

GAC LANE SCHEDULE **Tuesday, June 30, 2026**

DIVE WELL 6AM - 7PM						
DW 7	DW 6	DW 5	DW 4	DW 3	DW 2	DW 1
5-530 AM	CLOSED					
530-6 AM	CLOSED					
6-630 AM	CLOSED					
630-7 AM	CLOSED					
7-730 AM	CLOSED					
730-8 AM	CLOSED					
8-830 AM	CLOSED					
830-9 AM	CLOSED					
9-930 AM	Floating Yoga 845 - 930					
930-10 AM	CLOSED					
10-1030 AM	CLOSED					
1030-11 AM	U Air 1030-1					
11-1130 AM	CLOSED					
1130-12 PM	CLOSED					
12-1230 PM	CLOSED					
1230-1 PM	CLOSED					
1-130 PM	UNC 1-330					
130-2 PM	CLOSED					
2-230 PM	CLOSED					
230-3 PM	CLOSED					
3-330 PM	CLOSED					
330-4 PM	CLOSED					
4-430 PM	CLOSED					
430-5 PM	CLOSED					
5-530 PM	CLOSED					
530-6 PM	TDA 515-7					
6-630 PM	CLOSED					
630-7 PM	CLOSED					
7-730 PM	CLOSED					
730-8 PM	CLOSED					
8-830 PM	CLOSED					
830-9 PM	CLOSED					
9-930 PM	CLOSED					

COMPETITION POOL 6AM - 7PM																							
5-6am	6-630am	630-7am	7-730am	730-8am	8-9am	9-10am	10-11am	11am-12pm	12-1230pm	1230-1pm	1-2pm	2-3pm	3-4pm	4-430pm	430-5pm	5-530pm	530-6pm	6-630pm	630-7pm	7-730pm	730-8pm	8-830pm	
LANE 8																							
LANE 7																							
LANE 6																							
LANE 5																							
LANE 4																							
LANE 3																							
LANE 2																							
LANE 1																							

REC POOL 6AM - 7PM					
Rec 6	Rec 5	Rec 4	Rec 3	Rec 2	Rec 1
CLOSED					
CLOSED					
Veterans 6 - 7am					
Fitness 745 - 930AM					
GAC Lessons 815am-12pm					
Family Swim 1-3pm					
GAC Lessons 315-730pm					
Fitness 530 - 7pm					
CLOSED					

REC POOL	
LAP LANES AND CLASSES ARE ADULT ONLY	
WATER FITNESS	
745 - 830am 830 - 930am 530 - 615pm 615-7pm	
SENIOR OPEN SWIM	
9 - 10am	
LAP SWIM & WATER WALKING	
REC POOL	Lanes
6 - 7am	2
7 - 745am	4
745 - 9:30am	2
930am - 12pm	3
12 - 330pm	4
330 - 430pm	3
430 - 530pm	2
530 - 6pm	1
6 - 7pm	3
FAMILY SWIM	
1-3pm	

BACK PATIO CONNECTOR LOBBY & ENTRANCE

MAIN ENTRANCE

TRAINING POOL LAP SWIM & WATER WALKING ADULT ONLY			
50 meters	LANES	25 meters	LANES
6 - 730sm	6	6am - 4pm	2
730am - 12pm	8	4 - 430pm	1
12 - 1pm	7	430 - 7pm	2
1 - 4pm	8		
4 - 6pm	7		
6 - 7pm	6		

SENIOR OPEN SWIM
9AM - 12PM
DEEP WATER FITNESS

CLASSROOMS
Hospitality
Classroom 2
Mezzanine

T 20	T 19	T 18	T 17	T 16	T 15	T 14	T 13	T 12	T 11	T 10	T 9
5-530 AM	Pool is Long Course										
530-6 AM	Pool is Long Course										
6-630 AM	Pool is Long Course										
630-7 AM	Pool is Long Course										
7-730 AM	Pool is Long Course										
730-8 AM	Pool is Long Course										
8-830 AM	Pool is Long Course										
830-9 AM	Pool is Long Course										
9-930 AM	Pool is Long Course										
930-10 AM	Pool is Long Course										
10-1030 AM	Pool is Long Course										
1030-11 AM	Pool is Long Course										
11-1130 AM	Pool is Long Course										
1130-12 PM	Pool is Long Course										
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1230-1 PM	Pool is Long Course										
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6-630 PM	Pool is Long Course										
630-7 PM	Pool is Long Course										
7-730 PM	Pool is Long Course										
730-8 PM	Pool is Long Course										
8-830 PM	Pool is Long Course										
830-9 PM	Pool is Long Course										
9-930 PM	Pool is Long Course										

TRAINING POOL 6AM - 7PM																																
25 m lanes by locker rooms																																
EAC																																
5-530 AM	530-6 AM	6-630 AM	630-7 AM	7-730 AM	730-8 AM	8-830 AM	830-9 AM	9-930 AM	930-10 AM	10-1030 AM	1030-11 AM	11-1130 AM	1130-12 PM	12-1230 PM	1230-1 PM	1-130 PM	130-2 PM	2-230 PM	230-3 PM	3-330 PM	330-4 PM	4-430 PM	430-5 PM	5-530 PM	530-6 PM	6-630 PM	630-7 PM	7-730 PM	730-8 PM	8-830 PM	830-9 PM	9-930 PM
CLOSED												CLOSED																				
ONSAM 6-730												TM																				
CLOSED												CLOSED																				
AF												Waves A.Adv GAP																				

GAC LANE SCHEDULE **Saturday, July 4, 2026**

	DIVE WELL 7AM - 5PM						COMPETITION POOL 7AM - 5PM														REC POOL 7AM - 3PM						REC POOL									
	DW 7	DW 6	DW 5	DW 4	DW 3	DW 2	DW 1															Rec 6	Rec 5	Rec 4	Rec 3	Rec 2	Rec 1	LAP LANES AND CLASSES ARE ADULT ONLY								
							5-6am	6-7am	7-7:30am	7:30-8am	8-8:30am	8:30-9am	9-10am	10-11am	11am-12pm	12-12:30pm	12:30-1pm	1-2pm	2-3pm	3-4pm	4-4:30pm	4:30-5pm	5-5:30pm	5:30-6pm	6-6:30pm	6:30-7pm	7-7:30pm	7:30-8pm	8-8:30pm							WATER FITNESS
							CLOSED 4th of July																				SENIOR OPEN SWIM									
																																	LAP SWIM & WATER WALKING			
																									REC POOL Lanes											
																									FAMILY SWIM											
5-530 AM	CLOSED						CLOSED 4th of July														CLOSED															
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9-930 PM																																				

BACK PATIO
CONNECTOR LOBBY & ENTRANCE
TRAINING POOL LAP SWIM & WATER WALKING ADULT ONLY
MAIN ENTRANCE

	T 20	T 19	T 18	T 17	T 16	T 15	T 14	T 13
5-530 AM	CLOSED							
530-6 AM								
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830-9 PM								
9-930 PM								

TRAINING POOL LAP SWIM & WATER WALKING ADULT ONLY			
7' deep	LANES	4' deep	LANES

SENIOR OPEN SWIM
DEEP WATER FITNESS

CLASSROOMS
Hospitality
Classroom 2
Mezzanine

TRAINING POOL 7AM - 5PM

	5-530 AM	530-6 AM	6-630 AM	630-7 AM	7-730 AM	730-8 AM	8-830 AM	830-9 AM	9-930 AM	930-10 AM	10-1030 AM	1030-11 AM	11-1130 AM	1130-12 PM	12-1230 PM	1230-1 PM	1-130 PM	130-2 PM	2-230 PM	230-3 PM	3-330 PM	330-4 PM	4-430 PM	430-5 PM	5-530 PM	530-6 PM	6-630 PM	630-7 PM	7-730 PM	730-8 PM	8-830 PM	830-9 PM	9-930 PM
	CLOSED																																

T 8
T 7
T 6
T 5
T 4
T 3
T 2
T 1

