SEPTEMBER 08, 2025 - SEPTEMBER 14, 2025

MONDAY, SEPTEMBER 8

2nd Grade Learn to Swim in the Rec Pool 1030am - 1pm

Rec Pool

Training Pool

Water Fitness	Lap Swir	n
745-845am	7' Deep Lanes	(SCY)
845-945am	<u>Time</u>	Lanes
530-630pm	530 - 7am	4
	7 - 745 am	9
Lap Swim & Water		11
Walking	4 - 5pm	9
Time Lanes	5 - 530pm	1
6 - 730am 4	530 - 6pm	3
745 - 10am 2	6 - 630pm	6
10am - 1pm 0	630 - 730pm	8
1 - 4pm 2	730 - 8pm	11
4 - 530pm 3	4' Deep Lanes	(SCY)
530 - 630pm 1	<u>Time</u>	<u>Lanes</u>
630 -7pm 3	530 -7am	4
6 - 730am 4	7am - 2pm	8
	2 - 3pm	6
Capier Open Cwim	3 - 4pm	8
Senior Open Swim	1 000pm	1
9am-10am	630 - 730pm	5
	730 - 8pm	8
Family Swim		
1-3pm		

Senior Open Swim

9am-12pm

WEDNESDAY, SEPTEMBER 10

2nd Grade Learn to Swim in the Rec Pool 1030am - 1pm

Rec Pool

Training Pool

Water Fitness	Lap Swir	m
745-845am	7' Deep Lanes	(SCY)
845-945am	<u>Time</u>	<u>Lanes</u>
530-630pm	530 - 7am	4
	7 - 745 am	9
Lap Swim & Water	745am - 4pm	11
Walking	4 - 4:30pm	9
Time <u>Lanes</u>	4:30-5pm	8
6 - 730am 4	5 - 530pm	4
745 - 10am 2	530 - 6:30pm	7
10am - 1pm 0	6:30-7:30pm	7
1 - 4pm 2	630 - 730pm	8
4 - 530pm 3	730 - 8pm	11
530 - 630pm 1	4' Deep Lanes	(SCY)
630 -7pm 3	<u>Time</u>	<u>Lanes</u>
•	530 -7am	4
	7am - 2pm	8
0	2 - 3pm	6
Senior Open Swim	3 - 4pm	8
9am-10am	4 - 630pm	1
	630 - 7pm	8
Family Swim 1-3pm	7 - 8pm	7

Senior Open Swim 9am-12pm

TUESDAY, SEPTEMBER 9

2nd Grade Learn to Swim in the Rec Pool 1030am - 1pm

Rec Pool

Water Fitness

745-845am 845-945am 530-615pm 615-7pm

Lap Swim & Water Walking

Time **Lanes** 6 - 7am 2 7 - 745am 745 - 10am 2 10am - 1pm 0 1 - 3pm 2 3 - 330pm 330 - 530pm 3 530 -7pm

Senior Open Swim 9am-10am

> Family Swim 1-3pm

Reach One Veteran 6-7am

Training Pool

Lap Swim 7' Deep Lanes (SCY) Time 530 - 9am 9 - 10am 9 10am - 4pm 11 4 - 5pm 9 5 - 530pm 530 - 6pm 3 6 - 630pm 630 - 730pm 730 - 8pm 4' Deep Lanes (SCY) Time Lanes 530 - 7am 8 7 - 8am 7 8am - 12pm 8 12 - 130pm 7 130 - 4pm 8 4 - 630pm 1 630 - 7pm 8 7 - 8pm

9am-10am

Deep Water Fitness

Senior Open Swim

9am-12pm

THURSDAY, SEPTEMBER 11

2nd Grade Learn to Swim in the Rec Pool 1030am - 1pm

Rec Pool

Training Pool

Water Fitnes 745-845am	SS	Lap Swin 7' Deep Lanes	
845-945am		<u>Time</u>	Lanes
Lap Swim & W Walking <u>Time</u> <u>La</u> 6 - 7am 7 - 745am 745 - 10am	ater anes 2 4 2	530am - 4pm 4 - 4:30pm 4:30-5pm 5 - 530pm 530 - 630pm 6:30 - 730pm 730 - 8pm	11 8 7 4 6 4 9
10am - 1pm	0	4' Deep Lanes	(SCY)
1 - 3pm	2	<u>Time</u>	Lanes
3 - 330pm	4	530 - 7am	8
330 - 530pm	3	7 0	_

4' Deep Lanes	(SCY)
<u>Time</u>	Lanes
530 - 7am	8
7 - 8am	7
8am - 12pm	8
12 - 130pm	7
130 - 4pm	8
4 - 630pm	1
630 - 7pm	8
7 - 8pm	6
Senior Open	Swim

9am-12pm

Reach One Veteran

530 -7pm

Family Swim 1-3pm

Senior Open Swim 9am-10am

6-7am

FRIDAY, SEPTEMBER 12

2nd Grade Learn to Swim in the Rec Pool 1030am - 1pm

Rec Pool

Training Pool

Water Fitness

745-845am 845-945am

Lap Swim & Water Walking

Time Lanes
6 - 730am 4
745 - 930am 2
930 -10am 4
10am - 1pm 0
1 - 3pm 2
3 - 620pm 0

Senior Open Swim 9am-1030pm

Family Swim 1-3pm

Lap Swim

7' Deep Lanes	(SCY)
<u>Time</u>	Lanes
530 -7am	4
7 - 730am	7
730 - 4pm	11
4 - 430pm	7
430 - 630pm	5
630 - 730pm	9
730 - 8pm	11

730 - 8pm 11 4' Deep Lanes (SCY) Time Lanes 530 - 7am 4 7am - 4pm 8 4-430pm 7 430-530pm 1 530-6pm 2 6-730pm 1

8

Senior Open Swim 9am-12pm

730-8pm

530 - 7am

SATURDAY, SEPTEMBER 13

Rec Pool

Water Fitness 915-10am 10-1045am

Lap Swim & Water Walking

Time	Lanes
7 - 8am	4
8 - 915am	3
915 - 1045am	1
1045am - 130pr	m 3
130 - 3pm	4

Family Swim 1-3pm

Training Pool

Lap Swim

7' Deep Lanes	(SCY)
Time	Lanes
7 -9am	1
9 - 9:30am	7
9:30 - 11am	6
11am - 12pm	8
12 -2pm	7
2 - 5pm	11

<u>4' Deep Lanes</u>	(SCY)
<u>Time</u>	<u>Lanes</u>
7 - 8am	8
8 -10am	3
10am - 12pm	8
12 - 2pm	7
2 - 230pm	4
230 - 3pm	5
3 - 5pm	8

SUNDAY, SEPTEMBER 14 CLOSED