# OCTOBER 6, 2025 – OCTOBER 12, 2025

#### **MONDAY, OCTOBER 6**

2<sup>nd</sup> Grade Learn to Swim in the Rec Pool 1030am - 1pm

#### **Rec Pool**

#### **Training Pool**

Water Fitness	8	Lap Swi	m
745-845am		7' Deep Lanes	(SCY)
845-945am		<u>Time</u>	<u>Lanes</u>
530-630pm		530 - 7am	4
		7 - 745 am	9
Lap Swim & Wa	ıter	745am - 4pm	11
Walking		4 - 5pm	10
	nes	5 - 530pm	5
6 - 745am	4	530 - 630pm	6
745 - 10am	2	6 - 630pm	7
10 - 1pm	0	630 - 730pm	8
•		730 - 8pm	11
1 - 3pm	2		(0.010
3 - 4pm	3	4' Deep Lanes	(SCY)
4 - 5pm	4	<u>Time</u>	<u>Lanes</u>
5 - 530pm	3	530 -7am	4
530 - 630pm	1	7am - 2pm	8
630 - 7pm	3	2 - 3pm	6
		3 - 4pm	8
Senior Open Sw	/im	4 - 630pm	1
9am-10am	V 11 1 1	630 - 730pm	5
Jain-Toain		730 - 8pm	8
Family Swim			
. op		0 1 0	0

9am-12pm

Senior Open Swim

#### **WEDNESDAY, OCTOBER 8**

2<sup>nd</sup> Grade Learn to Swim in the Rec Pool 1030am - 1pm

## **Rec Pool**

1-3pm

## **Training Pool**

Water Fitness	Lap Swim	
745-845am	7' Deep Lanes (SCY)	
845-945am	530 - 7am 4	
530-630pm	7 - 745 am 9	
Lap Swim & Water	745am - 4pm 11	
Walking	4 - 430pm 10	
Time Lanes	430 - 5pm 9	
6 - 745am 4	5 - 530pm 5	
745 - 10am 2	6 - 630pm 7	
10 - 1pm 0	630 - 730pm 8	
1 - 3pm 2	730 - 8pm 11	
3 - 4pm 3	4' Deep Lanes (SCY)	
4 - 5pm 4	530 -7am 4	
5 - 530pm 3	7am - 2pm 8	
530 - 630pm 1	2 - 3pm 6	
630 - 7pm 3	3 - 4pm 8	
'	4 - 630pm 1	
Senior Open Swim	630 - 7pm 8	
9am-10am	7pm - 8pm 7	
Family Swim	Senior Open Swim 9am-12am	

#### **TUESDAY, OCTOBER 7**

2<sup>nd</sup> Grade Learn to Swim in the Rec Pool 1030am - 1pm

1030aiii - Tpili				
Rec Pool		Training P	<u>Training Pool</u>	
Water Fitnes	S	_		
745-845am		Lap Swin	n	
845-945am		7' Deep Lanes (SCY)		
530-615pm		Time	Lanes	
615-7pm		530 - 9am	11	
		9 - 10am	10	
Lap Swim & Wa	ater	10am - 4pm	11	
Walking		4 - 430pm	10	
<u>Time</u> <u>La</u>	<u>anes</u>	430 - 5pm	9	
6 - 7am	2	5 - 530pm	5	
7 - 745am	4	530 - 630pm	6	
745 - 10am	2	630 - 730pm	4	
10 - 1pm 0		4' Deep Lanes (SCY)		
1 - 3pm	2	<u>Time</u>	<u>Lanes</u>	
3 - 330pm	4	530 - 7am	8	
330 - 530pm	3	7 - 8am	7	
530 - 7pm	1	8am - 12pm	8	
		12 - 130pm	7	
Senior Open Swim		130 - 4pm	8	
9am-12pm		4 - 630pm	1	
Jani-12pin		630 - 7pm	8	
Eomily Swim		7 - 8pm	6	
Family Swim 1-3pm	ı	Deep Water F	itness	
D I- O \/ - (-		9am-10am	ı	

Reach One Veteran 6-7am

Senior Open Swim

9am-12pm

## **THURSDAY, OCTOBER 9**

2<sup>nd</sup> Grade Learn to Swim in the Rec Pool 1030am - 1pm

## **Training Pool**

Water Fitness	Lap Swim
745-845am	7' Deep Lanes (SCY)
845-945am	<u>Time</u> <u>Lanes</u>
530-615pm	530am - 4pm 11
615-7pm	4 - 430pm 10
	430 - 5pm 9
Lap Swim & Water	5 - 530pm 4
Walking	530 - 630pm 6
<u>Time</u> <u>Lanes</u>	630 - 730pm 4
6 - 7am 2	730 - 8pm 9
7 - 745am 4	4' Deep Lanes (SCY)
745 - 10am 2	Time Lanes
10am - 1pm 0	530 - 7am 8
1 - 3pm 2	7 - 8am 7
3 - 330pm 4	8am - 12pm 8
330 - 530pm 3 530 -7pm 1	12 - 130pm 7
530 -7pm 1	130 - 4pm 8
Formily Covins	4 - 630pm 1
Family Swim	•
1-3pm	<b>I</b>
	7 - 8pm 6
Senior Open Swim	Senior Open Swim
9am-10am	9am-12pm

Reach One Veteran

6-7am

## FRIDAY, OCTOBER 10 2nd Grade Learn to Swim in the Rec Pool

1030am - 1pm

## Rec Pool

## Training Pool

Water Fitness 745-845am		Lap Swim 7' Deep Lanes (SCY)	
845-930am		Time	<u>Lanes</u>
Lap Swim & W	ater	5 <del>30 -7</del> am	4
Walking	atoi	7 - 730am	7
	anes	730 - 4pm	11
6 - 745am	4	4 - 430pm	7
745 - 930am	2	430 - 630pm	5
930 -10am	4	630 - 730pm	9
10 - 1pm	0	730 - 8pm	11
1 - 3pm	4	4' Deep Lanes	(SCY)
3 - 620pm	0	<u>Time</u>	Lanes
		530 - 7am	4
Senior Open S	wim	7am - 4pm	8
9am-1030pm		4 - 430pm	7
•		430 - 530pm	1
Family Swin	n	530 - 6pm	2
1-3pm		6 - 730pm	1
		730 - 8pm	8

Senior Open Swim 9am-12pm

## **SATURDAY, OCTOBER 11**

## Rec Pool

## **Training Pool**

Water Fitness	Lap Swi	Lap Swim	
915-10am	7' Deep Lanes (SCY)		
10-1045am	Time	Lanes	
	7 -9am	1	
Lap Swim & Water	9 - 930am	1	
Walking	930 - 11am	0	
Time Lanes	11am - 12pm	1	
7 - 8am 4	12 -130pm	7	
8 - 915am 3	2 - 5pm	4	
915 - 1045am 1	4' Deep Lanes	(SCY)	
1045am - 130pm 3	Time	Lanes	
130 - 3pm 4	7 - 8am	8	
	8 -10am	3	
Family Swim	10am - 1pm	8	
1-3pm	1 - 2pm	7	
	2 - 230pm	4	
	230 - 3pm	5	
	3 - 5pm	8	

SUNDAY, OCTOBER 12 CLOSED