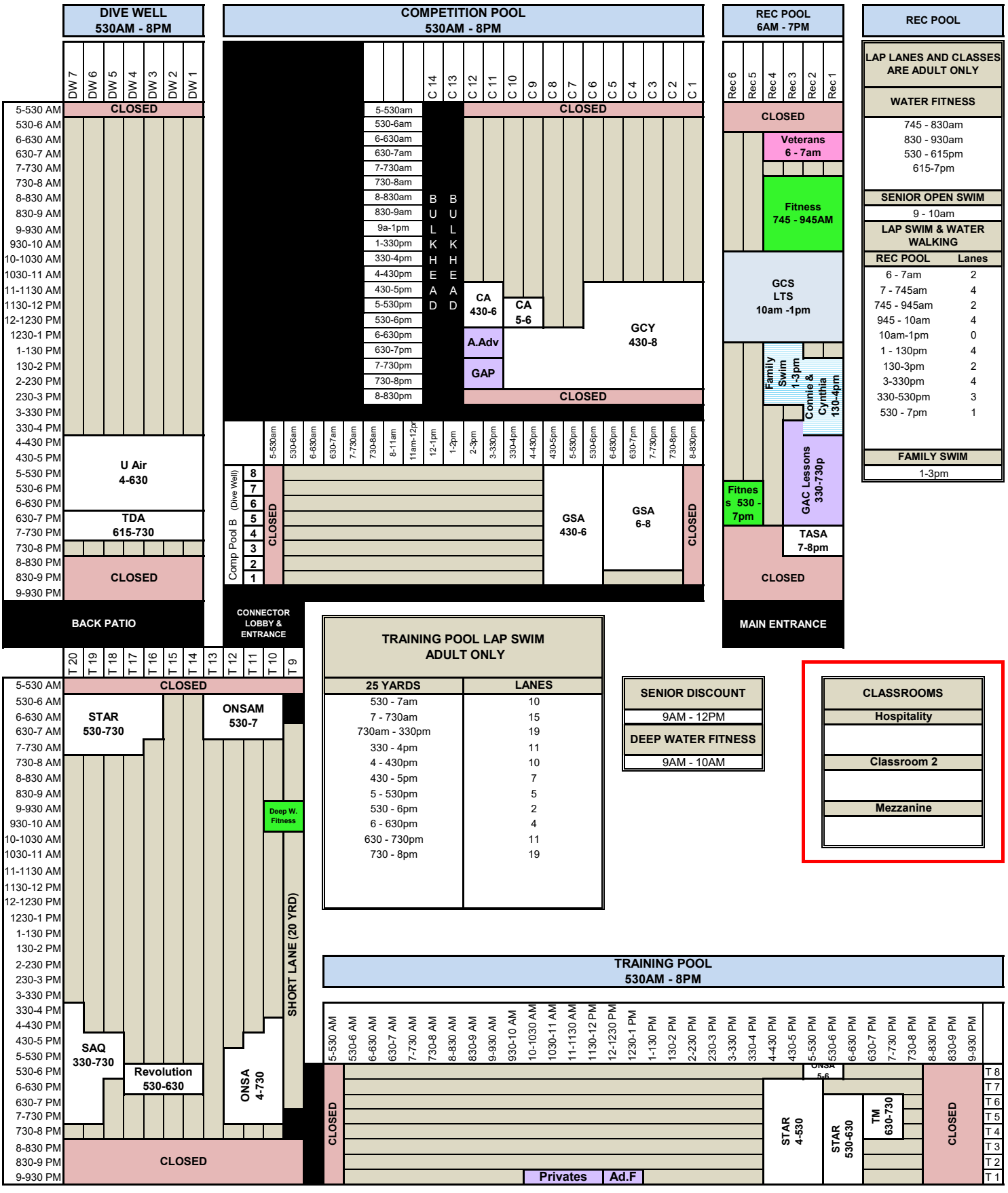
	5-530 AM	530-6 AM	6-630 AM	630-7 AM	7-730 AM	730-8 AM	8-830 AM	830-9 AM	9-930 AM	930-10 AM	10-1030 AM	1030-11 AM	11-1130 AM	1130-12 PM	12-1230 PM	1230-1 PM	1-130 PM	130-2 PM	2-230 PM	230-3 PM	3-330 PM	330-4 PM	4-430 PM	430-5 PM	5-530 PM	530-6 PM	6-630 PM	630-7 PM	7-730 PM	730-8 PM	8-830 PM	830-9 PM	9-930 PM	
T 8	CLOSED																																	CLOSED
T 7																																		
T 6																																		
T 5																																		
T 4																																		
T 3																																		
T 2																																		
T 1	SAQ																																	

CLOSED
STAR 4-530
STAR 530-630
Privates

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GAC LANE SCHEDULE

Thursday, October 29, 2026



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GAC LANE SCHEDULE

Friday, October 30, 2026

DIVE WELL 530AM - 8PM

	DW 7	DW 6	DW 5	DW 4	DW 3	DW 2	DW 1
5-530 AM	CLOSED						
530-6 AM							
6-630 AM							
630-7 AM							
7-730 AM							
730-8 AM							
8-830 AM							
830-9 AM							
9-930 AM							
930-10 AM							
10-1030 AM							
1030-11 AM							
11-1130 AM							
1130-12 PM							
12-1230 PM							
1230-1 PM							
1-130 PM							
130-2 PM							
2-230 PM							
230-3 PM							
3-330 PM							
330-4 PM							
4-430 PM							
430-5 PM	TDA 445-715						
5-530 PM							
530-6 PM							
6-630 PM							
630-7 PM							
7-730 PM							
730-8 PM							
8-830 PM	CLOSED						
830-9 PM							
9-930 PM							

BACK PATIO

COMPETITION POOL 530AM - 8PM

	C 14	C 13	C 12	C 11	C 10	C 9	C 8	C 7	C 6	C 5	C 4	C 3	C 2	C 1
5-530am	CLOSED													
530-6am			ONSAM 530-7						GSA 545-730					
6-630am														
630-7am														
7-730am														
730-8am	BULKHEAD	BULKHEAD												
8-830am														
830-9am														
9a-1pm														
1-330pm														
330-4pm														
4-430pm														
430-5pm			During Meet WU 515-EOS											
5-530pm														
530-6pm														
6-630pm														
630-7pm														
7-730pm														
730-8pm														
8-830pm														

	5-530am	530-6am	6-630am	630-7am	7-730am	730-8am	8-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-330pm	3-4pm	4-430pm	4-5pm	5-530pm	5-6pm	6-630pm	6-7pm	7-730pm	7-8pm	8-830pm
Comp Pool B (Dive Well) 8	CLOSED																					
7		STAR 530-730																				
6																						
5																						
4																						
3															Meet Warm Up 430-515		STAR Halloween Bash & Dash 530- EOS					
2																						
1																						

CONNECTOR LOBBY & ENTRANCE

REC POOL 6AM - 620PM

	Rec 6	Rec 5	Rec 4	Rec 3	Rec 2	Rec 1
5-530 AM	CLOSED					
530-6 AM						
6-630 AM						
630-7 AM						
7-730 AM						
730-8 AM						
8-830 AM						
830-9 AM						
9-930 AM						
930-10 AM						
10-1030 AM						
1030-11 AM						
11-1130 AM						
1130-12 PM						
12-1230 PM						
1230-1 PM						
1-130 PM						
130-2 PM						
2-230 PM						
230-3 PM						
3-330 PM						
330-4 PM						
4-430 PM						
430-5 PM						
5-530 PM						
530-6 PM						
6-630 PM						
630-7 PM						
7-730 PM						
730-8 PM						
8-830 PM						
830-9 PM						
9-930 PM						

CLOSED

Fitness 745 - 930AM

GCS LTS 10am -1pm

GP 2-3

Family Swim 1-3pm

Adaptive Lessons 3-620pm

CLOSED

MAIN ENTRANCE

REC POOL

LAP LANES AND CLASSES ARE ADULT ONLY

WATER FITNESS

745 - 845am
845 - 930am

SENIOR OPEN SWIM

9 - 10am

LAP SWIM & WATER WALKING

REC POOL	Lanes
6 - 730am	4
745 - 930am	2
930 -10am	4
10am-1pm	0
1-2pm	4
2 - 3pm	3
3 - 620pm	0

FAMILY SWIM

1-3pm

	T 20	T 19	T 18	T 17	T 16	T 15	T 14	T 13	T 12	T 11	T 10	T 9
5-530 AM	CLOSED											
530-6 AM									GAP 530-7			
6-630 AM												
630-7 AM												
7-730 AM												
730-8 AM												
8-830 AM												
830-9 AM												
9-930 AM												
930-10 AM												
10-1030 AM											Deep W. Fitness	
1030-11 AM												
11-1130 AM												
1130-12 PM												
12-1230 PM												
1230-1 PM												
1-130 PM												
130-2 PM												
2-230 PM												
230-3 PM												
3-330 PM												
330-4 PM												
4-430 PM												
430-5 PM	GSA 430-6										SHORT LANE (20 YRD)	
5-530 PM												
530-6 PM												
6-630 PM												
630-7 PM												
7-730 PM												
730-8 PM												
8-830 PM												
830-9 PM	CLOSED											
9-930 PM												

TRAINING POOL LAP SWIM ADULT ONLY

25 YARDS	LANES
530 - 7am	16
7am - 4pm	19
4 - 430pm	6
430 - 530pm	5
530 - 6pm	6
6 - 630pm	14
630 - 8pm	19

SENIOR DISCOUNT
9AM - 12PM
DEEP WATER FITNESS
10AM - 11AM

CLASSROOMS
Hospitality
Classroom 2
Mezzanine

TRAINING POOL 530AM - 8PM

	5-530 AM	530-6 AM	6-630 AM	630-7 AM	7-730 AM	730-8 AM	8-830 AM	830-9 AM	9-930 AM	930-10 AM	10-1030 AM	1030-11 AM	11-1130 AM	1130-12 PM	12-1230 PM	1230-1 PM	1-130 PM	130-2 PM	2-230 PM	230-3 PM	3-330 PM	330-4 PM	4-430 PM	430-5 PM	5-530 PM	530-6 PM	6-630 PM	630-7 PM	7-730 PM	730-8 PM	8-830 PM	830-9 PM	9-930 PM	
T 8	CLOSED																																	CLOSED
T 7																																		
T 6																																		
T 5																																		
T 4																																		
T 3																																		
T 2																																		
T 1	CLOSED																																	

STAR 4-630

Privates

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GAC LANE SCHEDULE

Saturday, October 31, 2026

DIVE WELL 7AM - 5PM

DW 7 | DW 6 | DW 5 | DW 4 | DW 3 | DW 2 | DW 1

5-530 AM – 9-930 PM: CLOSED

5-530 AM – 10-1030 AM: CLOSED

10-1030 AM – 1030-11 AM: U Air 11-1

1030-11 AM – 9-930 PM: CLOSED

COMPETITION POOL 7AM - 5PM

C 14 | C 13 | C 12 | C 11 | C 10 | C 9 | C 8 | C 7 | C 6 | C 5 | C 4 | C 3 | C 2 | C 1

630-7am – 930-10am: CLOSED

930-10am – 5-530pm: BULKHEAD

630-7am – 5-530pm: GSA 7-9

5-530pm – 9-930pm: CLOSED

	630-7am	7-730am	730-8am	8-830am	830-9am	9-930am	930-10am	10-1030am	1030-11am	11-1130am	1130-12pm	12-1230pm	1230-1pm	1-130pm	130-2pm	230-3pm	3-330pm	330-4pm	4-430pm	430-5pm	5-530pm
Comp Pool B (Dive Well) 8	CLOSED																				CLOSED
7																					
6																					
5																					
4																					
3																					
2																					
1																					

STAR 8-10

Revolution 10-11

REC POOL 7AM - 3PM

Rec 6 | Rec 5 | Rec 4 | Rec 3 | Rec 2 | Rec 1

5-530 AM – 9-930 PM: CLOSED

Fitness 915-1045a

GAC Lessons 815am -1pm

Family Swim 1-5pm

5-530 PM – 9-930 PM: CLOSED

REC POOL

LAP LANES AND CLASSES ARE ADULT ONLY

WATER FITNESS

915 - 10am

10 -1045am

SENIOR OPEN SWIM

LAP SWIM & WATER WALKING

REC POOL	Lanes
7 - 815am	4
815 - 915am	3
915 - 1045am	1
1045am - 5pm	3

FAMILY SWIM

1-5pm



BACK PATIO

CONNECTOR LOBBY & ENTRANCE

MAIN ENTRANCE

TRAINING POOL LAP SWIM ADULT ONLY

25 YARDS	LANES
7 - 9am	1
9 - 10am	7
10 - 11am	5
11 - 3pm	9
3 - 5pm	11

SENIOR DISCOUNT

DEEP WATER FITNESS

CLASSROOMS

Hospitality

Classroom 2

Mezzanine

T 20 | T 19 | T 18 | T 17 | T 16 | T 15 | T 14 | T 13 | T 12 | T 11 | T 10 | T 9

5-530 AM – 9-930 PM: CLOSED

SHORT LANE (20 YRD)

STAR 9-11

SAQ 9-11

GAP 11-1230

Waves 1240-240

TRAINING POOL 7AM - 5PM

5-530 AM | 530-6 AM | 6-630 AM | 630-7 AM | 7-730 AM | 730-8 AM | 8-830 AM | 830-9 AM | 9-930 AM | 930-10 AM | 10-1030 AM | 1030-11 AM | 11-1130 AM | 1130-12 PM | 12-1230 PM | 1230-1 PM | 1-130 PM | 130-2 PM | 230-3 PM | 3-330 PM | 330-4 PM | 430-5 PM | 5-530 PM | 530-6 PM | 630-7 PM | 730-8 PM | 830-9 PM | 9-930 PM

CLOSED

T 8 | T 7 | T 6 | T 5 | T 4 | T 3 | T 2 | T 1

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GAC LANE SCHEDULE

Sunday, November 1, 2026

DIVE WELL 10AM - 5PM

DW 7 | DW 6 | DW 5 | DW 4 | DW 3 | DW 2 | DW 1

5-530 AM – 9-930 AM: CLOSED

9-930 AM – 5-530 PM: (open)

5-530 PM – 9-930 PM: CLOSED

BACK PATIO

COMPETITION POOL 7AM - 5PM

C 14 | C 13 | C 12 | C 11 | C 10 | C 9 | C 8 | C 7 | C 6 | C 5 | C 4 | C 3 | C 2 | C 1

630-7am	CLOSED
7-730am	
730-8am	
8-830am	
830-9am	
9-930am	
930-10am	BULKHEAD
10-1030am	BULKHEAD
1030-11am	BULKHEAD
11-12pm	BULKHEAD
12-1pm	BULKHEAD
1-130pm	BULKHEAD
130-2pm	BULKHEAD
2-230pm	BULKHEAD
230-3pm	BULKHEAD
3-330pm	BULKHEAD
330-4pm	BULKHEAD
4-430pm	BULKHEAD
430-5pm	BULKHEAD
5-530pm	CLOSED

630-7am | 7-730am | 730-8am | 8-830am | 830-9am | 9-930am | 930-10am | 10-1030am | 1030-11am | 11-1130am | 1130-12pm | 12-1230pm | 1230-1pm | 1-130pm | 130-2pm | 2-230pm | 230-3pm | 3-30pm | 330-4pm | 4-430pm | 430-5pm | 5-530pm

Comp Pool B (Dive Well): 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 — CLOSED

CONNECTOR LOBBY & ENTRANCE

REC POOL 10PM - 5PM

Rec 6 | Rec 5 | Rec 4 | Rec 3 | Rec 2 | Rec 1

CLOSED

Family Swim 10am - 5pm

CLOSED

MAIN ENTRANCE

REC POOL

LAP LANES AND CLASSES ARE ADULT ONLY

WATER FITNESS

SENIOR OPEN SWIM

LAP SWIM & WATER WALKING

REC POOL	Lanes
10am - 5pm	3

FAMILY SWIM

10am - 5pm

TRAINING POOL LAP SWIM ADULT ONLY

25 YARDS	LANES
10am - 5pm	11

SENIOR DISCOUNT

DEEP WATER FITNESS

CLASSROOMS

Hospitality

Classroom 2

Mezzanine

T 20 | T 19 | T 18 | T 17 | T 16 | T 15 | T 14 | T 13 | T 12 | T 11 | T 10 | T 9

5-530 AM – 9-930 AM: CLOSED

9-930 AM – 5-530 PM: (open) — SHORT LANE (20 YRD)

5-530 PM – 9-930 PM: CLOSED

TRAINING POOL 7AM - 5PM

5-530 AM | 530-6 AM | 6-630 AM | 630-7 AM | 7-730 AM | 730-8 AM | 8-830 AM | 830-9 AM | 9-930 AM | 930-10 AM | 10-1030 AM | 1030-11 AM | 11-1130 AM | 1130-12 PM | 12-1230 PM | 1230-1 PM | 1-130 PM | 130-2 PM | 2-230 PM | 230-3 PM | 3-330 PM | 330-4 PM | 4-430 PM | 430-5 PM | 5-530 PM | 530-6 PM | 6-630 PM | 630-7 PM | 7-730 PM | 730-8 PM | 8-830 PM | 830-9 PM | 9-930 PM

CLOSED

T 8 | T 7 | T 6 | T 5 | T 4 | T 3 | T 2 | T 1