# SEPTEMBER 08, 2025 – SEPTEMBER 14, 2025

#### **MONDAY, SEPTEMBER 8**

2<sup>nd</sup> Grade Learn to Swim in the Rec Pool 1030am - 1pm

#### **Rec Pool**

#### **Training Pool**

Water Fitness	;	Lap Swin	n
745-845am		7' Deep Lanes	(SCY)
845-945am		Time	Lanes
530-630pm		530 - 7am	3
		7 - 745 am	9
Lap Swim & Wa	ter	745am - 4pm	11
Walking		4 - 5pm	9
	nes	5 - 530pm	2
6 - 730am	4	530 - 6pm	4
745 - 10am	2	6 - 630pm	7
10am - 1pm	0	630 - 730pm	8
1 - 4pm	2	730 - 8pm	11
4 - 530pm	3	4' Deep Lanes	(SCY)
530 - 630pm	1	<u>Time</u>	Lanes
630 -7pm	3	530 -7am	4
6 - 730am	4	7am - 2pm	8
		2 - 3pm	6
Sonior Open Su	ıim.	3 - 4pm	8
Senior Open Sw	1111	4 - 630pm	1
9am-10am		630 - 730pm	5
		730 - 8pm	8
Family Swim			
1-3pm			

Senior Open Swim

9am-12pm

### **WEDNESDAY, SEPTEMBER 10**

2<sup>nd</sup> Grade Learn to Swim in the Rec Pool 1030am - 1pm

#### Rec Pool

#### **Training Pool**

Water Fitness		Lap Swir	n
745-845am		7' Deep Lanes	(SCY)
845-945am		<u>Time</u>	Lanes
530-630pm		530 - 7am	3
L O 0 \\/		7 - 745 am	9
Lap Swim & Wate	er	745am - 4pm	11
Walking		4 - 5pm	9
Time Lane		5 - 530pm	2
6 - 730am 745 - 10am	4 2	530 - 6pm	4
10am - 1pm	0	6 - 630pm	7
1 - 4pm	2	630 - 730pm	8
4 - 530pm	3	730 - 8pm	11
530 - 630pm	1	4' Deep Lanes	(SCY)
630 -7pm	3	<u>Time</u>	<u>Lanes</u>
6 - 730am	4	530 -7am	4
		7am - 2pm	8
Senior Open Swi	m	2 - 3pm	6
9am-10am		3 - 4pm	8
Julii-Tourii		4 - 630pm	1
Family Swim		630 - 8pm	8
1-3pm			

Senior Open Swim 9am-12pm

# **TUESDAY, SEPTEMBER 9**

2<sup>nd</sup> Grade Learn to Swim in the Rec Pool 1030am - 1pm

Rec Pool		<u>Training P</u>	<u>ool</u>
Water Fitnes	SS		
745-845am		Lap Swin	n
845-945am		7' Deep Lanes	
530-615pm		<u>Time</u>	Lanes
615-7pm		530 - 9am	11
		9 - 10am	9
Lap Swim & W	ater	10am - 4pm	11
Walking		4 - 5pm	9
<u>Time</u> La	anes_	5 - 530pm	1
6 - 7am	2	530 - 6pm	3
7 - 745am	4	6 - 630pm	6
745 - 10am	2	630 - 730pm	4
10am - 1pm	0	730 - 8pm	9
1 - 3pm	2	4' Deep Lanes	
3 - 330pm	4	<u>Time</u>	<u>Lanes</u>
330 - 530pm	3	530 - 7am	8
530 -7pm	1	7 - 8am	7
		8am - 12pm	8
		12 - 130pm	7

Senior Open Swim 9am-10am

> Family Swim 1-3pm

> > 9am-10am

**Deep Water Fitness** 

8

1

8

130 - 4pm

4 - 630pm

630 - 7pm

7 - 8pm

Reach One Veteran 6-7am

Senior Open Swim

9am-12pm

#### **THURSDAY, SEPTEMBER 11**

2<sup>nd</sup> Grade Learn to Swim in the Rec Pool 1030am - 1pm

#### Rec Pool

# **Training Pool**

304 4 EH	
Water Fitness	Lap Swim
745-845am	7' Deep Lanes (SCY)
845-945am	<u>Time</u> <u>Lanes</u>
530-615pm	530am - 4pm 11
615-7pm	4 - 5pm 8
	5 - 530pm 1
Lap Swim & Water	530 - 6pm 3
•	6 - 630pm 6
Walking	630 - 730pm 4
<u>Time</u> <u>Lanes</u>	730 - 8pm 9
6 - 7am 2	4' Deep Lanes (SCY)
7 - 745am 4	Time Lanes
745 - 10am 2	530 - 7am 8
10am - 1pm 0	7 - 8am 7
1 - 3pm 2	8am - 12pm 8
3 - 330pm 4	12 - 130pm 7
330 - 530pm 3	130 - 4pm 8
530 -7pm 1	4 - 630pm 1
	630 - 7pm 8
Family Swim	7 - 8pm 6
1-3pm	Senior Open Swim
	9am-12pm
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Senior Open Swim 9am-10am

Reach One Veteran 6-7am

# **FRIDAY, SEPTEMBER 12**

# 2<sup>nd</sup> Grade Learn to Swim in the Rec Pool 1030am - 1pm

#### **Rec Pool**

Water Fitness

### **Training Pool**

745-845am 845-945am	
Lap Swim & Water Walking	

Walking	
<u>Time</u>	Lanes
6 - 730am	4
745 - 930am	2
930 -10am	4
10am - 1pm	0
1 - 3pm	2
3 - 620pm	0

Senior Open Swim 9am-1030pm

Family Swim 1-3pm

Lap Swi	m
7' Deep Lanes	(SCY)
Time	Lane

<u>l ime</u>	Lanes
530 -7am	2
7 - 730am	5
730 - 4pm	11
4 - 430pm	6
430 - 630pm	4
630 - 730pm	9
730 - 8pm	11
4' Deep Lanes	(SCY)
	(SCY) Lanes
4' Deep Lanes	<del></del>
4' Deep Lanes Time	Lanes
4' Deep Lanes Time 530 - 7am	Lanes 4
<u>4' Deep Lanes</u> <u>Time</u> 530 - 7am 7am - 430pm	Lanes 4 8
4' Deep Lanes <u>Time</u> 530 - 7am 7am - 430pm 430 - 6pm	<u>Lanes</u> 4 8 2

Senior Open Swim 9am-12pm

# **SATURDAY, SEPTEMBER 13**

# **Rec Pool**

# **Training Pool**

Water Fitness
915-10am
10-1045am

# Lap Swim & Water Walking

<u>Time</u>	Lanes
7 - 8am	4
8 - 915am	3
915 - 1045am	1
1045am - 130pr	n 3
130 - 3pm	4

Family Swim 1-3pm

Lap Swim	
7' Deep Lanes (SCY)	

1001
<u>Lanes</u>
1
5
6
7
11
(SCY)
<u>Lanes</u>
<u>Lanes</u> 8
8
8 2
8 2 8
8 2 8 7

**SUNDAY, SEPTEMBER 14 CLOSED**