









GAC LANE SCHEDULE

Friday, June 5, 2026

<b>DIVE WELL</b> 530AM - 8PM								<b>COMPETITION POOL</b> 530AM - 8PM																<b>REC POOL</b> 6AM - 7PM						<b>REC POOL</b>			
DW 7 DW 6 DW 5 DW 4 DW 3 DW 2 DW 1								5-530am 530-6am 6-630am 630-7am 7-730am 730-8am 8-9am 9-10am 10-11am 11-12pm 12-1pm 1-2pm 2-3pm 3-4pm 4-430pm 430-5pm 5-530pm 530-6pm 6-630pm 630-7pm 7-730pm 730-8pm 8-830pm																Rec 6 Rec 5 Rec 4 Rec 3 Rec 2 Rec 1						<b>LAP LANES AND CLASSES ARE ADULT ONLY</b>			
5-530 AM 530-6 AM 6-630 AM 630-7 AM 7-730 AM 730-8 AM 8-830 AM 830-9 AM 9-930 AM 930-10 AM 10-1030 AM 1030-11 AM 11-1130 AM 1130-12 PM 12-1230 PM 1230-1 PM 1-130 PM 130-2 PM 2-230 PM 230-3 PM 3-330 PM 330-4 PM 4-430 PM 430-5 PM 5-530 PM 530-6 PM 6-630 PM 630-7 PM 7-730 PM 730-8 PM 8-830 PM 830-9 PM 9-930 PM								<b>CLOSED</b>																<b>CLOSED</b>						<b>WATER FITNESS</b> 745 - 845am 845 - 930am			
<b>UNC</b> 10-12								<b>STAR</b> 530-730am																<b>GP</b> 10-12 1-3pm						<b>SENIOR OPEN SWIM</b> 9 - 10am			
<b>CLOSED</b>								<b>Meet Warm Up</b> 4 - 445																<b>GP</b> 2-3 Family Swim 1-3pm						<b>LAP SWIM &amp; WATER WALKING</b>			
<b>CLOSED</b>								<b>STAR Andrew Hartle Invitational</b> 5pm-end of session																<b>Adaptive Lessons</b> 3-620pm						<b>REC POOL Lanes</b>			
<b>CLOSED</b>								<b>GCY 12-1</b>																<b>CLOSED</b>						6 - 730am 4 745 - 930am 2 930 - 10am 4 10am - 1pm 0 1 - 2pm 4 2 - 3pm 3 3 - 620pm 0			
<b>BACK PATIO</b>								<b>CONNECTOR LOBBY &amp; ENTRANCE</b>																<b>MAIN ENTRANCE</b>						<b>FAMILY SWIM</b> 1-3pm			

TRAINING POOL LAP SWIM & WATER WALKING ADULT ONLY			
7' Deep	LANES	4' Deep	LANES
530-7am	5	530am - 4pm	8
7 - 745am	9	4 - 530pm	5
745am - 4pm	11	530 - 630pm	6
4 - 630pm	0	630-8pm	8
630 - 8pm	4		

<b>SENIOR OPEN SWIM</b>
9AM - 12PM
<b>DEEP WATER FITNESS</b>

<b>CLASSROOMS</b>
Hospitality
Classroom 2
Mezzanine

<b>CONNECTOR LOBBY &amp; ENTRANCE</b>								<b>TRAINING POOL LAP SWIM &amp; WATER WALKING ADULT ONLY</b>															
T 20 T 19 T 18 T 17 T 16 T 15 T 14 T 13								T 12 T 11 T 10 T 9															
5-530 AM 530-6 AM 6-630 AM 630-7 AM 7-730 AM 730-8 AM 8-830 AM 830-9 AM 9-930 AM 930-10 AM 10-1030 AM 1030-11 AM 11-1130 AM 1130-12 PM 12-1230 PM 1230-1 PM 1-130 PM 130-2 PM 2-230 PM 230-3 PM 3-330 PM 330-4 PM 4-430 PM 430-5 PM 5-530 PM 530-6 PM 6-630 PM 630-7 PM 7-730 PM 730-8 PM 8-830 PM 830-9 PM 9-930 PM								<b>CLOSED</b>															
<b>ONSAM</b> 530-7am								<b>GAP</b> 530-7am															
<b>STAR</b> 4-530pm								<b>AE 7 - 745am</b>															
<b>Meet Warm-Up/Cool-Down Lanes</b> 445pm-end of session								<b>EAR-CCA</b>															

<b>TRAINING POOL</b> 530AM - 8PM																							
5-530 AM 530-6 AM 6-630 AM 630-7 AM 7-730 AM 730-8 AM 8-830 AM 830-9 AM 9-930 AM 930-10 AM 10-1030 AM 1030-11 AM 11-1130 AM 1130-12 PM 12-1230 PM 1230-1 PM 1-130 PM 130-2 PM 2-230 PM 230-3 PM 3-330 PM 330-4 PM 4-430 PM 430-5 PM 5-530 PM 530-6 PM 6-630 PM 630-7 PM 7-730 PM 730-8 PM 8-830 PM 830-9 PM 9-930 PM																							
<b>CLOSED</b>																							
<b>STAR</b>																							
<b>GSA</b> 430-630																							
<b>CLOSED</b>																							
T 8 T 7 T 6 T 5 T 4 T 3 T 2 T 1																							

**GAC LANE SCHEDULE**

**Saturday, June 6, 2026**

Time	DIVE WELL 7AM - 8PM							COMPETITION POOL 7AM - 5PM														REC POOL 7AM - 3PM						REC POOL							
	DW 7	DW 6	DW 5	DW 4	DW 3	DW 2	DW 1	5-6am	6-7am	7-7:30am	7:30-8am	8-8:30am	8:30-9am	9-10am	10-11am	11am-12pm	12-12:30pm	12:30-1pm	1-2pm	2-3pm	3-4pm	4-4:30pm	4:30-5pm	5-5:30pm	5:30-6pm	6-6:30pm	6:30-7pm	7-7:30pm	7:30-8pm	8-8:30pm	Rec 6	Rec 5	Rec 4	Rec 3	Rec 2
5-5:30 AM	CLOSED							LANE 8														CLOSED						LAP LANES AND CLASSES ARE ADULT ONLY							
5:30-6 AM	CLOSED							LANE 7														CLOSED						WATER FITNESS							
6-6:30 AM	CLOSED							LANE 6														CLOSED						915 - 10am							
6:30-7 AM	CLOSED							LANE 5														CLOSED						10 - 10:45am							
7-7:30 AM	CLOSED							LANE 4														CLOSED						SENIOR OPEN SWIM							
7:30-8 AM	CLOSED							LANE 3														CLOSED						LAP SWIM & WATER WALKING							
8-8:30 AM	CLOSED							LANE 2														CLOSED						REC POOL Lanes							
8:30-9 AM	CLOSED							LANE 1														CLOSED						7 - 815am 4							
9-9:30 AM	NC Dive Club 9-11							Meet Warm-Ups 7-815am														Fitness 915-1045am						815 - 915am 3							
9:30-10 AM	NC Dive Club 9-11							STAR Andrew Hartle Invitational 830am-end of session														GAC Lessons 815am - 1pm						915 - 1045am 1							
10-10:30 AM	NC Dive Club 9-11							Meet Warm-Ups 12pm-1245pm														Family Swim 1-5pm						1045am - 1pm 3							
10:30-11 AM	U Air 11-1							STAR Andrew Hartle Invitational 1pm-end of session														GAC Lessons 815am - 1pm						1-5pm 2							
11-11:30 AM	U Air 11-1							Meet Warm-Ups 430pm-515pm														GAC Lessons 815am - 1pm						FAMILY SWIM							
11:30-12 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm						1-5pm							
12-12:30 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
12:30-1 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
1-1:30 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
1:30-2 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
2-2:30 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
2:30-3 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
3-3:30 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
3:30-4 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
4-4:30 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
4:30-5 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
5-5:30 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
5:30-6 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
6-6:30 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
6:30-7 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
7-7:30 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
7:30-8 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
8-8:30 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
8:30-9 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													
9-9:30 PM	U Air 11-1							STAR Andrew Hartle Invitational 530pm-end of session														GAC Lessons 815am - 1pm													

LAP LANES AND CLASSES ARE ADULT ONLY	
WATER FITNESS	
915 - 10am 10 - 10:45am	
SENIOR OPEN SWIM	
LAP SWIM & WATER WALKING	
REC POOL	Lanes
7 - 815am	4
815 - 915am	3
915 - 1045am	1
1045am - 1pm	3
1-5pm	2
FAMILY SWIM	
1-5pm	

BACK PATIO  
CONNECTOR LOBBY & ENTRANCE

MAIN ENTRANCE

TRAINING POOL LAP SWIM & WATER WALKING ADULT ONLY			
7' Deep	LANES	4' Deep	LANES
7am - 815am	11	7 - 9am	8
815 - 11am	4	9 - 1130am	7
11am - 1230pm	9	1130am - 1pm	8
1230 - 330pm	2	1 - 2pm	5
330 - 5pm	11	2 - 230pm	2
		230 - 3pm	5
		3 - 5pm	8

SENIOR OPEN SWIM  
DEEP WATER FITNESS

CLASSROOMS
Hospitality
Classroom 2
Mezzanine

Time	T 20	T 19	T 18	T 17	T 16	T 15	T 14	T 13	T 12	T 11	T 10	T 9
5-5:30 AM	CLOSED											
5:30-6 AM	CLOSED											
6-6:30 AM	CLOSED											
6:30-7 AM	CLOSED											
7-7:30 AM	GSA 7-9											
7:30-8 AM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
8-8:30 AM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
8:30-9 AM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
9-9:30 AM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
9:30-10 AM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
10-10:30 AM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
10:30-11 AM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
11-11:30 AM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
11:30-12 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
12-12:30 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
12:30-1 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
1-1:30 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
1:30-2 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
2-2:30 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
2:30-3 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
3-3:30 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
3:30-4 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
4-4:30 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
4:30-5 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
5-5:30 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
5:30-6 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
6-6:30 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
6:30-7 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
7-7:30 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
7:30-8 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
8-8:30 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
8:30-9 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											
9-9:30 PM	Meet Warm-Up/Cool-Down Lanes 815am-end of session											

TRAINING POOL 7AM - 5PM																																	
Time	5-5:30 AM	5:30-6 AM	6-6:30 AM	6:30-7 AM	7-7:30 AM	7:30-8 AM	8-8:30 AM	8:30-9 AM	9-9:30 AM	9:30-10 AM	10-10:30 AM	10:30-11 AM	11-11:30 AM	11:30-12 PM	12-12:30 PM	12:30-1 PM	1-1:30 PM	1:30-2 PM	2-2:30 PM	2:30-3 PM	3-3:30 PM	3:30-4 PM	4-4:30 PM	4:30-5 PM	5-5:30 PM	5:30-6 PM	6-6:30 PM	6:30-7 PM	7-7:30 PM	7:30-8 PM	8-8:30 PM	8:30-9 PM	9-9:30 PM
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TM

Stream

GAC Lesson

TASA 2-3

GAC PRI

GAC LANE SCHEDULE

Sunday, June 7, 2026

<b>DIVE WELL</b> 10AM - 5PM							<b>COMPETITION POOL</b> 10AM - 5PM														<b>REC POOL</b> 10PM - 5PM						<b>REC POOL</b>																							
DW 7	DW 6	DW 5	DW 4	DW 3	DW 2	DW 1	5-6am	6-7am	7-7:30am	7:30-8am	8-8:30am	8:30-9am	9-10am	10-11am	11am-12pm	12-12:30pm	12:30-1pm	1-2pm	2-3pm	3-4pm	4-4:30pm	4:30-5pm	5-5:30pm	5:30-6pm	6-6:30pm	6:30-7pm	7-7:30pm	7:30-8pm	8-8:30pm	Rec 6	Rec 5	Rec 4	Rec 3	Rec 2	Rec 1	<b>LAP LANES AND CLASSES ARE ADULT ONLY</b>														
5-5:30 AM							LANE 8														LANE 7						LANE 6				LANE 5				LANE 4				LANE 3				LANE 2				LANE 1			
5:30-6 AM							LANE 7														LANE 6						LANE 5				LANE 4				LANE 3				LANE 2				LANE 1							
6-6:30 AM							LANE 6														LANE 5						LANE 4				LANE 3				LANE 2				LANE 1											
6:30-7 AM							LANE 5														LANE 4						LANE 3				LANE 2				LANE 1															
7-7:30 AM							LANE 4														LANE 3						LANE 2				LANE 1																			
7:30-8 AM							LANE 3														LANE 2						LANE 1																							
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9-9:30 PM							LANE 1																																											
BACK PATIO							CONNECTOR LOBBY & ENTRANCE														MAIN ENTRANCE																													

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TRAINING POOL LAP SWIM & WATER WALKING ADULT ONLY			
7' Deep	LANES	4' Deep	LANES
10am - 11am	5	10am - 5pm	8
11am - 12:45pm	11		
12:45 - 3:30pm	4		
3:30 - 5pm	11		

SENIOR OPEN SWIM
DEEP WATER FITNESS

CLASSROOMS
Hospitality
Classroom 2
Mezzanine

**TRAINING POOL 10AM - 5PM**

5-5:30 AM	5:30-6 AM	6-6:30 AM	6:30-7 AM	7-7:30 AM	7:30-8 AM	8-8:30 AM	8:30-9 AM	9-9:30 AM	9:30-10 AM	10-10:30 AM	10:30-11 AM	11-11:30 AM	11:30-12 PM	12-12:30 PM	12:30-1 PM	1-1:30 PM	1:30-2 PM	2-2:30 PM	2:30-3 PM	3-3:30 PM	3:30-4 PM	4-4:30 PM	4:30-5 PM	5-5:30 PM	5:30-6 PM	6-6:30 PM	6:30-7 PM	7-7:30 PM	7:30-8 PM	8-8:30 PM	8:30-9 PM	9-9:30 PM
CLOSED										CLOSED										CLOSED												

T 8  
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