

March 17, 2025 – March 23, 2025

MONDAY, MARCH 17

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water Walking

Time	Lanes
6-745am	4
745-945am	3
945am-2pm	4
2-530pm	3
530-630pm	1
630-8pm	3

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

<u>7' Deep Lanes (SCY)</u>	
Time	Lanes
530-730am	5
730am-330pm	11

4' Deep Lanes (SCY)

Time	Lanes
530-7am	2
7am-330pm	8

TUESDAY, MARCH 18

Rec Pool

Water Fitness

745-845am
845-945am
530-615pm
615-7pm

Lap Swim & Water Walking

Time	Lanes
6-7am	4
7-8am	2
8-945am	3
945am-330pm	4
330-5pm	2
5-530pm	3
530-630pm	1
630-8pm	3

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Reach One Veteran

7-8am

Training Pool

Lap Swim

<u>7' Deep Lanes (SCY)</u>	
Time	Lanes
530-7am	0
7-730am	5

4' Deep Lanes (SCY)

Time	Lanes
530-730am	2

WEDNESDAY, MARCH 19

Rec Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water Walking

Time	Lanes
6-745am	4
745-945am	3
945am-2pm	4
2-530pm	3
530-630pm	1
630-8pm	3

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

<u>7' Deep Lanes (SCY)</u>	
Time	Lanes
530-7am	0

4' Deep Lanes (SCY)

Time	Lanes
530-7am	2

THURSDAY, MARCH 20

Rec Pool

Water Fitness

745-845am
845-945am
530-615pm
615-7pm

Lap Swim & Water Walking

Time	Lanes
6-7am	4
7-8am	2
8-945am	3
945am-330pm	4
330-5pm	2
5-530pm	3
530-630pm	1
630-8pm	3

Family Swim

1-3pm

Senior Open Swim

9am-12pm

Reach One Veteran

7-8am

Training Pool

Lap Swim

<u>7' Deep Lanes (SCY)</u>	
Time	Lanes
530-7am	0

4' Deep Lanes (SCY)

Time	Lanes
530-7am	2

FRIDAY, MARCH 21

Rec Pool

Water Fitness

745-845am
845-945am

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
6-745am	4
745-945am	3
945am-3pm	4
3-530pm	2
530-630pm	1
630-8pm	4

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
530-7am	2

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
530-7am	2

SATURDAY, MARCH 22

Rec Pool

Water Fitness

915-10am
10-1045am

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
7-8am	4
8-915am	3
915-11am	1
11-1130am	1
1130am-1230pm	3
1230-2pm	1
2-3pm	3
3-5pm	4

Family Swim

1-3pm

Training Pool

CLOSED

SUNDAY, MARCH 23

CLOSED