

SEPTEMBER 14, 2026 – SEPTEMBER 20, 2026

MONDAY, SEPTEMBER 14

Rec Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water Walking

Time	Lanes
6 - 745am	4
745 - 9am	2
9 - 10am	1
10am - 1pm	0
1 - 130pm	4
130-3pm	2
3-4pm	4
4-530pm	3
530- 640pm	1
640 - 7pm	4

Senior Discount

9am-10am

Family Swim

1-3pm

Reach One

Veteran

6-7am

Training Pool

Lap Swim

25 Yard Lanes (SCY)

Time	Lanes
530 - 730am	11
730am - 330pm	19
330 - 4pm	18
4 - 430pm	9
430 - 530pm	5
530 - 6pm	6
6 - 630pm	8
630 - 730pm	11
730 - 8pm	19

Senior Discount

9am-12pm

Deep Water Fitness

9am-10am

TUESDAY, SEPTEMBER 15

Rec Pool

Water Fitness

745-830am
830-930am
530-615pm
615-7pm

Lap Swim & Water Walking

Time	Lanes
6 - 7am	2
7 - 745am	4
745- 945am	2
945 - 10am	4
10am-1pm	0
1 - 130pm	4
130-3pm	2
3-330pm	4
330-530pm	3
530 - 7pm	1

Senior Discount

9am-10am

Family Swim

1-3pm

Reach One

Veteran

6-7am

Training Pool

Lap Swim

25 Yard Lanes (SCY)

Time	Lanes
530 - 7am	15
7 - 8am	18
8am - 330pm	19
330 - 4pm	18
4 - 430pm	9
430 - 530pm	5
530 - 6pm	6
6 - 630pm	8
630 - 730pm	11
730 - 8pm	19

Senior Discount

9am-12pm

WEDNESDAY, SEPTEMBER 16

Rec Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water Walking

Time	Lanes
6 - 745am	4
745 - 9am	2
9 - 10am	1
10am - 1pm	0
1 - 130pm	4
130-3pm	2
3-4pm	4
4pm - 530pm	3
530 - 640pm	1
640 - 7pm	4

Senior Discount

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

25 Yard Lanes (SCY)

Time	Lanes
530 - 8am	17
8am - 330pm	19
330 - 4pm	18
4 - 430pm	10
430 - 6pm	6
530 - 6pm	6
6 - 630pm	8
630 - 730pm	14
730 - 8pm	19

Senior Discount

9am-12pm

THURSDAY, SEPTEMBER 17

Rec Pool

Water Fitness

745-830am
830-930am
530-615pm
615-7PM

Lap Swim & Water Walking

Time	Lanes
6 - 7am	2
7 - 745am	4
745 - 945am	2
945 - 10am	4
10am-1pm	0
1 - 130pm	4
130-3pm	2
3-330pm	4
330-530pm	3
530 - 7pm	1

Senior Discount

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

25 Yard Lanes (SCY)

Time	Lanes
530 - 7am	15
7 - 830am	19
830 - 930am	18
330 - 4pm	19
4 - 430pm	9
430 - 530pm	5
530 - 6pm	6
6 - 630pm	8
630 - 730pm	11
730 - 8pm	19

Senior Discount

9am-12pm

Deep Water Fitness

10am-11am

FRIDAY, SEPTEMBER 18**Rec Pool****Water Fitness**

745-845am
845-930am

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
6 - 730am	4
745 - 930am	2
930 - 10am	4
10am-1pm	0
1-2pm	4
2 - 3pm	3
3 - 620pm	0

Senior Discount

9am-12pm

Family Swim

1-3pm

Training Pool**Lap Swim****25 Yard Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
530am - 4pm	19
4 - 430pm	14
430 - 6pm	11
6 - 630pm	12
630 - 730pm	17
730 - 8pm	19

Senior Discount

9am-12pm

Deep Water Fitness

12pm-1pm

SATURDAY, SEPTEMBER 19**Rec Pool****Water Fitness**

915-10am
10-1045am

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
7 - 815am	4
815 - 915am	3
915 - 1045am	1
1045am - 1pm	3
1-3pm	0
3-5pm	3

Family Swim

1-5pm

Training Pool**Lap Swim****25 Yard Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
7 - 8am	9
8 - 9am	3
9 - 930am	7
930 - 10am	8
10 - 11am	12
11 - 12pm	13
12 - 3pm	17
3 - 5pm	19

SUNDAY, SEPTEMBER 20**Rec Pool****Lap Swim & Water Walking**

<u>Time</u>	<u>Lanes</u>
10am - 5pm	3

Family Swim

10-5pm

Training Pool**Lap Swim****25 Yard Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
10am - 5pm	19