

# JUNE 15, 2026 – JUNE 21, 2026

## MONDAY, JUNE 15

### Rec Pool

#### Water Fitness

745 - 845am  
845 - 945am  
530-630pm

#### Lap Swim & Water

##### Walking

Time	Lanes
6 - 745am	4
745 - 9am	2
9 - 10am	1
10 - 11am	4
11am - 12pm	3
12 - 4pm	4
4 - 530pm	3
530 - 615pm	1
615 - 7pm	4

#### Senior Open Swim

9am-10am

#### Family Swim

1-3pm

### Training Pool

#### Lap Swim

##### 50-meter Lanes (LCM)

Time	Lanes
6 - 730am	5
730-830am	7
830am - 4pm	8
4 - 5pm	3
5 - 530pm	4
530 - 6pm	8
6 - 7pm	6

##### 25-meter Lanes (SCM)

Time	Lanes
6 - 9am	2
9 - 10am	0
10am - 3pm	2
3 - 4pm	1
4 - 7pm	2

#### Senior Open Swim

9am-12pm

#### Deep Water Fitness

9am-10am

## TUESDAY, JUNE 16

### Rec Pool

#### Water Fitness

745 - 830am  
830 - 930am  
530 - 615pm  
615 - 7pm

#### Lap Swim & Water

##### Walking

Time	Lanes
6 - 7am	2
7 - 745am	4
745 - 815am	3
815 - 930am	1
930am - 12pm	3
12 - 330pm	4
330 - 430pm	3
430 - 530pm	2
530 - 6pm	1
6 - 7pm	3

#### Senior Open Swim

9am-10am

#### Family Swim

1-3pm

#### Reach One Veteran

6-7am

### Training Pool

#### Lap Swim

##### 50-meter Lanes (LCM)

Time	Lanes
6 - 730am	6
730am - 12pm	8
12 - 1pm	7
1 - 4pm	8
4 - 6pm	7
6 - 7pm	6

##### 25-meter Lanes (SCM)

Time	Lanes
6am - 7pm	2

#### Senior Open Swim

9am-12pm

## WEDNESDAY, JUNE 17

### Rec Pool

#### Water Fitness

745 - 845am  
845 - 945am  
530 - 630pm

#### Lap Swim & Water

##### Walking

Time	Lanes
6 - 745am	4
745 - 9am	2
9 - 10am	1
10 - 11am	4
11am - 12pm	3
12 - 4pm	4
4 - 530pm	3
530 - 615pm	1
615 - 7pm	4

#### Senior Open Swim

9am-12pm

#### Family Swim

1-3pm

### Training Pool

#### Lap Swim

##### 50-meter Lanes (LCM)

Time	Lanes
6 - 730am	5
730-830am	7
830am - 4pm	8
4 - 5pm	3
5 - 530pm	4
530 - 7pm	8

##### 25-meter Lanes (SCM)

Time	Lanes
6am - 330pm	2
330 - 430pm	1
430 - 7pm	2

#### Senior Open Swim

9am-12pm

## THURSDAY, JUNE 18

### Rec Pool

#### Water Fitness

745 - 830am  
830 - 930am  
530 - 615pm  
615 - 7pm

#### Lap Swim & Water

##### Walking

Time	Lanes
6 - 7am	2
7 - 745am	4
745 - 815am	3
815 - 930am	1
930am - 12pm	3
12 - 330pm	4
330 - 430pm	3
430 - 530pm	2
530 - 6pm	1
6 - 7pm	3

#### Senior Open Swim

9am-10am

#### Family Swim

1-3pm

### Training Pool

#### Lap Swim

##### 50-meter Lanes (LCM)

Time	Lanes
6 - 730am	6
730am - 12pm	8
12 - 1pm	7
1 - 4pm	8
4 - 5pm	7
5 - 6pm	4
6 - 7pm	2

##### 25-meter Lanes (SCM)

Time	Lanes
6 - 9am	2
9 - 10am	0
10am - 3pm	2
3 - 4pm	1
4 - 7pm	2

#### Senior Open Swim

9am-12pm

#### Deep Water Fitness

9am-10am

**FRIDAY, JUNE 19**

**Rec Pool**

**Training Pool**

**Water Fitness**

745-845am  
845-930am

**Lap Swim**

**50-meter Lanes (LCM)**

6 - 630am 6  
630 - 730am 0  
730 - 8am 3  
8 - 1130am 4  
1130 - 1pm 8  
1 - 7pm 4

**Lap Swim & Water Walking**

<u>Time</u>	<u>Lanes</u>
6 - 730am	4
745 - 930am	2
930am - 2pm	4
2 - 3pm	3
3 - 620pm	0

**25-meter Lanes (SCM)**

6 - 730am 0  
730am - 12pm 2  
12 - 1pm 0  
1 - 330pm 2  
330 - 430pm 1  
430 - 7pm 2

**Senior Open Swim**

9am-10am

**Family Swim**

1-3pm

**Senior Open Swim**

9am-12pm

**Deep Water Fitness**

12pm-1pm

**SATURDAY, JUNE 20**

**Rec Pool**

**Training Pool**

**Water Fitness**

915-10am  
10-1045am

**Lap Swim**

**50-meter Lanes (LCM)**

630 - 730am 3  
730 - 1130am 4  
1130am - 1pm 7  
1 - 2pm 2  
2 - 230pm 0  
230 - 3pm 1  
3 - 5pm 4

**Lap Swim & Water Walking**

<u>Time</u>	<u>Lanes</u>
7 - 815am	4
815 - 915am	3
915 - 1045am	1
1045am - 5pm	3

**25-meter Lanes (SCM)**

630 - 9am 2  
9 - 10am 0  
10am - 12pm 1  
12 - 5pm 2

**Family Swim**

1-5pm

**Senior Open Swim**

9am-12pm

**SUNDAY, JUNE 21**

**Rec Pool**

**Training Pool**

**Lap Swim & Water Walking**

<u>Time</u>	<u>Lanes</u>
10am - 5pm	3

**Family Swim**

10-5pm

**Lap Swim**

**50-meter Lanes (LCM)**

10 - 1130am 4  
1130 - 1pm 8  
1 - 130pm 4  
130 - 215pm 0  
215 - 5pm 4

**25-meter Lanes (SCM)**

10am - 5pm 2