

# SPRING 2025 WATER SAFETY INSTRUCTOR COURSES

This American Red Cross Certification class trains instructor candidates to teach courses in the ARC Swimming and Water Safety Program.



## UPCOMING CLASSES

### April

14; 8:00A - 4:00P  
15; 8:00A - 4:00P  
16; 8:00A - 4:00P  
17; 8:00A - 11:00A

### May

03; 8:00A - 5:00P  
04; 8:00A - 5:00P  
10; 8:00A - 5:00P

## WSI PREREQUISITES

- Minimum Age = 16 years
- Must be able demonstrate and proficiently complete 25 yards of
  - Front Crawl
  - Back Crawl
  - Breaststroke
  - Sidestroke
  - Elementary Backstroke
  - Butterfly (15 yards)
- Must be able to tread water for 1 minute.
- Must be able to maintain back float for 1 minute.

**COST: \$400**

## REGISTER ONLINE TODAY!



GREENSBORO AQUATIC CENTER