

GAC LANE SCHEDULE

Saturday, March 14, 2026

DIVE WELL 530AM - 8PM							COMPETITION POOL 530AM - 8PM														REC POOL 7AM - 3PM						REC POOL															
DW 7	DW 6	DW 5	DW 4	DW 3	DW 2	DW 1	C 14 C 13 C 12 C 11 C 10 C 9 C 8 C 7 C 6 C 5 C 4 C 3 C 2 C 1														Rec 6	Rec 5	Rec 4	Rec 3	Rec 2	Rec 1	LAP LANES AND CLASSES ARE ADULT ONLY															
5-530 AM 530-6 AM 6-630 AM 630-7 AM 7-730 AM 730-8 AM 8-830 AM 830-9 AM 9-930 AM 930-10 AM 10-1030 AM 1030-11 AM 11-1130 AM 1130-12 PM 12-1230 PM 1230-1 PM 1-130 PM 130-2 PM 2-230 PM 230-3 PM 3-330 PM 330-4 PM 4-430 PM 430-5 PM 430-5 PM 5-530 PM 530-6 PM 6-630 PM 630-7 PM 7-730 PM 730-8 PM 8-830 PM 830-9 PM 9-930 PM							645-730am 730-8am 8-9am 9-10am 10 - 11am 11-12pm 12-1pm 1-2pm 2-3pm 3-330pm 330-4pm 4-430pm 430-5pm 5-530pm 530-6pm 6-630pm 630-7pm 7-730pm 730-8pm 8-830pm														7AM - 3PM 7-730 AM 730-8 AM 8-830 AM 830-9 AM 9-930 AM 930-10 AM 10-1030 AM 1030-11 AM 11-1130 AM 1130-12 PM 12-1230 PM 1230-1 PM 1-130 PM 130-2 PM 2-230 PM 230-3 PM 3-330 PM 330-4 PM 4-430 PM 430-5 PM 430-5 PM 5-530 PM 530-6 PM 6-630 PM 630-7 PM 7-730 PM 730-8 PM 8-830 PM						915 - 10am 10 - 1045am															
CLOSED							SONC Mock Meet 7:30 AM - 12:00 PM														CLOSED						915 - 10am 10 - 1045am															
U Air/Red Wolf 11-1							BULK HEAD														GAC Lessons 815am - 1pm						SENIOR OPEN SWIM															
TDA 145-330																					Fitness 915-1045am						LAP SWIM & WATER WALKING															
CLOSED																					Family Swim 1-3pm						<table border="1"> <tr> <th>REC POOL</th> <th>Lanes</th> </tr> <tr> <td>7 - 815am</td> <td>4</td> </tr> <tr> <td>815 - 915am</td> <td>3</td> </tr> <tr> <td>915 - 1045am</td> <td>1</td> </tr> <tr> <td>1045am - 1pm</td> <td>3</td> </tr> <tr> <td>1 - 3pm</td> <td>4</td> </tr> </table>				REC POOL	Lanes	7 - 815am	4	815 - 915am	3	915 - 1045am	1	1045am - 1pm	3	1 - 3pm	4
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1 - 3pm	4																																									
BACK PATIO							CONNECTOR LOBBY & ENTRANCE														CLOSED						FAMILY SWIM 1-3pm															
8 7 6 5 4 3 2 1							Comp Pool B (Dive Well) 630-730am 730-8am 8-830am 830-9am 9-930am 930-10am 10-1030am 1130-12pm 12-1pm 1-2pm 2-3pm 3-330pm 330-4pm 4-430pm 430-5pm 5-530pm 530-6pm 6-630pm 630-7pm 7-730pm 730-8pm 8-830pm														GAC Lessons 815am - 1pm						FAMILY SWIM 1-3pm															
CONNECTOR LOBBY & ENTRANCE							GAC Lessons 815am - 1pm														CLOSED						FAMILY SWIM 1-3pm															

T 20	T 19	T 18	T 17	T 16	T 15	T 14	T 13	T 12	T 11	T 10	T 9
5-530 AM 530-6 AM 6-630 AM 630-7 AM 7-730 AM 730-8 AM 8-830 AM 830-9 AM 9-930 AM 930-10 AM 10-1030 AM 1030-11 AM 11-1130 AM 1130-12 PM 12-1230 PM 1230-1 PM 1-130 PM 130-2 PM 2-230 PM 230-3 PM 3-330 PM 330-4 PM 4-430 PM 430-5 PM 5-530 PM 530-6 PM 6-630 PM 630-7 PM 7-730 PM 730-8 PM 8-830 PM 830-9 PM 9-930 PM											
CLOSED											
GSA 7-9am			GSA 7-9am			STAR 9 - 11am			SA 9-12a		
GAC Waves		GAP 11-1230		CWP 2-5		CLOSED		CLOSED		CLOSED	

TRAINING POOL LAP SWIM & WATER WALKING ADULT ONLY			
7' Deep	LANES	4' Deep	LANES
7 - 9am	1	7 - 8am	8
9 - 11am	7	8 - 9am	3
11am - 12pm	5	9 - 10am	2
12 - 1230pm	7	10am - 1pm	8
1230 - 2pm	9	1 - 130pm	7
2 - 5pm	4	130 - 2pm	5
		2 - 230pm	3
		230 - 3pm	6
		3 - 5pm	8

SENIOR OPEN SWIM
7' DEPTH
4' DEPTH
DEEP WATER FITNESS

CLASSROOMS
Hospitality
Classroom 2
Mezzanine

TRAINING POOL 7AM - 5PM																																
5-530 AM	530-6 AM	6-630 AM	630-7 AM	7-730 AM	730-8 AM	8-830 AM	830-9 AM	9-930 AM	930-10 AM	10-1030 AM	1030-11 AM	11-1130 AM	1130-12 PM	12-1230 PM	1230-1 PM	1-130 PM	130-2 PM	2-230 PM	230-3 PM	3-330 PM	330-4 PM	4-430 PM	430-5 PM	5-530 PM	530-6 PM	6-630 PM	630-7 PM	7-730 PM	730-8 PM	8-830 PM	830-9 PM	9-930 PM
CLOSED																																
GAC Lesson																																
TM																																
STAR 8 - 10am																																
GAC PRI																																
TAS A 2,3																																
CLOSED																																
T 8	T 7	T 6	T 5	T 4	T 3	T 2	T 1																									

