

DECEMBER 29, 2025 – JANUARY 04, 2025

MONDAY, DECEMBER 29

Rec Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water Walking

Time	Lanes
6 - 745am	4
745 - 10am	2
10 - 1pm	3
1 - 3pm	2
3 - 4pm	3
4 - 530pm	4
530 - 630pm	2
630 - 7pm	4

Senior Open Swim

9am-10am

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
7 - 8am	7
8 - 830am	0
830 - 9am	3
9 - 10am	2
10 - 1130am	5
1130am - 4pm	11
4 - 430pm	7
430 - 5pm	5
5 - 530pm	7
530 - 7pm	9

4' Deep Lanes (SCY)

Time	Lanes
7 - 8am	8
8 - 930am	1
930am - 6pm	8
6 - 7pm	6

Deep Water Fitness

9am-10am

Senior Open Swim

9am-12pm

TUESDAY, DECEMBER 30

Rec Pool

Water Fitness

745-845am
845-945am
530-615pm
615-7pm

Lap Swim & Water Walking

Time	Lanes
6 - 7am	2
7 - 745am	4
745 - 10am	2
10 - 1pm	0
1 - 3pm	2
3 - 330pm	4
330 - 530pm	3
530 - 7pm	1

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Reach One Veteran

6-7am

Training Pool

Lap Swim

7' Deep Lanes (SCY)

7 - 8am	7
8 - 830am	0
830 - 10am	3
10 - 1130am	5
1130am - 4pm	11
4 - 430pm	10
430 - 530pm	8
530 - 7pm	9

4' Deep Lanes (SCY)

Time	Lanes
7 - 8am	8
8 - 930am	1
930 - 12pm	8
12 - 130pm	7
130 - 6pm	8
6 - 7pm	4

Senior Open Swim

9am-12pm

WEDNESDAY, DECEMBER 31

Rec Pool

Water Fitness

745-845am
845-945am

Lap Swim & Water Walking

Time	Lanes
6 - 745am	4
745 - 10am	2
10 - 1pm	4
1 - 3pm	2

Senior Open Swim

9am-10am

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

7 - 8am	5
8 - 830am	0
830 - 9am	3
9 - 10am	0
10 - 1130am	5
1130am - 3pm	11

4' Deep Lanes (SCY)

7 - 9am	1
9 - 930am	7
930 - 11am	6
11am - 12pm	7
12 - 3pm	8

Senior Open Swim

9am-12pm

THURSDAY, JANUARY 01

CLOSED

FRIDAY, JANUARY 02**Rec Pool****Water Fitness**

745-845am
845-930am

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
6 - 745am	4
745 - 930am	2
930 - 10am	4
10 - 1pm	0
1 - 3pm	4
3 - 620pm	0

Senior Open Swim

9am-10am

Family Swim

1-3pm

Training Pool**Lap Swim****7' Deep Lanes (SCY)**

7 - 8am	11
8 - 10am	0
10 - 1130am	5
1130am - 4pm	11
4 - 430pm	10
430 - 530pm	8
530 - 7pm	9

4' Deep Lanes (SCY)

7 - 8am	8
8 - 1030am	1
1030am - 12pm	8
12 - 130pm	7
130 - 6pm	8
6 - 7pm	4

Senior Open Swim

9am-12pm

SATURDAY, JANUARY 03**Rec Pool****Water Fitness**

915-10am
10-1045am

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
7 - 8am	4
8 - 915am	3
915 - 1045am	1
1045 - 130pm	3
130 - 3pm	4

Family Swim

1-3pm

Training Pool**Lap Swim****7' Deep Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
7 - 9am	1
9 - 930am	8
930 - 11am	7
11am - 1215pm	10
1215 - 145pm	9
145 - 5pm	11

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
7 - 8am	8
8 - 10am	3
10am - 1pm	8
1 - 2pm	6
2 - 3pm	3
3 - 5pm	8

SUNDAY, JANUARY 04

CLOSED