

GAC LANE SCHEDULE

Tuesday, May 12, 2026

DIVE WELL 530AM - 8PM

DW 7
DW 6
DW 5
DW 4
DW 3
DW 2
DW 1

5-530 AM CLOSED
 530-6 AM
 6-630 AM
 630-7 AM
 7-730 AM
 730-8 AM
 8-830 AM
 830-9 AM
 9-930 AM Floating Yoga 830 - 930
 930-10 AM
 10-1030 AM
 1030-11 AM
 11-1130 AM
 1130-12 PM
 12-1230 PM
 1230-1 PM
 1-130 PM
 130-2 PM
 2-230 PM
 230-3 PM
 3-330 PM
 330-4 PM
 4-430 PM
 430-5 PM U Air 4-630
 5-530 PM
 530-6 PM
 6-630 PM TDA 615-730
 630-7 PM
 7-730 PM
 730-8 PM
 8-830 PM
 830-9 PM
 9-930 PM CLOSED

BACK PATIO

COMPETITION POOL 530AM - 8PM

5-530am	530-6am	6-630am	630-7am	7-730am	730-8am	8-830am	830-9am	9am-930pm	930-10am	1-2pm	2-3pm	3-330pm	330-4pm	4-430pm	430-5pm	5-530pm	530-6pm	6-630pm	630-7pm	7-730pm	730-8pm	8-830pm
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LANE 8
LANE 7
LANE 6
LANE 5
LANE 4
LANE 3
LANE 2
LANE 1

GSA 6-730
GSA 430-6
GSA 6-8

GCY 430-8

CONNECTOR LOBBY & ENTRANCE

REC POOL 6AM - 7PM

Rec 6
Rec 5
Rec 4
Rec 3
Rec 2
Rec 1

CLOSED
 Veterans 6 - 7am
 Fitness 745 - 945AM
 GCS LTS 10am - 1pm
 Family Swim 1-3pm
 Connie & Cynthia 130-4pm
 Fitness 530 - 7pm
 TASA 7-8pm
 CLOSED

MAIN ENTRANCE

REC POOL

LAP LANES AND CLASSES ARE ADULT ONLY

WATER FITNESS

745 - 845am
 845 - 945am
 530 - 615pm
 615-7pm

SENIOR OPEN SWIM

9 - 10am

LAP SWIM & WATER WALKING

REC POOL	Lanes
6 - 7am	2
7 - 745am	4
745 - 10am	2
10am - 1pm	0
1 - 130pm	4
130 - 3pm	2
3 - 330pm	4
330 - 530pm	3
530 - 7pm	1

FAMILY SWIM

1-3pm

T 20	T 19	T 18	T 17	T 16	T 15	T 14	T 13	T 12	T 11	T 10	T 9
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5-530 AM CLOSED
 530-6 AM
 6-630 AM STAR 530-730am ONSAM 530-7am
 630-7 AM
 7-730 AM
 730-8 AM
 8-830 AM
 830-9 AM
 9-930 AM
 930-10 AM
 10-1030 AM
 1030-11 AM
 11-1130 AM
 1130-12 PM
 12-1230 PM
 1230-1 PM
 1-130 PM
 130-2 PM
 2-230 PM
 230-3 PM
 3-330 PM
 330-4 PM
 4-430 PM EAC CCA
 430-5 PM SA 430 - 730p ONSA 5-730
 5-530 PM
 530-6 PM
 6-630 PM
 630-7 PM
 7-730 PM
 730-8 PM
 8-830 PM
 830-9 PM
 9-930 PM CLOSED

SE Tiger Sharks 6-7

TRAINING POOL LAP SWIM & WATER WALKING ADULT ONLY

7' Deep	LANES	4' Deep	LANES
530 - 7am	2	530am - 12pm	8
7 - 730am	7	12 - 130pm	7
730am - 4pm	11	130 - 4pm	8
4 - 430pm	9	4 - 630pm	3
430 - 5pm	6	630 - 7pm	6
5 - 6pm	5	7 - 730pm	4
6 - 7pm	1	730 - 8pm	6
7 - 730pm	7		
730 - 8pm	11		

SENIOR OPEN SWIM

9AM - 12PM

DEEP WATER FITNESS

CLASSROOMS

Hospitality

Classroom 2

Mezzanine

TRAINING POOL 530AM - 8PM

5-530 AM	530-6 AM	6-630 AM	630-7 AM	7-730 AM	730-8 AM	8-830 AM	830-9 AM	9-930 AM	930-10 AM	1030-11 AM	11-1130 AM	1130-12 PM	12-1230 PM	1230-1 PM	1-130 PM	130-2 PM	2-230 PM	230-3 PM	3-330 PM	330-4 PM	4-430 PM	430-5 PM	5-530 PM	530-6 PM	6-630 PM	630-7 PM	7-730 PM	730-8 PM	8-830 PM	830-9 PM	9-930 PM
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CLOSED
 STAR 4 - 630pm
 AF
 TM 630-730p
 GAP 7-8pm
 CLOSED

GAC LANE SCHEDULE **Thursday, May 14, 2026**

DIVE WELL 530AM - 8PM

DW 7
DW 6
DW 5
DW 4
DW 3
DW 2
DW 1

5-530 AM CLOSED
 530-6 AM
 6-630 AM
 630-7 AM
 7-730 AM
 730-8 AM
 8-830 AM
 830-9 AM
 9-930 AM
 930-10 AM
 10-1030 AM
 1030-11 AM
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 530-6 PM
 6-630 PM TDA 615-730
 630-7 PM
 7-730 PM
 730-8 PM
 8-830 PM
 830-9 PM
 9-930 PM CLOSED

COMPETITION POOL 530AM - 8PM

5-530am	530-6am	6-630am	630-7am	7-730am	730-8am	8-830am	830-9am	9am-930pm	930-10am	1-2pm	2-3pm	3-330pm	330-4pm	4-430pm	430-5pm	5-630pm	530-6pm	6-630pm	630-7pm	7-730pm	730-8pm	8-830pm	
LANE 8		LANE 7		LANE 6		LANE 5		LANE 4		LANE 3		LANE 2		LANE 1		LANE 1		LANE 1		LANE 1		LANE 1	

530-6 AM
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 730-8 AM
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 6-630 PM
 630-7 PM
 7-730 PM
 730-8 PM
 8-830 PM

GSA 6-730
 GSA 430-6
 GSA 6-8
 GCY 430-8

REC POOL 6AM - 7PM

Rec 6
Rec 5
Rec 4
Rec 3
Rec 2
Rec 1

6-7 AM
 7-730 AM
 730-8 AM
 8-830 AM
 830-9 AM
 9-930 AM
 930-10 AM
 10-1030 AM
 1030-11 AM
 11-1130 AM
 1130-12 PM
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 7-730 PM
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 8-830 PM
 830-9 PM
 9-930 PM

Veterans 6-7am
 Fitness 745-945AM
 GCS LTS 10am-1pm
 Family Swim 1-3pm
 Connie & Cynthia 130-4pm
 GAC Lessons 330-730pm
 Fitness 530-7pm
 TASA 7-8pm

REC POOL

LAP LANES AND CLASSES ARE ADULT ONLY

WATER FITNESS

745 - 845am
 845 - 945am
 530 - 615pm
 615-7pm

SENIOR OPEN SWIM

9 - 10am

LAP SWIM & WATER WALKING

REC POOL	Lanes
6 - 7am	2
7 - 745am	4
745 - 10am	2
10am - 1pm	0
1 - 130pm	4
130 - 3pm	2
3 - 330pm	4
330 - 530pm	3
530 - 7pm	1

FAMILY SWIM

1-3pm

BACK PATIO

CONNECTOR LOBBY & ENTRANCE

MAIN ENTRANCE

TRAINING POOL LAP SWIM & WATER WALKING ADULT ONLY

7' Deep	LANES	4' Deep	LANES
530 - 7am	2	530am - 12pm	8
7 - 730am	7	12 - 130pm	7
730 - 9am	11	130 - 4pm	8
9 - 10am	10	4 - 630pm	3
10am - 4pm	11	630 - 7pm	5
4 - 5pm	8	7 - 730pm	3
5 - 6pm	5	730 - 8pm	6
6 - 7pm	1		
7 - 730pm	6		
730 - 8pm	11		

SENIOR OPEN SWIM

9AM - 12PM

DEEP WATER FITNESS

9 - 10AM

CLASSROOMS

Hospitality

Classroom 2

Mezzanine

T 20	T 19	T 18	T 17	T 16	T 15	T 14	T 13	T 12	T 11	T 10	T 9
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5-530 AM CLOSED
 530-6 AM STAR 530-730am
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 4-430 PM
 430-5 PM
 530-6 PM SA 4-730pm
 6-630 PM
 630-7 PM
 7-730 PM
 730-8 PM
 8-830 PM
 830-9 PM
 9-930 PM

ONSA 530-7am
 Fitness
 SE Tiger Sharks 6-7
 ONSA 5-730pm
 SA 4-730pm

TRAINING POOL 530AM - 8PM

5-530 AM	530-6 AM	6-630 AM	630-7 AM	7-730 AM	730-8 AM	8-830 AM	830-9 AM	9-930 AM	930-10 AM	10-1030 AM	1030-11 AM	11-1130 AM	1130-12 PM	12-1230 PM	1230-1 PM	1-130 PM	130-2 PM	2-230 PM	230-3 PM	3-330 PM	330-4 PM	4-430 PM	430-5 PM	5-530 PM	530-6 PM	6-630 PM	630-7 PM	7-730 PM	730-8 PM	8-830 PM	830-9 PM	9-930 PM
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 430-5 PM
 5-530 PM
 530-6 PM
 6-630 PM
 630-7 PM
 7-730 PM
 730-8 PM
 8-830 PM
 830-9 PM
 9-930 PM

STAR 4-630pm
 TM 630-730
 GAP 7-8pm
 AF

GAC LANE SCHEDULE

Sunday, May 17, 2026

DIVE WELL 10AM - 5PM													COMPETITION POOL 10AM - 5PM													REC POOL 10PM - 5PM						REC POOL					
DW 7 DW 6 DW 5 DW 4 DW 3 DW 2 DW 1													6-630am 630-7am 7-730am 730-8am 8-830am 830-9am 9-10am 10-1030am 1030-11am 11-1130am 1130-12pm 12-1230 1230-1 1-2pm 2-230pm 230-3pm 3-330pm 330-4pm 4-5pm 5-6pm 6-7pm 7-8pm 8-830pm													Rec 6 Rec 5 Rec 4 Rec 3 Rec 2 Rec 1						LAP LANES AND CLASSES ARE ADULT ONLY					
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CLOSED													Meet Warm Up 645 - 8am													CLOSED						SENIOR OPEN SWIM					
Duke 10-12													EAC Memorial Invite 815 - 1230													CLOSED						LAP SWIM & WATER WALKING					
Floating Yoga 130 - 215													Meet Warm Up 1235 - 135													Family Swim 10 - 5pm						REC POOL Lanes 10am - 5pm 3					
CLOSED													Memorial Invite 145-445													CLOSED						FAMILY SWIM 10am - 5pm					
BACK PATIO													CONNECTOR LOBBY & ENTRANCE													MAIN ENTRANCE											

TRAINING POOL LAP SWIM & WATER WALKING ADULT ONLY																																																																																			
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