

GAC LANE SCHEDULE Friday, March 20, 2026

DIVE WELL
530AM - 8PM

DW 7	
DW 6	
DW 5	
DW 4	
DW 3	
DW 2	
DW 1	

5-530 AM **CLOSED**

530-6 AM

6-630 AM

630-7 AM

7-730 AM

730-8 AM

8-830 AM

830-9 AM

9-930 AM

930-10 AM

10-1030 AM

1030-11 AM

11-1130 AM

1130-12 PM

12-1230 PM

1230-1 PM

1-130 PM

130-2 PM

2-230 PM

230-3 PM

3-330 PM

330-4 PM

4-430 PM

430-5 PM

5-530 PM

530-6 PM

6-630 PM

630-7 PM

7-730 PM

730-8 PM

8-830 PM

830-9 PM

9-930 PM

CLOSED

BACK PATIO

COMPETITION POOL
530AM - 8PM

C 14	
C 13	
C 12	
C 11	
C 10	
C 9	
C 8	
C 7	
C 6	
C 5	
C 4	
C 3	
C 2	
C 1	

5-530 AM

530-6 AM

6-630 AM

630-7 AM

7-730 AM

730-8 AM

8-830 AM

830-9 AM

9a-1pm

1-330pm

330-4pm

4-430pm

430-5pm

5-530pm

530-6pm

6-630pm

630-7pm

7-730pm

730-8pm

8-830pm

B U L K H E A D

During Meet WU 515-EOS

5-530 AM

530-6 AM

6-630 AM

630-7 AM

7-730 AM

730-8 AM

8-830 AM

830-9 AM

9-930 AM

930-10 AM

10-1030 AM

1030-11 AM

11-1130 AM

1130-12 PM

12-1230 PM

1230-1 PM

1-130 PM

130-2 PM

2-230 PM

230-3 PM

3-330 PM

330-4 PM

4-430 PM

430-5 PM

5-530 PM

530-6 PM

6-630 PM

630-7 PM

7-730 PM

730-8 PM

8-830 PM

830-9 PM

9-930 PM

Meet Warm Up 430-515

STAR Tarheel States 530-730

Comp Pool B (Dive Well)

8	
7	
6	
5	
4	
3	
2	
1	

CONNECTOR LOBBY & ENTRANCE

REC POOL
6AM - 7PM

Rec 6	
Rec 5	
Rec 4	
Rec 3	
Rec 2	
Rec 1	

CLOSED

Fitness 745 - 930AM

GCS LTS 10am -1pm

GP

Family Swim 1-3pm

Adaptive Lessons 3-620pm

CLOSED

MAIN ENTRANCE

REC POOL

LAP LANES AND CLASSES ARE ADULT ONLY

WATER FITNESS

745 - 845am

845 - 930am

SENIOR OPEN SWIM

9 - 10am

LAP SWIM & WATER WALKING

REC POOL	Lanes
6 - 730am	4
745 - 930am	2
930 -10am	4
10am - 1pm	0
1 - 130pm	4
130 - 2pm	3
2 - 3pm	2
3 - 620pm	0

FAMILY SWIM

1-3pm

T 20	
T 19	
T 18	
T 17	
T 16	
T 15	
T 14	
T 13	
T 12	
T 11	
T 10	
T 9	

5-530 AM **CLOSED**

530-6 AM

6-630 AM **STAR 530 - 730am**

630-7 AM **GAP 530 - 7am**

7-730 AM **EACM 530-7am**

730-8 AM

8-830 AM

830-9 AM

9-930 AM

930-10 AM

10-1030 AM

1030-11 AM

11-1130 AM

1130-12 PM

12-1230 PM

1230-1 PM

1-130 PM **GCY 12-2**

130-2 PM

2-230 PM

230-3 PM

3-330 PM

330-4 PM

4-430 PM

430-5 PM **STAR 4 - 630pm**

5-530 PM **GCY 430-6**

530-6 PM

6-630 PM

630-7 PM

7-730 PM

730-8 PM

8-830 PM

830-9 PM

9-930 PM

CLOSED

TRAINING POOL LAP SWIM & WATER WALKING ADULT ONLY

7' Deep	LANES	4' Deep	LANES
530 - 7am	0	530am - 4pm	8
7 - 730am	7	4 - 530pm	7
730 - 12pm	11	530 - 6pm	8
12 - 2pm	8	6 - 730pm	4
2 - 4pm	11	730 - 8pm	8
4 - 430pm	7		
430 - 6pm	3		
6 - 630pm	7		
630 - 8pm	11		

SENIOR OPEN SWIM

9:00 AM - 12:00 PM

7' DEPTH

4' DEPTH

DEEP WATER FITNESS

CLASSROOMS

Hospitality

Classroom 2

Mezzanine

TRAINING POOL
530AM - 8PM

5-530 AM	
530-6 AM	
6-630 AM	
630-7 AM	
7-730 AM	
730-8 AM	
8-830 AM	
830-9 AM	
9-930 AM	
930-10 AM	
10-1030 AM	
1030-11 AM	
11-1130 AM	
1130-12 PM	
12-1230 PM	
1230-1 PM	
1-130 PM	
130-2 PM	
2-230 PM	
230-3 PM	
3-330 PM	
330-4 PM	
4-430 PM	
430-5 PM	
5-530 PM	
530-6 PM	
6-630 PM	
630-7 PM	
7-730 PM	
730-8 PM	
8-830 PM	
830-9 PM	
9-930 PM	

CLOSED

STAR

GSA 6 - 730

CLOSED

T 8	
T 7	
T 6	
T 5	
T 4	
T 3	
T 2	
T 1	

GAC LANE SCHEDULE

Saturday, March 21, 2026

DIVE WELL 530AM - 8PM						
DW 7	DW 6	DW 5	DW 4	DW 3	DW 2	DW 1
5-530 AM						
530-6 AM	CLOSED					
6-630 AM						
630-7 AM						
7-730 AM						
730-8 AM						
8-830 AM						
830-9 AM						
9-930 AM						
930-10 AM	UNC 9-11					
10-1030 AM						
1030-11 AM						
11-1130 AM	U Air 11-1					
1130-12 PM						
12-1230 PM						
1230-1 PM						
1-130 PM						
130-2 PM						
2-230 PM						
230-3 PM						
3-330 PM						
330-4 PM						
4-430 PM						
430-5 PM						
5-530 PM						
530-6 PM						
6-630 PM						
630-7 PM						
7-730 PM						
730-8 PM						
8-830 PM						
830-9 PM	CLOSED					
9-930 PM						

COMPETITION POOL 530AM - 8PM														
B U L K H E A D														
C 14 C 13 C 12 C 11 C 10 C 9 C 8 C 7 C 6 C 5 C 4 C 3 C 2 C 1														
7-8am														
8-9am														
9-930am														
930-10am														
10-11am														
11-12pm														
12-1pm														
1-2pm														
2-3pm														
3-330pm														
330-4pm														
4-430pm														
430-5pm														
5-530pm														
530-6pm														
6-630pm														
630-7pm														
7-730pm														
730-8pm														
8-830pm														

REC POOL 7AM - 3PM						
Rec 6	Rec 5	Rec 4	Rec 3	Rec 2	Rec 1	
CLOSED						
Fitness 915-1045am						
GAC Lessons 815am-1pm						
Family Swim 1-3pm						
CLOSED						
MAIN ENTRANCE						

REC POOL	
LAP LANES AND CLASSES ARE ADULT ONLY	
WATER FITNESS	
915 - 10am 10 -1045am	
SENIOR OPEN SWIM	
LAP SWIM & WATER WALKING	
REC POOL	Lanes
7 - 815am	4
815 - 915am	3
915 - 1045am	1
1045am - 1pm	3
1 - 3pm	4
FAMILY SWIM	
1-3pm	

BACK PATIO													
T 20	T 19	T 18	T 17	T 16	T 15	T 14	T 13	T 12	T 11	T 10	T 9		
5-530 AM	CLOSED												
530-6 AM	CLOSED												
6-630 AM	CLOSED												
630-7 AM	GAY 630-830												
7-730 AM	GAY 630-830												
730-8 AM	GAY 630-830												
8-830 AM	GAY 630-830												
830-9 AM	GAY 830-930												
9-930 AM	GAY 830-930												
930-10 AM	GAY 930-1030												
10-1030 AM	GAY 930-1030												
1030-11 AM	GAY 930-1030												
11-1130 AM	GAY 930-1030												
1130-12 PM	GAY 930-1030												
12-1230 PM	GAY 930-1030												
1230-1 PM	GAY 930-1030												
1-130 PM	GAY 930-1030												
130-2 PM	GAY 930-1030												
2-230 PM	GAY 930-1030												
230-3 PM	GAY 930-1030												
3-330 PM	GAY 930-1030												
330-4 PM	GAY 930-1030												
4-430 PM	GAY 930-1030												
430-5 PM	GAY 930-1030												
5-530 PM	GAY 930-1030												
530-6 PM	GAY 930-1030												
6-630 PM	GAY 930-1030												
630-7 PM	GAY 930-1030												
7-730 PM	GAY 930-1030												
730-8 PM	GAY 930-1030												
8-830 PM	GAY 930-1030												
830-9 PM	GAY 930-1030												
9-930 PM	GAY 930-1030												

TRAINING POOL LAP SWIM & WATER WALKING ADULT ONLY			
7' Deep	LANES	4' Deep	LANES
7 - 830am	3	7 - 9am	3
830 - 930am	7	9 - 11am	8
930 - 1030am	6	11am - 1230pm	6
1030 - 11am	11	1230 - 1pm	8
11 - 2pm	9	1 - 130pm	7
2 - 5pm	11	130 - 2pm	5
		2 - 230pm	2
		230 - 3pm	5
		3 - 5pm	8

SENIOR OPEN SWIM	
7' DEPTH	
4' DEPTH	
DEEP WATER FITNESS	

CLASSROOMS	
Hospitality	
Classroom 2	
Mezzanine	

TRAINING POOL 7AM - 5PM																																
5-530 AM	530-6 AM	6-630 AM	630-7 AM	7-730 AM	730-8 AM	8-830 AM	830-9 AM	9-930 AM	930-10 AM	10-1030 AM	1030-11 AM	11-1130 AM	1130-12 PM	12-1230 PM	1230-1 PM	1-130 PM	130-2 PM	2-230 PM	230-3 PM	3-330 PM	330-4 PM	4-430 PM	430-5 PM	5-530 PM	530-6 PM	6-630 PM	630-7 PM	7-730 PM	730-8 PM	8-830 PM	830-9 PM	9-930 PM
CLOSED														GAP 11-1230		GAC Lesson		CLOSED														
CLOSED														GSA 7-9		TASA 2-3		CLOSED														
CLOSED														GAC PRI		CLOSED																

