

JUNE 08, 2026 – JUNE 14, 2026

MONDAY, JUNE 08

Rec Pool

Water Fitness

745 - 845am
845 - 945am
530-630pm

Lap Swim & Water

Walking

Time	Lanes
6 - 745am	4
745 - 10am	2
10am - 530pm	4
530 -630pm	1
630 -7pm	4

Senior Open Swim

9am-10am

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530-7am	9
7am - 4pm	11
4 - 530pm	10
530 - 8pm	11

4' Deep Lanes (SCY)

Time	Lanes
530am - 4pm	8
4 - 630pm	3
630-730pm	5
730-8pm	8

TUESDAY, JUNE 09

Rec Pool

Water Fitness

745-845am
845-945am
530-615pm
615-7pm

Lap Swim & Water

Walking

Time	Lanes
6 - 7am	2
7 - 745am	4
745 - 10am	2
10am - 330pm	4
330 - 530pm	3
530 - 7pm	1

Senior Open Swim

9am-10am

Family Swim

1-3pm

Reach One Veteran

6-7am

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530 - 5am	11
6 - 730am	7
730am - 4pm	11
4 - 530pm	10
530 - 8pm	11

4' Deep Lanes (SCY)

Time	Lanes
530am - 630pm	8
630 - 7pm	6
7 - 730pm	4
730 - 8pm	6

WEDNESDAY, JUNE 10

The Training Pool will be flipped to LCM after morning practice. During the flip, the competition pool will be open for lap swimming.

Rec Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water

Walking

Time	Lanes
6 - 745am	4
745 - 10am	2
10am - 530pm	4
530 -630pm	1
630 -7pm	4

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530 - 7am	9
7-8am	11

4' Deep Lanes (SCY)

Time	Lanes
530 - 8am	8

50-meter Lanes (LCM)

Time	Lanes
130 - 4pm	8
4 - 630pm	5
630 - 8pm	8

25-meter Lanes (SCM)

Time	Lanes
130 - 330pm	2
330-430pm	1
430 - 8pm	2

THURSDAY, JUNE 11

Rec Pool

Water Fitness

745-845am
845-945am
530-615pm
615-7PM

Lap Swim & Water

Walking

Time	Lanes
6 - 7am	2
7 - 745am	4
745 - 10am	2
10am - 330pm	4
330 - 530pm	3
530 - 7pm	1

Senior Open Swim

9am-10am

Family Swim

1-3pm

Training Pool

Lap Swim

50-meter Lanes (LCM)

Time	Lanes
530 - 6am	8
6 - 730am	6
730am - 430pm	8
430 - 7pm	5
7 - 8pm	4

25-meter Lanes (SCM)

Time	Lanes
530 - 9am	2
9 - 10am	0
10am - 3pm	2
3 - 4pm	1
4 - 630pm	2
630 - 730pm	0
730 - 8pm	2

Senior Open Swim

9am-12pm

Deep Water Fitness

9am-10am

FRIDAY, JUNE 12

Rec Pool

Water Fitness

745-845am
845-930am

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
6 - 730am	4
745 - 930am	2
930am -2pm	4
2 - 3pm	3
3 - 620pm	0

Senior Open Swim

9am-10am

Family Swim

1-3pm

Training Pool

Lap Swim

50-meter Lanes (LCM)

530 - 6am	7
6 - 730am	2
730 - 8am	5
8 - 9am	8
9 - 12pm	4
12 - 1pm	3
1 - 3pm	8
3 - 4pm	2
4 - 430pm	1
430 - 5pm	5
5 - 530pm	8
530 - 8pm	4

25-meter Lanes (SCM)

530am - 12pm	2
12 - 1pm	0
1 - 330pm	2
330 - 430pm	1
430 - 8pm	2

Senior Open Swim

9am-12pm

SATURDAY, JUNE 13

Rec Pool

Water Fitness

915-10am
10-1045am

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
7 - 815am	4
815 - 915am	3
915 - 1045am	1
1045am - 3pm	3
3-5pm	0

Family Swim

1-5pm

Training Pool

Lap Swim

50-meter Lanes (LCM)

7 - 8am	3
8 - 9am	0
9 - 11am	4
11 - 1230pm	7
1230 - 2pm	4
2 - 3pm	3
3 - 430pm	4
430 - 5pm	8

25-meter Lanes (SCM)

7 - 9am	2
9 - 10am	1
10 - 1030am	2
1030 - 1130am	1
1130 - 5pm	2

Senior Open Swim

9am-12pm

SUNDAY, JUNE 14

Rec Pool

Lap Swim & Water

Walking

<u>Time</u>	<u>Lanes</u>
10am - 5pm	3

Family Swim

10-5pm

Training Pool

Lap Swim

50-meter Lanes (LCM)

10 - 1130am	4
1130 - 1230pm	8
1230 - 430pm	4
430 - 5pm	1

25-meter Lanes (SCM)

10am - 5pm	2
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