

# SEPTEMBER 08, 2025 – SEPTEMBER 14, 2025

## MONDAY, SEPTEMBER 8

**2<sup>nd</sup> Grade Learn to Swim in the Rec Pool**  
1030am - 1pm

### Rec Pool

### Training Pool

#### Water Fitness

745-845am  
845-945am  
530-630pm

#### Lap Swim

#### 7' Deep Lanes (SCY)

Time	Lanes
530 - 7am	3
7 - 745 am	9
745am - 4pm	11
4 - 5pm	9
5 - 530pm	2
530 - 6pm	4
6 - 630pm	7
630 - 730pm	8
730 - 8pm	11

#### 4' Deep Lanes (SCY)

Time	Lanes
530 - 7am	4
7am - 2pm	8
2 - 3pm	6
3 - 4pm	8
4 - 630pm	1
630 - 730pm	5
730 - 8pm	8

#### Lap Swim & Water

#### Walking

Time	Lanes
6 - 730am	4
745 - 10am	2
10am - 1pm	0
1 - 4pm	2
4 - 530pm	3
530 - 630pm	1
630 - 7pm	3
6 - 730am	4

#### Senior Open Swim

9am-10am

#### Family Swim

1-3pm

#### Senior Open Swim

9am-12pm

## TUESDAY, SEPTEMBER 9

**2<sup>nd</sup> Grade Learn to Swim in the Rec Pool**  
1030am - 1pm

### Rec Pool

### Training Pool

#### Water Fitness

745-845am  
845-945am  
530-615pm  
615-7pm

#### Lap Swim

#### 7' Deep Lanes (SCY)

Time	Lanes
530 - 9am	11
9 - 10am	9
10am - 4pm	11
4 - 5pm	9
5 - 530pm	1
530 - 6pm	3
6 - 630pm	6
630 - 730pm	4
730 - 8pm	9

#### 4' Deep Lanes (SCY)

Time	Lanes
530 - 7am	8
7 - 8am	7
8am - 12pm	8
12 - 130pm	7
130 - 4pm	8
4 - 630pm	1
630 - 7pm	8
7 - 8pm	6

#### Lap Swim & Water

#### Walking

Time	Lanes
6 - 7am	2
7 - 745am	4
745 - 10am	2
10am - 1pm	0
1 - 3pm	2
3 - 330pm	4
330 - 530pm	3
530 - 7pm	1

#### Senior Open Swim

9am-10am

#### Family Swim

1-3pm

#### Reach One Veteran

6-7am

#### Deep Water Fitness

9am-10am

#### Senior Open Swim

9am-12pm

## WEDNESDAY, SEPTEMBER 10

**2<sup>nd</sup> Grade Learn to Swim in the Rec Pool**  
1030am - 1pm

### Rec Pool

### Training Pool

#### Water Fitness

745-845am  
845-945am  
530-630pm

#### Lap Swim

#### 7' Deep Lanes (SCY)

Time	Lanes
530 - 7am	3
7 - 745 am	9
745am - 4pm	11
4 - 5pm	9
5 - 530pm	2
530 - 6pm	4
6 - 630pm	7
630 - 730pm	8
730 - 8pm	11

#### 4' Deep Lanes (SCY)

Time	Lanes
530 - 7am	4
7am - 2pm	8
2 - 3pm	6
3 - 4pm	8
4 - 630pm	1
630 - 8pm	8

#### Lap Swim & Water

#### Walking

Time	Lanes
6 - 730am	4
745 - 10am	2
10am - 1pm	0
1 - 4pm	2
4 - 530pm	3
530 - 630pm	1
630 - 7pm	3
6 - 730am	4

#### Senior Open Swim

9am-10am

#### Family Swim

1-3pm

#### Senior Open Swim

9am-12pm

## THURSDAY, SEPTEMBER 11

**2<sup>nd</sup> Grade Learn to Swim in the Rec Pool**  
1030am - 1pm

### Rec Pool

### Training Pool

#### Water Fitness

745-845am  
845-945am  
530-615pm  
615-7pm

#### Lap Swim

#### 7' Deep Lanes (SCY)

Time	Lanes
530am - 4pm	11
4 - 5pm	8
5 - 530pm	1
530 - 6pm	3
6 - 630pm	6
630 - 730pm	4
730 - 8pm	9

#### 4' Deep Lanes (SCY)

Time	Lanes
530 - 7am	8
7 - 8am	7
8am - 12pm	8
12 - 130pm	7
130 - 4pm	8
4 - 630pm	1
630 - 7pm	8
7 - 8pm	6

#### Lap Swim & Water

#### Walking

Time	Lanes
6 - 7am	2
7 - 745am	4
745 - 10am	2
10am - 1pm	0
1 - 3pm	2
3 - 330pm	4
330 - 530pm	3
530 - 7pm	1

#### Family Swim

1-3pm

#### Senior Open Swim

9am-10am

#### Reach One Veteran

6-7am

#### Senior Open Swim

9am-12pm

**FRIDAY, SEPTEMBER 12****2<sup>nd</sup> Grade Learn to Swim in the Rec Pool**  
**1030am - 1pm****Rec Pool****Training Pool****Water Fitness**745-845am  
845-945am**Lap Swim & Water  
Walking**

<u>Time</u>	<u>Lanes</u>
6 - 730am	4
745 - 930am	2
930 - 10am	4
10am - 1pm	0
1 - 3pm	2
3 - 620pm	0

**Senior Open Swim**

9am-1030pm

**Family Swim**

1-3pm

**Lap Swim****7' Deep Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
530 - 7am	2
7 - 730am	5
730 - 4pm	11
4 - 430pm	6
430 - 630pm	4
630 - 730pm	9
730 - 8pm	11

**4' Deep Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
530 - 7am	4
7am - 430pm	8
430 - 6pm	2
6 - 730pm	1
730 - 8pm	8

**Senior Open Swim**

9am-12pm

**SATURDAY, SEPTEMBER 13****Rec Pool****Training Pool****Water Fitness**915-10am  
10-1045am**Lap Swim & Water  
Walking**

<u>Time</u>	<u>Lanes</u>
7 - 8am	4
8 - 915am	3
915 - 1045am	1
1045am - 130pm	3
130 - 3pm	4

**Family Swim**

1-3pm

**Lap Swim****7' Deep Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
7 - 9am	1
9 - 11am	5
11am - 12pm	6
12 - 2pm	7
2 - 5pm	11

**4' Deep Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
7 - 8am	8
8 - 10am	2
10am - 12pm	8
12 - 2pm	7
2 - 230pm	4
230 - 3pm	5
3 - 5pm	8

**SUNDAY, SEPTEMBER 14****CLOSED**