

June 9, 2025 – June 15, 2025

MONDAY, JUNE 9

Rec Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water Walking

Time	Lanes
6-745am	4
745-945am	2
945am-4pm	4
4-530pm	3
530-7pm	1

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530-7am	2
7-9am	11
9-10am	10
10am-630pm	11
630-730pm	8
730-8pm	11

4' Deep Lanes (SCY)

Time	Lanes
530am-4pm	8
4-630pm	3
630-8pm	8

Deep Water Fitness

9-10am

TUESDAY, JUNE 10

Rec Pool

Water Fitness

745-845am
845-945am
530-615pm
615-7pm

Lap Swim & Water Walking

Time	Lanes
6-7am	4
7-945am	2
945am-530pm	4
530-7pm	2

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Reach One Veteran

7-8am

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530-7am	7
7am-430pm	11
430-8pm	3

4' Deep Lanes (SCY)

Time	Lanes
530am-4pm	8
4-5pm	7
5-630pm	8
630-7pm	6
7-730pm	4
730-8pm	6

WEDNESDAY, JUNE 11

The Training Pool will be flipped to long course (50 meter lanes) from 8am to approximately 1230pm. During the flip, the Competition Pool will be open to the public.

Rec Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water Walking

Time	Lanes
6-745am	4
745-945am	2
945am-530pm	4
530-7pm	2

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530-7am	2
7-8am	11

4' Deep Lanes (SCY)

Time	Lanes
530-8am	8

50 Meter Lanes (LCM)

Time	Lanes
1230-4pm	8
4-630pm	5
630-8pm	8

25 Meter Lanes (SCM)

Time	Lanes
1230-8pm	2

Competition Pool

Lap Swim

50 Meter Lanes (LCM)

Time	Lanes
8am-1pm	8

THURSDAY, JUNE 12

Rec Pool

Water Fitness

745-845am
845-945am
530-615pm
615-7pm

Lap Swim & Water Walking

Time	Lanes
6-7am	4
7-945am	2
945am-530pm	4
530-7pm	2

Family Swim

1-3pm

Senior Open Swim

9am-12pm

Reach One Veteran

7-8am

Training Pool

Lap Swim

50 Meter Lanes (LCM)

Time	Lanes
530am-430pm	8
430-6pm	4
6-630pm	8
630-7pm	7
7-730pm	6
730-8pm	7

25 Meter Lanes (SCM)

Time	Lanes
530am-8pm	2

FRIDAY, JUNE 13**Rec Pool****Water Fitness**

745-845am
845-945am

**Lap Swim & Water
Walking**

<u>Time</u>	<u>Lanes</u>
6-745am	4
745-945am	2
945am-3pm	4

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool**Lap Swim****50 Meter Lanes (LCM)**

<u>Time</u>	<u>Lanes</u>
530-630am	5
630-7am	4
7-8am	7
8-9am	8
9am-1pm	4
1-430pm	8
430-530pm	5
530-730pm	1
730-8pm	4

25 Meter Lanes (SCM)

<u>Time</u>	<u>Lanes</u>
530am-8pm	2

SATURDAY, JUNE 14**Rec Pool****Water Fitness**

915-10am
10-1045am

**Lap Swim & Water
Walking**

<u>Time</u>	<u>Lanes</u>
7-915am	4
915-1045am	2
1045am-1pm	4
1-3pm	3

Family Swim

1-3pm

Training Pool**Lap Swim****50 Meter Lanes (LCM)**

<u>Time</u>	<u>Lanes</u>
7-8am	5
8-9am	1
9am-12pm	4
12-3pm	2
3-5pm	4

25 Meter Lanes (SCM)

<u>Time</u>	<u>Lanes</u>
7am-5pm	2

SUNDAY, JUNE 15**Rec Pool****Family Swim**

12-330pm

Training Pool

CLOSED