

AUGUST 31, 2026 – SEPTEMBER 6, 2026

MONDAY, AUGUST 31

Rec Pool

Water Fitness

745 - 845am
845 - 945am
530-630pm

Lap Swim & Water

Walking

Time	Lanes
6 - 745am	4
745 - 9am	2
9 - 10am	1
10am - 1pm	0
12 - 5pm	4
5pm - 530pm	3
530 - 640pm	1
640 - 7pm	4

Training Pool

Lap Swim

25 Yard Lanes (SCY)

Time	Lanes
5:30 - 745am	17
745 - 10am	18
10am - 330pm	19
330 - 4pm	18
4 - 430pm	16
430 - 6pm	11
6 - 630pm	13
630 - 730pm	11
730 - 8pm	19

TUESDAY, SEPTEMBER 1

Rec Pool

Water Fitness

745-830am
830-930am
530-615pm
615-7pm

Lap Swim & Water

Walking

Time	Lanes
6 - 7am	2
7 - 745am	4
745 - 945am	2
945 - 10am	4
10am-1pm	0
1 - 330pm	4
330-530pm	3
530 - 7pm	1

Training Pool

Lap Swim

25 Yard Lanes (SCY)

Time	Lanes
530 - 7am	15
7am - 330pm	19
330 - 4pm	18
4 - 430pm	16
430 - 6pm	11
6 - 630pm	11
630 - 730pm	9
730 - 8pm	17

FRIDAY, SEPTEMBER 4**Rec Pool****Water Fitness**

745-845am

845-930am

**Lap Swim & Water
Walking**Time Lanes

6 - 730am 4

745 - 930am 2

930 -10am 4

10am-1pm 0

1-2pm 4

2 - 3pm 3

3 - 620pm 0

Senior Discount

9am-12pm

Family Swim

1-3pm

Training Pool**Lap Swim****25 Yard Lanes (SCY)**Time Lanes

530am - 4pm 19

4 - 6 pm 9

6 - 630pm 10

630 - 730pm 17

730 - 8pm 19

Senior Discount

9am-12pm

Deep Water Fitness

12pm-1pm

SATURDAY, SEPTEMBER 5**Rec Pool****Water Fitness**

915-10am

10-1045am

**Lap Swim & Water
Walking**Time Lanes

7 - 815am 4

815 - 915am 3

915 - 1045am 1

1045am -

5pm 3

Family Swim

1-5pm

Training Pool**Lap Swim****25 Yard Lanes (SCY)**Time Lanes

7 - 9am 19

9 - 1030am 17

1030 - 11am 16

11 - 12pm 14

12 - 2pm 17

2 - 3pm 14

3 - 5pm 19

SUNDAY, SEPTEMBER 6**Rec Pool****Lap Swim & Water
Walking**Time Lanes

10am - 5pm 3

Family Swim

10-5pm

Training Pool**Lap Swim****25 Yard Lanes (SCY)**Time Lanes

10am - 5pm 19