

GAC LANE SCHEDULE Thursday, April 9, 2026

DIVE WELL 530AM - 8PM	
DW 7	DW 6
DW 5	DW 4
DW 3	DW 2
DW 1	
5-530 AM	CLOSED
530-6 AM	
6-630 AM	
630-7 AM	
7-730 AM	
730-8 AM	
8-830 AM	
830-9 AM	
9-930 AM	
930-10 AM	
10-1030 AM	
1030-11 AM	
11-1130 AM	
1130-12 PM	
12-1230 PM	
1230-1 PM	
1-130 PM	
130-2 PM	
2-230 PM	
230-3 PM	
3-330 PM	
330-4 PM	
4-430 PM	
430-5 PM	
5-530 PM	
530-6 PM	
6-630 PM	
630-7 PM	
7-730 PM	
730-8 PM	
8-830 PM	
830-9 PM	
9-930 PM	

COMPETITION POOL 530AM - 8PM																					
530-6am	6-630am	630-7am	7-730am	730-8am	8-9am	9-10am	10-11am	11am-1pm	1-2pm	2-3pm	3-330pm	330-4pm	4-430pm	430-5pm	5-530pm	530-6pm	6-630pm	630-7pm	7-730pm	730-8pm	8-830pm
1	College Club Nationals Open Practice 12 - 8																				
2	College Club Nationals Open Practice 12 - 8																				
3	College Club Nationals Open Practice 12 - 8																				
4	College Club Nationals Open Practice 12 - 8																				
5	College Club Nationals Open Practice 12 - 8																				
6	College Club Nationals Open Practice 12 - 8																				
7	College Club Nationals Open Practice 12 - 8																				
8	College Club Nationals Open Practice 12 - 8																				
Btwn Blkhd																					
8	College Club Nationals Open Practice 12 - 8																				
7	College Club Nationals Open Practice 12 - 8																				
6	College Club Nationals Open Practice 12 - 8																				
5	College Club Nationals Open Practice 12 - 8																				
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3	College Club Nationals Open Practice 12 - 8																				
2	College Club Nationals Open Practice 12 - 8																				
1	College Club Nationals Open Practice 12 - 8																				

REC POOL 6AM - 7PM	
Rec 6	Rec 5
Rec 4	Rec 3
Rec 2	Rec 1
CLOSED	
Veterans 6 - 7am	
Fitness 745 - 945AM	
GCS LTS 10am - 1pm	
Family Swim 1-3pm	
Connie & Cynthia 130-4pm	
GAC Lessons	
TASA 7-8pm	
CLOSED	

REC POOL	
LAP LANES AND CLASSES ARE ADULT ONLY	
WATER FITNESS	
745 - 845am	
845 - 945am	
530 - 615pm	
615-7pm	
SENIOR OPEN SWIM	
9 - 10am	
LAP SWIM & WATER WALKING	
REC POOL	Lanes
6 - 7am	2
7 - 745am	4
745 - 10am	2
10am - 1pm	0
1 - 130pm	4
130 - 3pm	2
3 - 330pm	4
330 - 4pm	3
4 - 5pm	2
5 - 530pm	3
530 - 7pm	1
FAMILY SWIM	
1-3pm	

BACK PATIO

CONNECTOR LOBBY & ENTRANCE

MAIN ENTRANCE

TRAINING POOL LAP SWIM & WATER WALKING ADULT ONLY			
7' Deep	LANES	4' Deep	LANES
530 - 7am	6	530 - 730am	6
7 - 730am	7	730am - 12pm	8
730am - 12pm	11		

SENIOR OPEN SWIM
9AM - 12PM
DEEP WATER FITNESS

CLASSROOMS
Hospitality
Classroom 2
Mezzanine

DIVE WELL 530AM - 8PM	
T 20	T 19
T 18	T 17
T 16	T 15
T 14	T 13
T 12	T 11
T 10	T 9
5-530 AM	CLOSED
530-6 AM	STAR 530-730am
6-630 AM	
630-7 AM	
7-730 AM	
730-8 AM	
8-830 AM	
830-9 AM	
9-930 AM	
930-10 AM	
10-1030 AM	
1030-11 AM	
1130-12 PM	
12-1230 PM	
1230-1 PM	
1-130 PM	
130-2 PM	
2-230 PM	
230-3 PM	
3-330 PM	
330-4 PM	
4-430 PM	
430-5 PM	
5-530 PM	
530-6 PM	
6-630 PM	
630-7 PM	
7-730 PM	
730-8 PM	
8-830 PM	
830-9 PM	
9-930 PM	

TRAINING POOL 530AM - 8PM

5-530 AM	12:00 AM	6-630 AM	630-7 AM	7-730 AM	730-8 AM	8-830 AM	830-9 AM	9-930 AM	930-10 AM	10-1030 AM	1030-11 AM	11-1130 AM	1130-12 PM	12-1230 PM	1230-1 PM	1-130 PM	130-2 PM	2-230 PM	230-3 PM	3-330 PM	330-4 PM	4-430 PM	430-5 PM	5-530 PM	530-6 PM	6-630 PM	630-7 PM	7-730 PM	730-8 PM	8-830 PM	830-9 PM	9-930 PM
College Club Nationals Open Practice 12 - 8																																
CLOSED																																
Streamline 530-730																																
CLOSED																																

GAC LANE SCHEDULE

Saturday, April 11, 2026

<p>DIVE WELL 7AM - 8PM</p> <p>DW 7 DW 6 DW 5 DW 4 DW 3 DW 2 DW 1</p>		<p>COMPETITION POOL 530AM - 8PM</p>																<p>REC POOL 7AM - 3PM</p>						<p>REC POOL</p>																			
		<p>7-7:00am 7:30-8am 8-8:30am 8-8:30am 8:30-9am 9-9:00am 9-10am 10-11am 11-12pm 12-1pm 1-2pm 2-3pm 3-4pm 4-4:30pm 4:30-5pm 5-5:30pm 5:30-6pm 6-6:30pm 6:30-7pm 7-7:30pm 7:30-8pm 8-8:30pm</p>																<p>Rec 6 Rec 5 Rec 4 Rec 3 Rec 2 Rec 1</p>						<p>LAP LANES AND CLASSES ARE ADULT ONLY</p> <p>WATER FITNESS</p> <p>915 - 10am 10 -1045am</p> <p>SENIOR OPEN SWIM</p> <p>LAP SWIM & WATER WALKING</p> <table border="1"> <tr> <th>REC POOL</th> <th>Lanes</th> </tr> <tr> <td>7 - 815am</td> <td>4</td> </tr> <tr> <td>815 - 915am</td> <td>3</td> </tr> <tr> <td>915 - 1045am</td> <td>1</td> </tr> <tr> <td>045am - 1230pr</td> <td>3</td> </tr> <tr> <td>1230-3pm</td> <td>2</td> </tr> <tr> <td>3-5pm</td> <td>3</td> </tr> </table> <p>FAMILY SWIM</p> <p>1-5pm</p>						REC POOL	Lanes	7 - 815am	4	815 - 915am	3	915 - 1045am	1	045am - 1230pr	3	1230-3pm	2	3-5pm	3
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7' Deep	LANES	4' Deep	LANES																																								
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7' Deep	LANES	4' Deep	LANES
530 - 6am	11	530 - 6am	6
6 - 730am	1	6 - 730am	4

SENIOR OPEN SWIM
DEEP WATER FITNESS

CLASSROOMS
Hospitality
Classroom 2
Mezzanine

<p>TRAINING POOL 7AM - 5PM</p>															
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<p>Meet Warm-Up/ Cool Down 730am - EOD</p>															
<p>Streamline 6-730</p>															

GAC LANE SCHEDULE

Sunday, April 12, 2026

DIVE WELL 10AM - 5PM												COMPETITION POOL 530AM - 8PM												REC POOL 10PM - 5PM						REC POOL					
DW 7 DW 6 DW 5 DW 4 DW 3 DW 2 DW 1												7-7:00am 7:30-8am 8-8:30am 8-8:30am 8:30-9am 9-9:00am 9-10am 10-11am 11-12pm 12-1pm 1-2pm 2-3pm 3-4pm 4-4:30pm 4:30-5pm 5-5:30pm 5:30-6pm 6-6:30pm 6:30-7pm 7-7:30pm 7:30-8pm 8-8:30pm												Rec 6 Rec 5 Rec 4 Rec 3 Rec 2 Rec 1						LAP LANES AND CLASSES ARE ADULT ONLY WATER FITNESS SENIOR OPEN SWIM LAP SWIM & WATER WALKING REC POOL Lanes 10am - 5pm 3 FAMILY SWIM 10am - 5pm					
5-5:30 AM 5:30-6 AM 6-6:30 AM 6:30-7 AM 7-7:30 AM 7:30-8 AM 8-8:30 AM 8:30-9 AM 9-9:30 AM 9:30-10 AM 10-10:30 AM 10:30-11 AM 11-11:30 AM 11:30-12 PM 12-12:30 PM 12:30-1 PM 1-1:30 PM 1:30-2 PM 2-2:30 PM 2:30-3 PM 3-3:30 PM 3:30-4 PM 4-4:30 PM 4:30-5 PM 5-5:30 PM 5:30-6 PM 6-6:30 PM 6:30-7 PM 7-7:30 PM 7:30-8 PM 8-8:30 PM 8:30-9 PM 9-9:30 PM												1 2 3 4 5 6 7 8												7 6 5 4 3 2 1						8 7 6 5 4 3 2 1					
Warm-Up/Cool-Down Lanes 7am - EOD												Meet Warm-Up/ Cool Down 7am - 8:45am College Club Swimming National Champs 9am - 12pm Meet Warm-Up/ Cool Down 4pm - 4:45pm College Club Swimming National Champs 5pm - 8pm												CLOSED						Family Swim 10 - 5pm					
DOCK												BTWN BIKHD												CLOSED						CLOSED					
BACK PATIO												CONNECTOR LOBBY & ENTRANCE												MAIN ENTRANCE						MAIN ENTRANCE					

T 20 T 19 T 18 T 17 T 16 T 15 T 14 T 13 T 12 T 11 T 10 T 9												5-5:30 AM 5:30-6 AM 6-6:30 AM 6:30-7 AM 7-7:30 AM 7:30-8 AM 8-8:30 AM 8:30-9 AM 9-9:30 AM 9:30-10 AM 10-10:30 AM 10:30-11 AM 11-11:30 AM 11:30-12 PM 12-12:30 PM 12:30-1 PM 1-1:30 PM 1:30-2 PM 2-2:30 PM 2:30-3 PM 3-3:30 PM 3:30-4 PM 4-4:30 PM 4:30-5 PM 5-5:30 PM 5:30-6 PM 6-6:30 PM 6:30-7 PM 7-7:30 PM 7:30-8 PM 8-8:30 PM 8:30-9 PM 9-9:30 PM												Meet Warm-Up/ Cool Down 7am - EOD												CLOSED											
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TRAINING POOL LAP SWIM & WATER WALKING ADULT ONLY			
7' Deep	LANES	4' Deep	LANES

SENIOR OPEN SWIM
DEEP WATER FITNESS

CLASSROOMS
Hospitality
Classroom 2
Mezzanine

TRAINING POOL 10AM - 5PM

5-5:30 AM 5:30-6 AM 6-6:30 AM 6:30-7 AM 7-7:30 AM 7:30-8 AM 8-8:30 AM 8:30-9 AM 9-9:30 AM 9:30-10 AM 10-10:30 AM 10:30-11 AM 11-11:30 AM 11:30-12 PM 12-12:30 PM 12:30-1 PM 1-1:30 PM 1:30-2 PM 2-2:30 PM 2:30-3 PM 3-3:30 PM 3:30-4 PM 4-4:30 PM 4:30-5 PM 5-5:30 PM 5:30-6 PM 6-6:30 PM 6:30-7 PM 7-7:30 PM 7:30-8 PM 8-8:30 PM 8:30-9 PM 9-9:30 PM												Meet Warm-Up/ Cool Down 7am - EOD												T 8 T 7 T 6 T 5 T 4 T 3 T 2 T 1											
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