DECEMBER 22, 2025 – DECEMBER 28, 2025

MONDAY, DECEMBER 22

Rec Pool (CLOSED) Moved to Training Pool

Water Fitness 745-845am 845-945am 530-630pm

Lap Swim & Water Walking

See "4' Deep Lanes"=>

Family Swim 1-3pm

Training Pool

Lap Swim

7' Deep Lanes	(SCY)
<u>Time</u>	Lanes
7 - 9am	1
9 - 10am	0
10 - 1030am	1
1030 - 11am	1
11am - 12pm	2
12 - 4pm	11
4 - 430pm	7
430 - 5pm	5
5 - 530pm	7
530 - 7pm	9

4' Deep Lanes (SCY)

Time	Lanes
7 - 730am	4
730 - 830am	2
830 - 9am	6
9 - 10am	3
10 - 11am	8
11am - 12pm	5
12 - 1pm	8
1 - 3pm	6
3 - 530pm	8
530 - 6pm	6
6 - 630pm	4
630 - 7pm	6
Deep Water F	itness

9-10am

Senior Open Swim

9am-12pm

TUESDAY, DECEMBER 23

Rec Pool (CLOSED) Moved to Training Pool

Water Fitness 745-845am 845-945am 530-615pm 615-7pm

Lap Swim & Water Walking

See "4' Deep Lanes"=>

Family Swim 1-3pm

Reach One Veteran 7-8am

Training Pool

Lap Swim 7' Deep Lanes (SCY)

7 - 8am	11
8 - 10am	3
10 - 1130am	5
1130am - 4pm	11
4 - 430pm	10
430 - 530pm	7
530 - 7pm	9
4' Deep Lanes	(SCY)
<u>Time</u>	<u>Lanes</u>
7 - 730am	1
730 - 9am	0
9 - 930am	4
930 - 10am	5
10am - 1pm	8
1 - 3pm	6
3 - 5pm	8
5 - 6pm	6
6 - 7pm	4

Senior Open Swim

9am-12pm

WEDNESDAY, DECEMBER 24

Rec Pool (CLOSED) **Moved to Training Pool**

Training Pool

Water Fitness

745-845am 845-945am

Lap Swim & Water Walking

See "4' Deep Lanes"=>

Senior Open Swim 9am-10am

Family Swim 1-3pm

Lap Swim

7' Deep Lanes	(SCY)
7 - 9am	11
9 - 930am	10
930 - 11am	6
11am -12pm	8
12 - 3pm	11
4' Deep Lanes	(SCY)
7 - 730am	4
730 - 830am	2
830 - 10am	6

10am - 1pm

1 - 3pm

Senior Open Swim 9am-12pm

8

6

THURSDAY, DECEMBER 25

CLOSED

FRIDAY, DECEMBER 26

Rec Pool (CLOSED) **Moved to Training Pool**

Water Fitness

745-845am 845-930am

Lap Swim & Water Walking

See "4' Deep Lanes"=>

Senior Open Swim 9am-10am

Training Pool

Lap Swim

_ap 0		
7' Deep Lanes	(SCY)	
7 - 9am	11	
9 - 930am	10	
930 - 11am	9	
11am - 12pm	8	
4' Deep Lanes	(SCY)	
7 - 730am	4	
730 - 830am	2	
830 - 9am	6	
830 - 9am 9 - 930am	6 3	
	-	

Senior Open Swim 9am-12pm

SATURDAY, DECEMBER 27

Rec Pool (CLOSED) **Moved to Training Pool**

Water Fitness 915-10am 10-1045am

Lap Swim & Water Walking

See "4' Deep Lanes"=>

Family Swim 1-3pm

Training Pool

Lap Swim 7' Deep Lanes (SCY)

rime	Lanes
7 - 9am	1
9 - 930am	8
930 - 11am	7
11am - 12pm	10
12 - 5pm	11
4' Deep Lanes	(SCY)
<u>Time</u>	Lanes
7 - 8am	8
8 - 9am	3
9 - 10am	1
10 - 11am	6
11am - 1pm	8
1 - 2pm	6
2 - 3pm	3
3 - 5pm	8

SUNDAY, DECEMBER 28

CLOSED