

GAC LANE SCHEDULE

Tuesday, September 30, 2025

DIVE WELL 530AM - 8PM							COMPETITION POOL 530AM - 8PM														REC POOL 6AM - 7PM						REC POOL										
DW 7	DW 6	DW 5	DW 4	DW 3	DW 2	DW 1					C 14	C 13	C 12	C 11	C 10	C 9	C 8	C 7	C 6	C 5	C 4	C 3	C 2	C 1	Rec 6	Rec 5	Rec 4	Rec 3	Rec 2	Rec 1	LAP LANES AND CLASSES ARE ADULT ONLY						
CLOSED							5-530 AM	530-6 AM	6-630 AM	630-7 AM	7-730 AM	730-8 AM	8-830 AM	830-9 AM	9a-1pm	1-330pm	330-4pm	4-430pm	430-5pm	5-530pm	530-6pm	6-630pm	630-7pm	7-730pm	730-8pm	8-830pm	CLOSED		Veterans 6 - 7am		Fitness 745 - 945AM		WATER FITNESS				
5-530 AM																																745 - 845am					
530-6 AM																																845 - 945am					
6-630 AM																																530 - 615pm					
630-7 AM																																615 - 7pm					
7-730 AM																																SENIOR OPEN SWIM					
730-8 AM																																9 - 10am					
8-830 AM																																LAP SWIM & WATER WALKING					
830-9 AM																																REC POOL Lanes					
9-930 AM																																6 - 7am					
930-10 AM																																7 - 745am					
10-1030 AM																																745 - 10am					
1030-11 AM																																10 - 1pm					
11-1130 AM																																1 - 3pm					
1130-12 PM																																3 - 330pm					
12-1230 PM																																330 - 530pm					
1230-1 PM																																530 - 7pm					
1-130 PM																																					
130-2 PM																																					
2-230 PM																																					
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630-7 PM																																					
7-730 PM																																					
730-8 PM																																					
8-830 PM																																					
830-9 PM																																					
9-930 PM																																					
BACK PATIO							COMP Pool B (Dive Well)														REC Pool						LAP Lanes										
							8	5-530 AM	530-6 AM	6-630 AM	630-7 AM	7-730 AM	730-8 AM	8-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-330pm	330-4pm	4-430pm	430-5pm	5-530pm	530-6pm	6-630pm	630-7pm	7-730pm	730-8pm	8-830pm	CLOSED		GCS LTS 10am -1pm					
							7	CLOSED														Family Swim 1-3pm		Connie 130-4pm													
							6															GAC Lessons															
							5															TASA 7-8pm															
							4															CLOSED															
							3																														
							2																														
							1																														
							CONNECTOR LOBBY & ENTRANCE														MAIN ENTRANCE						CLASSROOMS										
																											Hospitality										
																											Classroom 2										
																											Mezzanine										
																											</										

DIVE WELL
530AM - 8PM

DW 7
DW 6
DW 5
DW 4
DW 3
DW 2
DW 1

5-530 AM
530-6 AM
6-630 AM
630-7 AM
7-730 AM
730-8 AM
8-830 AM
830-9 AM
9-930 AM
930-10 AM
10-1030 AM
1030-11 AM
11-1130 AM
1130-12 PM
12-1230 PM
1230-1 PM
1-130 PM
130-2 PM
2-230 PM
230-3 PM
3-330 PM
330-4 PM
4-430 PM
430-5 PM
5-530 PM
530-6 PM
6-630 PM
630-7 PM
7-730 PM
730-8 PM
8-830 PM
830-9 PM
9-930 PM

CLOSED

NC State
815-1015am

UNC Diving
130-4pm

EAC 4-530pm

CW Polo
530-830pm

CLOSED

BACK PATIO

COMPETITION POOL
530AM - 8PM

C 14
C 13
C 12
C 11
C 10
C 9
C 8
C 7
C 6
C 5
C 4
C 3
C 2
C 1

5-530 AM
530-6 AM
6-630 AM
630-7 AM
7-730 AM
730-8 AM
8-830 AM
830-9 AM
9a-1pm
1-330pm
330-4pm
4-430pm
430-5pm
5-530pm
530-6pm
6-630pm
630-7pm
7-730pm
730-8pm
8-830pm

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CLOSED

5-530 AM
530-6 AM
6-630 AM
630-7 AM
7-730 AM
730-8 AM
8-830 AM
830-9 AM
9a-1pm
1-330pm
330-4pm
4-430pm
430-5pm
5-530pm
530-6pm
6-630pm
630-7pm
7-730pm
730-8pm
8-830pm

8
7
6
5
4
3
2
1

Comp Pool B (Dive Well)

CONNECTOR
LOBBY &
ENTRANCE

REC POOL
6AM - 7PM

Rec 6
Rec 5
Rec 4
Rec 3
Rec 2
Rec 1

CLOSED

Fitness
745 - 945AM

GCS
LTS
10am-1pm

Family
Swim
1-3pm

GP

Connie &
Cynthia
130-4pm

GP

GAC
Lessons

CLOSED

MAIN ENTRANCE

REC POOL

LAP LANES AND CLASSES
ARE ADULT ONLY

WATER FITNESS

745 - 845am
845 - 945am
530 - 630pm

SENIOR OPEN SWIM

9 - 10am

LAP SWIM & WATER
WALKING

REC POOL Lanes

6 - 745am 4
745 - 10am 2
10 - 1pm 0
1 - 3pm 2
3 - 4pm 3
4 - 5pm 4
5 - 530pm 3
530 - 630pm 1
630 - 7pm 3

FAMILY SWIM

1 - 3pm

TRAINING POOL LAP SWIM & WATER
WALKING
ADULT ONLY

7' Deep LANES 4' Deep LANES

530 - 7am 4 530 - 7am 4
7 - 8am 9 7am - 2pm 8
8am - 4pm 11 2 - 3pm 6
4 - 430pm 6 3 - 430pm 8
430 - 5pm 1 430 - 5pm 3
5 - 630pm 0 5 - 6pm 1
630 - 8pm 2 6 - 7pm 6
7 - 8pm 1

SENIOR OPEN SWIM

9:00 AM - 12:00 PM

7' DEPTH

4' DEPTH

DEEP WATER FITNESS

CLASSROOMS

Hospitality

6 - 7pm GSA

Classroom 2

Mezzanine

TRAINING POOL
530AM - 8PM

5-530 AM
530-6 AM
6-630 AM
630-7 AM
7-730 AM
730-8 AM
8-830 AM
830-9 AM
9-930 AM
930-10 AM
10-1030 AM
1030-11 AM
11-1130 AM
1130-12 PM
12-1230 PM
1230-1 PM
1-130 PM
130-2 PM
2-230 PM
230-3 PM
3-330 PM
330-4 PM
4-430 PM
430-5 PM
5-530 PM
530-6 PM
6-630 PM
630-7 PM
7-730 PM
730-8 PM
8-830 PM
830-9 PM
9-930 PM

CLOSED

EACM
530-7am

STAR
2-3pm

GSA
430-6pm

EAC 5-730p

GSA
7-8pm

CLOSED

T 8
T 7
T 6
T 5
T 4
T 3
T 2
T 1

GAC LANE SCHEDULE

Thursday, October 2, 2025

DIVE WELL
530AM - 8PM

DW 7
DW 6
DW 5
DW 4
DW 3
DW 2
DW 1

5-530 AM
530-6 AM
6-630 AM
630-7 AM
7-730 AM
730-8 AM
8-830 AM
830-9 AM
9-930 AM
930-10 AM
10-1030 AM
1030-11 AM
11-1130 AM
1130-12 PM
12-1230 PM
1230-1 PM
1-130 PM
130-2 PM
2-230 PM
230-3 PM
3-330 PM
330-4 PM
4-430 PM
430-5 PM
5-530 PM
530-6 PM
6-630 PM
630-7 PM
7-730 PM
730-8 PM
8-830 PM
830-9 PM
9-930 PM

CLOSED

U Air
4-630pm

TDA
615-730pm

CLOSED

BACK PATIO

COMPETITION POOL
530AM - 8PM

5-530 AM
530-6 AM
6-630 AM
630-7 AM
7-730 AM
730-8 AM
8-830 AM
830-9 AM
9a-1pm
1-330pm
330-4pm
4-430pm
430-5pm
5-530pm
530-6pm
6-630pm
630-7pm
7-730pm
730-8pm
8-830pm

C 14
C 13
C 12
C 11
C 10
C 9
C 8
C 7
C 6
C 5
C 4
C 3
C 2
C 1

CLOSED

B
U
L
K
H
E
A
D

CLOSED

Comp Pool B (Dive Well)
8
7
6
5
4
3
2
1

5-530 AM
530-6 AM
6-630 AM
630-7 AM
7-730 AM
730-8am
8-11am
11am-12pm
12-1pm
1-2pm
2-3pm
3-330pm
330-4pm
4-430pm
430-5pm
5-530pm
530-6pm
6-630pm
630-7pm
7-730pm
730-8pm
8-830pm

CLOSED

CONNECTOR LOBBY & ENTRANCE

REC POOL
6AM - 7PM

Rec 6
Rec 5
Rec 4
Rec 3
Rec 2
Rec 1

CLOSED

Veterans
6 - 7am

Fitness
745 - 945AM

GCS
LTS
10am -1pm

Family
Swim
1-3pm

Connie &
Cynthia
130-4pm

GAC Lessons

TASA
7-8pm

CLOSED

MAIN ENTRANCE

REC POOL

LAP LANES AND CLASSES
ARE ADULT ONLY

WATER FITNESS

745 - 845am
845 - 945am
530 - 615pm
615 - 7pm

SENIOR OPEN SWIM

9 - 10am

LAP SWIM & WATER
WALKING

REC POOL Lanes

6 - 7am 2
7 - 745am 4
745 - 10am 2
10 - 1pm 0
1 - 3pm 2
3 - 330pm 4
330 - 530pm 3
530 - 7pm 1

FAMILY SWIM

1 - 3pm

5-530 AM
530-6 AM
6-630 AM
630-7 AM
7-730 AM
730-8 AM
8-830 AM
830-9 AM
9-930 AM
930-10 AM
10-1030 AM
1030-11 AM
11-1130 AM
1130-12 PM
12-1230 PM
1230-1 PM
1-130 PM
130-2 PM
2-230 PM
230-3 PM
3-330 PM
330-4 PM
4-430 PM
430-5 PM
5-530 PM
530-6 PM
6-630 PM
630-7 PM
7-730 PM
730-8 PM
8-830 PM
830-9 PM
9-930 PM

CLOSED

EACM
530 - 7am

GSA
6 - 730am

GCY 430-8

GSA 430-8

CLOSED

TRAINING POOL LAP SWIM & WATER
WALKING
ADULT ONLY

7' Deep LANES 4' Deep LANES

530 - 6am 7 530 - 730am 3
6 - 7am 1 730-8am 7
7 - 730am 5 8am - 12pm 8
730 - 430pm 11 12 - 130pm 7
430 - 8pm 0 130 - 4pm 8
4 - 5pm 3
5 - 630pm 1
630 - 730pm 4
730 - 8pm 8

SENIOR OPEN SWIM

9:00 AM - 12:00 PM

7' DEPTH

4' DEPTH

DEEP WATER FITNESS

CLASSROOMS

Hospitality

Classroom 2

Mezzanine

TRAINING POOL
530AM - 8PM

5-530 AM
530-6 AM
6-630 AM
630-7 AM
7-730 AM
730-8 AM
8-830 AM
830-9 AM
9-930 AM
930-10 AM
10-1030 AM
1030-11 AM
11-1130 AM
1130-12 PM
12-1230 PM
1230-1 PM
1-130 PM
130-2 PM
2-230 PM
230-3 PM
3-330 PM
330-4 PM
4-430 PM
430-5 PM
5-530 PM
530-6 PM
6-630 PM
630-7 PM
7-730 PM
730-8 PM
8-830 PM
9-930 PM

CLOSED

STAR
530 - 730am

GC

AF

STAR
4-630pm

EAC
730pm

TM
630-730pm

CLOSED

T 8
T 7
T 6
T 5
T 4
T 3
T 2
T 1

GAC LANE SCHEDULE															Saturday, October 4, 2025																																												
DIVE WELL 530AM - 8PM							COMPETITION POOL 530AM - 8PM														REC POOL 7AM - 3PM						REC POOL																																
DW 7	DW 6	DW 5	DW 4	DW 3	DW 2	DW 1															Rec 6	Rec 5	Rec 4	Rec 3	Rec 2	Rec 1	LAP LANES AND CLASSES ARE ADULT ONLY																																
5-530 AM 530-6 AM 6-630 AM 630-7 AM 7-730 AM 730-8 AM 8-830 AM 830-9 AM 9-930 AM 930-10 AM 10-1030 AM 1030-11 AM 11-1130 AM 1130-12 PM 12-1230 PM 1230-1 PM 1-130 PM 130-2 PM 2-230 PM 230-3 PM 3-330 PM 330-4 PM 4-430 PM 430-5 PM 5-530 PM 530-6 PM 6-630 PM 630-7 PM 7-730 PM 730-8 PM 8-830 PM 830-9 PM 9-930 PM							CLOSED							5-530 AM 530-6 AM 6-630 AM 630-7 AM 7-730 AM 730-8am 8-11am 11am-12pm 12-1pm 1-2pm 2-3pm 3-330pm 330-4pm 4-430pm 430-5pm 5-530pm 530-6pm 6-630pm 630-7pm 7-730pm 730-9pm 8-830pm							CLOSED														CLOSED						Fitness 915-1045am GAC Lessons 8:15am -130pm Family Swim 1-3pm Birthday Party 1-3pm																		
UNC Diving 9-11am							TDA 145-345pm							CLOSED							NCS All Star Clinic 1-3pm							CLOSED							CLOSED						REC POOL 7AM - 3PM				LAP LANES AND CLASSES ARE ADULT ONLY														
BACK PATIO							CONNECTOR LOBBY & ENTRANCE							TRAINING POOL LAP SWIM & WATER WALKING ADULT ONLY							SENIOR OPEN SWIM							CLASSROOMS							LAP LANES AND CLASSES ARE ADULT ONLY																								
5-530 AM 530-6 AM 6-630 AM 630-7 AM 7-730 AM 730-8 AM 8-830 AM 830-9 AM 9-930 AM							CLOSED							GSA 7-9am							GSA 7-9am							STAR 9 - 11am SA 9 - 12pm GAC Lesson GAP 1215-145pm							TRAINING POOL 7AM - 5PM							SENIOR OPEN SWIM							CLASSROOMS							WATER FITNESS			
5-530 AM 530-6 AM 6-630 AM 630-7 AM 7-730 AM 730-8 AM 8-830 AM 830-9 AM 9-930 PM							CLOSED							GSA 7-9am							GSA 7-9am							STAR 9 - 11am SA 9 - 12pm GAC Lesson GAP 1215-145pm							TRAINING POOL 7AM - 5PM							SENIOR OPEN SWIM							CLASSROOMS							915 - 10am 10 - 1045am			
5-530 AM 530-6 AM 6-630 AM 630-7 AM 7-730 AM 730-8 AM 8-830 PM 830-9 PM 9-930 PM							CLOSED							GSA 7-9am							GSA 7-9am							STAR 9 - 11am SA 9 - 12pm GAC Lesson GAP 1215-145pm							TRAINING POOL 7AM - 5PM							SENIOR OPEN SWIM							CLASSROOMS							915 - 10am 10 - 1045am			
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5-530 AM 530-6 PM 6-630 PM 630-7 PM 7-730 PM 730-8 PM 8-830 PM 830-9 PM 9-930 PM							CLOSED							GSA 7-9am							GSA 7-9am							STAR 9 - 11am SA 9 - 12pm GAC Lesson GAP 1215-145pm							TRAINING POOL 7AM - 5PM							SENIOR OPEN SWIM							CLASSROOMS							1			
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5-530 AM 530-6 PM 6-630 PM 630-7 PM 7-730 PM 730-8 PM 8-830 PM 830-9 PM 9-930 PM							CLOSED							GSA 7-9am							GSA 7-9am							STAR 9 - 11am SA 9 - 12pm GAC Lesson GAP 1215-145pm							TRAINING POOL 7AM - 5PM							SENIOR OPEN SWIM							CLASSROOMS							0			
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5-530 AM 530-6 PM 6-630 PM 630-7 PM 7-730 PM 730-8 PM 8-830 PM 830-9 PM 9-930 PM							CLOSED							GSA 7-9am							GSA 7-9am							STAR 9 - 11am SA 9 - 12pm GAC Lesson GAP 1215-145pm							TRAINING POOL 7AM - 5PM							SENIOR OPEN SWIM							CLASSROOMS							0			
5-530 AM 530-6 PM 6-630 PM 630-7 PM 7-730 PM 730-8 PM 8-830 PM 830-9 PM 9-930 PM							CLOSED							GSA 7-9am							GSA 7-9am							STAR 9 - 11am SA 9 - 12pm GAC Lesson GAP 1215-145pm							TRAINING POOL 7AM - 5PM							SENIOR OPEN SWIM							CLASSROOMS							0			
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5-530 AM 530-6 PM 6-630 PM 630-7 PM 7-730 PM 730-8 PM 8-830 PM 830-9 PM 9-930 PM							CLOSED							GSA 7-9am							GSA 7-9am							STAR 9 - 11am SA 9 - 12pm GAC Lesson GAP 1215-145pm							TRAINING POOL 7AM - 5PM							SENIOR OPEN SWIM							CLASSROOMS							0			
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5-530 AM 530-6 PM 6-630 PM 630-7 PM 7-730 PM 730-8 PM 8-830 PM 830-9 PM 9-930 PM							CLOSED							GSA 7-9am							GSA 7-9am							STAR 9 - 11am SA 9 - 12pm GAC Lesson GAP 1215-145pm							TRAINING POOL 7AM - 5PM							SENIOR OPEN SWIM							CLASSROOMS							0			
5-530 AM 530-6 PM 6-630 PM 630-7 PM 7-730 PM 730-8 PM 8-830 PM 830-9 PM 9-930 PM							CLOSED							GSA 7-9am							GSA 7-9am							STAR 9 - 11am SA 9 - 12pm GAC Lesson GAP 1215-145pm							TRAINING POOL 7AM - 5PM							SENIOR OPEN SWIM							CLASSROOMS							0			
5-530 AM 530-6 PM 6-630 PM 630-7 PM 7-730 PM 730-8 PM 8-830 PM 830-9 PM 9-930 PM							CLOSED							GSA 7-9am							GSA 7-9am							STAR 9 - 11am SA 9 - 12pm GAC Lesson GAP 1215-145pm							TRAINING POOL 7AM - 5PM							SENIOR OPEN SWIM							CLASSROOMS							0			
5-530 AM 530-6 PM 6-630 PM 630-7 PM 7-730 PM 730-8 PM 8-830 PM 830-9 PM 9-930 PM							CLOSED							GSA 7-9am							GSA 7-9am							STAR 9 - 11am SA 9 - 12pm GAC Lesson GAP 1215-145pm							TRAINING POOL 7AM - 5PM							SENIOR OPEN SWIM							CLASSROOMS							0			
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