

GAC LANE SCHEDULE

Tuesday, June 9, 2026

Time	DW 7	DW 6	DW 5	DW 4	DW 3	DW 2	DW 1
5-530 AM	CLOSED						
530-6 AM	CLOSED						
6-630 AM	CLOSED						
630-7 AM	CLOSED						
7-730 AM	CLOSED						
730-8 AM	CLOSED						
8-830 AM	CLOSED						
830-9 AM	CLOSED						
9-930 AM	Floating Yoga 845 - 930						
930-10 AM	CLOSED						
10-1030 AM	UNC 10-12						
1030-11 AM	CLOSED						
11-1130 AM	CLOSED						
1130-12 PM	CLOSED						
12-1230 PM	CLOSED						
1230-1 PM	CLOSED						
1-130 PM	CLOSED						
130-2 PM	CLOSED						
2-230 PM	CLOSED						
230-3 PM	CLOSED						
3-330 PM	CLOSED						
330-4 PM	CLOSED						
4-430 PM	U Air 4-630						
430-5 PM	CLOSED						
5-530 PM	TDA 615-730						
530-6 PM	CLOSED						
6-630 PM	CLOSED						
630-7 PM	CLOSED						
7-730 PM	CLOSED						
730-8 PM	CLOSED						
8-830 PM	CLOSED						
830-9 PM	CLOSED						
9-930 PM	CLOSED						

Time	LANE 8	LANE 7	LANE 6	LANE 5	LANE 4	LANE 3	LANE 2	LANE 1
5-530am	CLOSED							
530-6am	CLOSED							
6-630am	CLOSED							
630-7am	Streamline 630-8							
7-730am	CLOSED							
730-8am	CLOSED							
8-8am	CLOSED							
9-10am	CLOSED							
10-11am	CLOSED							
11-12pm	CLOSED							
12-1pm	CLOSED							
1-3pm	CLOSED							
3-330pm	CLOSED							
330-4pm	CLOSED							
4-430pm	CLOSED							
430-5pm	CLOSED							
5-530pm	CLOSED							
530-6pm	CLOSED							
6-630pm	GSA 6-730							
630-7pm	GSA 430-630							
7-730pm	CLOSED							
730-8pm	CLOSED							
8-830pm	CLOSED							

Time	Rec 6	Rec 5	Rec 4	Rec 3	Rec 2	Rec 1
6AM - 7PM	CLOSED					
6-7am	Veterans 6-7am					
7-745AM	Fitness 745-945AM					
745-10am	GAC Lessons 330-730pm					
10am-330pm	Family Swim 1-3pm					
330-530pm	TASA 7-8pm					
530-7pm	Fitness 530-7pm					
7-8pm	CLOSED					

Time	Lanes
LAP LANES AND CLASSES ARE ADULT ONLY	
WATER FITNESS	
745 - 845am	
845 - 945am	
530 - 615pm	
615-7pm	
SENIOR OPEN SWIM	
9 - 10am	
LAP SWIM & WATER WALKING	
6 - 7am	2
7 - 745am	4
745 - 10am	2
10am - 330pm	4
330 - 530pm	3
530 - 7pm	1
FAMILY SWIM	
1-3pm	

Time	T 20	T 19	T 18	T 17	T 16	T 15	T 14	T 13	T 12	T 11	T 10	T 9
5-530 AM	CLOSED											
530-6 AM	CLOSED											
6-630 AM	ONSAM 6-730											
630-7 AM	CLOSED											
7-730 AM	CLOSED											
730-8 AM	CLOSED											
8-830 AM	CLOSED											
830-9 AM	CLOSED											
9-930 AM	CLOSED											
930-10 AM	CLOSED											
10-1030 AM	CLOSED											
1030-11 AM	CLOSED											
11-1130 AM	CLOSED											
1130-12 PM	CLOSED											
12-1230 PM	CLOSED											
1230-1 PM	CLOSED											
1-130 PM	CLOSED											
130-2 PM	CLOSED											
2-230 PM	CLOSED											
230-3 PM	CLOSED											
3-330 PM	CLOSED											
330-4 PM	CLOSED											
4-430 PM	STAR											
430-5 PM	CLOSED											
5-530 PM	CLOSED											
530-6 PM	CLOSED											
6-630 PM	CLOSED											
630-7 PM	CLOSED											
7-730 PM	CLOSED											
730-8 PM	CLOSED											
8-830 PM	CLOSED											
830-9 PM	CLOSED											
9-930 PM	CLOSED											

Time	7' Deep	LANES	4' Deep	LANES
530 - 5am		11	530am - 630pm	8
6 - 730am		7	630 - 7pm	6
730am - 4pm		11	7 - 730pm	4
4 - 530pm		10	730 - 8pm	6
530 - 8pm		11		

Time	Activity
9AM - 12PM	SENIOR OPEN SWIM
	DEEP WATER FITNESS

Area
CLASSROOMS
Hospitality
Classroom 2
Mezzanine

TRAINING POOL 530AM - 8PM

Time	Activity
5-530 AM	CLOSED
530-6 AM	CLOSED
6-630 AM	CLOSED
630-7 AM	CLOSED
7-730 AM	CLOSED
730-8 AM	CLOSED
8-830 AM	CLOSED
830-9 AM	CLOSED
9-930 AM	CLOSED
10-1030 AM	CLOSED
1030-11 AM	CLOSED
11-1130 AM	CLOSED
1130-12 PM	CLOSED
12-1230 PM	CLOSED
1230-1 PM	CLOSED
1-130 PM	CLOSED
130-2 PM	CLOSED
2-230 PM	CLOSED
230-3 PM	CLOSED
3-330 PM	CLOSED
330-4 PM	CLOSED
4-430 PM	CLOSED
430-5 PM	CLOSED
5-530 PM	CLOSED
530-6 PM	CLOSED
6-630 PM	CLOSED
630-7 PM	CLOSED
7-730 PM	CLOSED
730-8 PM	CLOSED
8-830 PM	CLOSED
830-9 PM	CLOSED
9-930 PM	CLOSED

Time	Activity
T 8	
T 7	
T 6	
T 5	
T 4	TM 630-730p
T 3	
T 2	GAP 7-8pm
T 1	

GAC LANE SCHEDULE **Sunday, June 14, 2026**

	DIVE WELL 10AM - 5PM	COMPETITION POOL 10AM - 5PM										REC POOL 10PM - 5PM	REC POOL
	DW 7 DW 6 DW 5 DW 4 DW 3 DW 2 DW 1	5-6am 6-7am 7-7:30am 7:30-8am 8-8:30am 8:30-9am 9-10am 10-11am 11am-12pm 12-12:30pm 12:30-1pm 1-2pm 2-3pm 3-4pm 4-4:30pm 4:30-5pm 5-5:30pm 5:30-6pm 6-6:30pm 6:30-7pm 7-7:30pm 7:30-8pm 8-8:30pm	LANE 8	LANE 7	LANE 6	LANE 5	LANE 4	LANE 3	LANE 2	LANE 1	Rec 6 Rec 5 Rec 4 Rec 3 Rec 2 Rec 1	LAP LANES AND CLASSES ARE ADULT ONLY	
5-5:30 AM 5:30-6 AM 6-6:30 AM 6:30-7 AM 7-7:30 AM 7:30-8 AM 8-8:30 AM 8:30-9 AM 9-9:30 AM 9:30-10 AM 10-10:30 AM 10:30-11 AM 11-11:30 AM 11:30-12 PM 12-12:30 PM 12:30-1 PM 1-1:30 PM 1:30-2 PM 2-2:30 PM 2:30-3 PM 3-3:30 PM 3:30-4 PM 4-4:30 PM 4:30-5 PM 5-5:30 PM 5:30-6 PM 6-6:30 PM 6:30-7 PM 7-7:30 PM 7:30-8 PM 8-8:30 PM 8:30-9 PM 9-9:30 PM	CLOSED	CLOSED	Meet Warm-Ups 6:30-8am	GCY Sprint & Distance 8:15am-end of session	Meet Warm-Ups 11:30am-12:30pm	GCY Sprint & Distance 12:45pm-end of session	Meet Warm-Ups 4:30-5:30pm	GCY Sprint & Distance 5:45pm-end of session	CLOSED	CLOSED	Family Swim 10 - 5pm	WATER FITNESS	
	Duke 10-12	CLOSED										SENIOR OPEN SWIM	
	TDA 315-5											LAP SWIM & WATER WALKING	
	CLOSED											REC POOL Lanes 10am - 5pm 3	
	CLOSED											FAMILY SWIM 10am - 5pm	
BACK PATIO			CONNECTOR LOBBY & ENTRANCE								MAIN ENTRANCE		

	T 20 T 19 T 18 T 17 T 16 T 15 T 14 T 13		T 12 T 11 T 10 T 9	
5-5:30 AM 5:30-6 AM 6-6:30 AM 6:30-7 AM 7-7:30 AM 7:30-8 AM 8-8:30 AM 8:30-9 AM 9-9:30 AM 9:30-10 AM 10-10:30 AM 10:30-11 AM 11-11:30 AM 11:30-12 PM 12-12:30 PM 12:30-1 PM 1-1:30 PM 1:30-2 PM 2-2:30 PM 2:30-3 PM 3-3:30 PM 3:30-4 PM 4-4:30 PM 4:30-5 PM 5-5:30 PM 5:30-6 PM 6-6:30 PM 6:30-7 PM 7-7:30 PM 7:30-8 PM 8-8:30 PM 8:30-9 PM 9-9:30 PM		Pool is Long Course		

TRAINING POOL LAP SWIM & WATER WALKING ADULT ONLY			
50 meters	LANES	25 meters	LANES
10 - 11:30am	4	10am - 5pm	2
11:30 - 12:30pm	8		
12:30 - 4:30pm	4		
4:30 - 5pm	1		

SENIOR OPEN SWIM
DEEP WATER FITNESS

CLASSROOMS
Hospitality
Classroom 2
Mezzanine

TRAINING POOL 10AM - 5PM														
25 m lanes by locker rooms														
5-5:30 AM 5:30-6 AM 6-6:30 AM 6:30-7 AM 7-7:30 AM 7:30-8 AM 8-8:30 AM 8:30-9 AM 9-9:30 AM 9:30-10 AM 10-10:30 AM 10:30-11 AM 11-11:30 AM 11:30-12 PM 12-12:30 PM 12:30-1 PM 1-1:30 PM 1:30-2 PM 2-2:30 PM 2:30-3 PM 3-3:30 PM 3:30-4 PM 4-4:30 PM 4:30-5 PM 5-5:30 PM 5:30-6 PM 6-6:30 PM 6:30-7 PM 7-7:30 PM 7:30-8 PM 8-8:30 PM 8:30-9 PM 9-9:30 PM														S1 S2
CLOSED			Meet Warm-Up/Cool-Down Lanes 8am-end of session			Meet Warm-Up/Cool-Down Lanes 12:30pm-end of session			CLOSED			Meet Warm-Up/Cool-Down Lanes 5:30pm-end of session		T 8 T 7 T 6 T 5 T 4 T 3 T 2 T 1