

June 23, 2025 – June 29, 2025

MONDAY, JUNE 23

Rec Pool

Water Fitness

7-745am
745-830am
530-630pm

Lap Swim & Water Walking

Time	Lanes
6-7am	4
7-830am	2
830-10am	3
10-1030am	2
1030am-12pm	3
12-2pm	4
2-230pm	3
230-430pm	2
430-530pm	3
530-7pm	1

Senior Open Swim

9am-12pm

Family Swim

230-4pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
6-630am	2
630-8am	1
8-9am	4
9-10am	3
10am-1230pm	6
1230-2pm	8
2-4pm	7
4-5pm	3
5-530pm	1
530-6pm	4
6-7pm	2

4' Deep Lanes (SCY)

Time	Lanes
6-8am	1
8-915am	0
915am-4pm	2
4-530pm	1
530-7pm	2

Deep Water Fitness

815-915am

TUESDAY, JUNE 24

Rec Pool

Water Fitness

7-745am
745-830am
530-615pm
615-7pm

Lap Swim & Water Walking

Time	Lanes
6-7am	4
7-830pm	2
830-10am	3
10-1030am	2
1030-1130am	3
1130am-12pm	3
12-2pm	4
2-230pm	3
230-530pm	2
530-7pm	1

Senior Open Swim

9am-12pm

Family Swim

230-4pm

Reach One Veteran

7-8am

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
6-8am	1
8-9am	8
9-10am	7
10am-1230pm	6
1230-2pm	8
2-6pm	7
6-7pm	4

4' Deep Lanes (SCY)

Time	Lanes
6am-7pm	2

WEDNESDAY, JUNE 25

Summer Groups will be in the Rec Pool 12-230pm

Rec Pool

Water Fitness

7-745am
745-830am
530-630pm

Lap Swim & Water Walking

Time	Lanes
6-7am	4
7-830am	2
830-10am	3
10-1030am	2
1030am-12pm	3
12-2pm	2
2-230pm	1
230-430pm	2
430-530pm	3
530-7pm	1

Senior Open Swim

9am-12pm

Family Swim

230-4pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
6-630am	2
630-8am	1
8-9am	4
9-10am	3
10am-1230pm	6
1230-2pm	8
2-4pm	7
4-5pm	3
5-530pm	1
530-6pm	4
6-7pm	2

4' Deep Lanes (SCY)

Time	Lanes
6-830am	1
830am-4pm	2
4-530pm	1
530-7pm	2

THURSDAY, JUNE 26

Summer Groups will be in the Rec Pool 12-230pm

Rec Pool

Water Fitness

7-745am
745-830am
530-615pm
615-7pm

Lap Swim & Water Walking

Time	Lanes
7-830am	2
830-9am	4
9-10am	2
10am-12pm	1
12-1230pm	2
1230-2pm	4
2-430pm	1
430-530pm	2
530-7pm	1

Family Swim

230-4pm

Senior Open Swim

9am-12pm

Reach One Veteran

7-8am

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
6-630am	2
630-8am	1
8-9am	8
9-10am	7
10am-1230pm	6
1230-2pm	8
2-4pm	7
4-5pm	5
5-6pm	1
6-7pm	0

4' Deep Lanes (SCY)

Time	Lanes
6am-5pm	2
5-6pm	1
6-7pm	0

FRIDAY, JUNE 27**Rec Pool****Water Fitness****745-845am****845-945am****Lap Swim & Water
Walking**

<u>Time</u>	<u>Lanes</u>
6-7am	4
7-830am	2
830-9am	4
9am-1230pm	2
1230-2pm	4
2-430pm	2

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool**Lap Swim****7' Deep Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
6-10am	1
10am-3pm	4
3-530pm	1
530-7pm	4

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
6-730am	1
730am-7pm	2

SATURDAY, JUNE 28**Rec Pool****Water Fitness**

915-10am

10-1045am

**Lap Swim & Water
Walking**

<u>Time</u>	<u>Lanes</u>
7-8am	4
8-915am	3
915-1045am	1
1045am-3pm	3

Family Swim

1-3pm

Training Pool**Lap Swim****7' Deep Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
7-745am	5
745-9am	1
9am-12pm	4
12-1pm	3
1-2pm	2
2-3pm	1
3-4pm	2
4-430pm	3
430-5pm	8

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
7am-2pm	2
2-3pm	1
3-5pm	2

SUNDAY, JUNE 29**Rec Pool****Family Swim**

12-330pm

Training Pool**CLOSED**