

[illegible]

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GAC LANE SCHEDULE

Wednesday, September 16, 2026

DIVE WELL
530AM - 8PM

DW 7
DW 6
DW 5
DW 4
DW 3
DW 2
DW 1

5-530 AM
530-6 AM
6-630 AM
630-7 AM
7-730 AM
730-8 AM
8-830 AM
830-9 AM
9-930 AM
930-10 AM
10-1030 AM
1030-11 AM
11-1130 AM
1130-12 PM
12-1230 PM
1230-1 PM
1-130 PM
130-2 PM
2-230 PM
230-3 PM
3-330 PM
330-4 PM
4-430 PM
430-5 PM
5-530 PM
530-6 PM
6-630 PM
630-7 PM
7-730 PM
730-8 PM
8-830 PM
830-9 PM
9-930 PM

CLOSED
NC State
815-1015
UNC
130-4
TDA
430-6
CWP
6-8
CLOSED
BACK PATIO

COMPETITION POOL
530AM - 8PM

5-530am
530-6am
6-630am
630-7am
7-730am
730-8am
8-830am
830-9am
9a-1pm
1-330pm
330-4pm
4-430pm
430-5pm
5-530pm
530-6pm
6-630pm
630-7pm
7-730pm
730-8pm
8-830pm

C 14
C 13
C 12
C 11
C 10
C 9
C 8
C 7
C 6
C 5
C 4
C 3
C 2
C 1

B
U
L
K
H
E
A
D

CA
430-6
CA
5-6
GCY
430-8
GSA
430-6
GSA
6-8
CLOSED

5-530am
530-6am
6-630am
630-7am
7-730am
730-8am
8-11am
11am-12pm
12-1pm
1-2pm
2-3pm
3-330pm
330-4pm
4-430pm
430-5pm
5-530pm
530-6pm
6-630pm
630-7pm
7-730pm
730-8pm
8-830pm

8
7
6
5
4
3
2
1

Comp Pool B (Dive Well)
CLOSED

CONNECTOR
LOBBY &
ENTRANCE

REC POOL
6AM - 7PM

Rec 6
Rec 5
Rec 4
Rec 3
Rec 2
Rec 1

CLOSED
Fitness
745 - 945AM
GCS
LTS
10am -1pm
Family
Swim
1-3pm
Connie &
Cynthia
130-4pm
Fitness
530-630pm
GAC Lessons
4-640pm
CLOSED
MAIN ENTRANCE

REC POOL

LAP LANES AND CLASSES
ARE ADULT ONLY

WATER FITNESS
745 - 845am
845 - 945am
530 - 630pm

SENIOR OPEN SWIM
9 - 10am

LAP SWIM & WATER
WALKING

REC POOL Lanes
6 - 745am 4
745 - 9am 2
9 - 10am 1
10am - 1pm 0
1 - 130pm 4
130-3pm 2
3-4pm 4
4pm - 530pm 3
530 - 640pm 1
640 - 7pm 4

FAMILY SWIM
1-3pm

TRAINING POOL LAP SWIM
ADULT ONLY

25 YARDS LANES
530 - 8am 17
8am - 330pm 19
330 - 4pm 18
4 - 430pm 10
430 - 6pm 6
530 - 6pm 6
6 - 630pm 8
630 - 730pm 14
730 - 8pm 19

SENIOR DISCOUNT
9AM - 12PM
DEEP WATER FITNESS

CLASSROOMS
Hospitality
Classroom 2
Mezzanine

TRAINING POOL
530AM - 8PM

5-530 AM
530-6 AM
6-630 AM
630-7 AM
7-730 AM
730-8 AM
8-830 AM
830-9 AM
9-930 AM
930-10 AM
10-1030 AM
1030-11 AM
11-1130 AM
1130-12 PM
12-1230 PM
1230-1 PM
1-130 PM
130-2 PM
2-230 PM
230-3 PM
3-330 PM
330-4 PM
4-430 PM
430-5 PM
5-530 PM
530-6 PM
6-630 PM
630-7 PM
7-730 PM
730-8 PM
830-9 PM
9-930 PM

CLOSED
SAQ
330-730
ONSA
430-6
ONSA
4-730
STAR
4-530
STAR
530-630
Privates
CLOSED

T 8
T 7
T 6
T 5
T 4
T 3
T 2
T 1

[illegible]

Sunday, September 20, 2026

[illegible]