# SEPTEMBER 15, 2025 – SEPTEMBER 21, 2025

#### **MONDAY, SEPTEMBER 15**

2<sup>nd</sup> Grade Learn to Swim in the Rec Pool 1030am - 1pm

#### **Rec Pool**

#### **Training Pool**

Water Fitness 745-845am		Lap Swim 7' Deep Lanes (SCY)	
845-945am		<u>Time</u>	<u>Lanes</u>
530-630pm		530 - 7am	4
		7 - 745 am	9
Lap Swim & Water		745am - 4pm	11
Walking		4 - 5pm	9
	anes	5 - 530pm	4
		530 - 6pm	3
6 - 745am	4	6 - 630pm	6
745 - 10am	2	630 - 730pm	8
10 - 1pm	0	730 - 8pm	11
1 - 3pm	2	4' Deep Lanes	(SCY)
3 - 4pm	3	Time	Lanes
4 - 5pm	4	530 -7am	4
5 - 530pm	3	7am - 2pm	8
530 - 630pm	1	2 - 3pm	6
•	•	3 - 4pm	8
630 - 7pm	3	4 - 630pm	1
		630 - 730pm	5
Senior Open Swim		730 - 8pm	8

9am-10am
Family Swim

1-3pm

Senior Open Swim

9am-12pm

#### **WEDNESDAY, SEPTEMBER 17**

2<sup>nd</sup> Grade Learn to Swim in the Rec Pool 1030am - 1pm

#### Rec Pool

#### **Training Pool**

Water Fitness		Lap Swir	Lap Swim	
745-845am		7' Deep Lanes	(SCY)	
845-945am		Time	Lanes	
530-630pm		530 - 7am	4	
L === Oi=== 0.14	1-1	7 - 745 am	9	
Lap Swim & W	ater	745am - 4pm	11	
_ Walking		4 - 4:30pm	9	
	anes	4:30-5pm	8	
6 - 745am 745 - 10am	4 2	5 - 530pm	4	
10 - 1pm	0	530 - 630pm	7	
1 - 3pm	2	6 - 630pm	7	
3 - 4pm	3	630 - 730pm	8	
4 - 5pm	4	730 - 8pm	11	
5 - 530pm	3	4' Deep Lanes	(SCY)	
530 - 630pm	1	<u>Time</u>	<u>Lanes</u>	
630 - 7pm	3	530 -7am	4	
·		7am - 2pm	8	
Senior Open S	Swim	2 - 3pm	6	
9am-10am		3 - 4pm	8	
Jani Toani		4 - 630pm	1	
Family Swir	m	630 - 7pm	8	
1-3pm	11	7 - 8pm	7	

Senior Open Swim 9am-12pm

#### **TUESDAY, SEPTEMBER 16**

2<sup>nd</sup> Grade Learn to Swim in the Rec Pool 1030am - 1pm

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Rec Pool		<u>Training P</u>	<b>Training Pool</b>	
Water Fitness				
745-845am		Lap Swim		
845-945am		7' Deep Lanes		
530-615pm		Time	Lanes	
615-7pm		530 - 9am	11	
Lap Swim & Wa	iter	9 - 10am	9	
Walking		10am - 4pm	11	
<u>Time</u> <u>La</u>	nes	4 - 430pm	8	
6 - 7am	2	430 - 5pm	7	
7 - 745am	4	5 - 530pm	3	
745 - 10am	2	530 - 630pm	6	
10am - 1pm	0	630 - 730pm	4	
1 - 3pm	2	730 - 8pm	9	
3 - 330pm	4	4' Deep Lanes	(SCY)	
330 - 530pm	3	<u>Time</u>	<u>Lanes</u>	
530 -7pm	1	530 - 7am	8	
·		7 - 8am	7	
		8am - 12pm	8	
Conjor Open Cu	iim	12 - 130pm	7	
Senior Open Sw	/1111	130 - 4pm	8	
9am-10am		4 - 630pm	1	
		630 - 7pm	8	
Family Swim		7 - 8pm	6	
1-3pm		Deep Water F	itness	

Reach One Veteran 6-7am 9am-10am

Senior Open Swim

9am-12pm

#### **THURSDAY, SEPTEMBER 18**

2<sup>nd</sup> Grade Learn to Swim in the Rec Pool 1030am - 1pm

#### Rec Pool

Reach One Veteran

6-7am

#### **Training Pool**

Water Fitness		Lap Swir	n
745-845am		7' Deep Lanes (SCY)	
845-945am		Time	Lanes
530-615pm		530am - 4pm	11
615-7pm		4 - 4:30pm	8
		4:30-5pm	7
Lap Swim & Wat	er	5 - 530pm	4
Walking		530 - 630pm	6
<u>Time</u> <u>Lan</u>	<u>es</u>	630 - 730pm	4
6 - 7am	2	730 - 8pm	9
7 - 745am	4	·	
745 - 10am	2	4' Deep Lanes	(SCY)
10am - 1pm	0	4' Deep Lanes Time	(SCY) Lanes
10am - 1pm 1 - 3pm	0 2		
10am - 1pm 1 - 3pm 3 - 330pm	0 2 4	<u>Time</u>	Lanes
10am - 1pm 1 - 3pm 3 - 330pm 330 - 530pm	0 2 4 3	<u>Time</u> 530 - 7am	<u>Lanes</u> 8 7 8
10am - 1pm 1 - 3pm 3 - 330pm	0 2 4	<u>Time</u> 530 - 7am 7 - 8am	Lanes 8 7
10am - 1pm 1 - 3pm 3 - 330pm 330 - 530pm 530 -7pm	0 2 4 3	<u>Time</u> 530 - 7am 7 - 8am 8am - 12pm	<u>Lanes</u> 8 7 8
10am - 1pm 1 - 3pm 3 - 330pm 330 - 530pm	0 2 4 3	Time 530 - 7am 7 - 8am 8am - 12pm 12 - 130pm	<u>Lanes</u> 8 7 8 7
10am - 1pm 1 - 3pm 3 - 330pm 330 - 530pm 530 -7pm	0 2 4 3	Time 530 - 7am 7 - 8am 8am - 12pm 12 - 130pm 130 - 4pm	Lanes 8 7 8 7 8 7
10am - 1pm 1 - 3pm 3 - 330pm 330 - 530pm 530 - 7pm Family Swim	0 2 4 3	Time 530 - 7am 7 - 8am 8am - 12pm 12 - 130pm 130 - 4pm 4 - 630pm 630 - 7pm 7 - 8pm	8 7 8 7 8 7 8 1 8 6
10am - 1pm 1 - 3pm 3 - 330pm 330 - 530pm 530 - 7pm Family Swim	0 2 4 3 1	Time 530 - 7am 7 - 8am 8am - 12pm 12 - 130pm 130 - 4pm 4 - 630pm 630 - 7pm	8 7 8 7 8 7 8 1 8 6

# **FRIDAY, SEPTEMBER 19**

## 2<sup>nd</sup> Grade Learn to Swim in the Rec Pool 1030am - 1pm

#### **Rec Pool**

# **Training Pool**

#### Water Fitness 745-845am

745-845am 845-945am

# Lap Swim & Water Walking

v v an ang					
Lanes					
4					
2					
4					
0					
4					
0					

# Senior Open Swim 9am-1030pm

Family Swim 1-3pm

## Lap Swim

7' Deep Lanes	(SCY)
<u>Time</u>	Lanes
530 -7am	4
7 - 730am	7
730 - 4pm	11
4 - 430pm	7
430 - 630pm	5
630 - 730pm	9
730 - 8pm	11
4' Deep Lanes	(SCY)
<u>Time</u>	Lanes
530am - 4pm	8
530am - 4pm 4 - 430pm	8 7
	•
4 - 430pm	7

#### Senior Open Swim 9am-12pm

1

6 - 730pm

730 – 8pm

# **SATURDAY, SEPTEMBER 20**

## Rec Pool

# **Training Pool**

Water Fitness 915-10am	Lap Swim 7' Deep Lanes (SCY)	
10-1045am	<u>Time</u> 7 -9am	<u>Lanes</u> 1
Lap Swim & Water Walking Time Lanes 7 - 8am 4 8 - 915am 3	9 - 11am 11am - 12pm 12 -2pm 2 - 5pm	5 6 7 11
915 - 1045am 1 1045am - 130pm 3 130 - 3pm 4	4' Deep Lanes <u>Time</u> 7 - 8am 8 -10am	(SCY) Lanes 8 3
Family Swim 1-3pm	10am - 12pm 12 - 2pm 2 - 230pm 230 - 3pm 3 - 5pm	8 7 4 5 8

# SUNDAY, SEPTEMBER 21 CLOSED