

# February 3 – February 9, 2025

## MONDAY, FEBRUARY 3

### Rec Pool

#### Water Fitness

745-845am  
845-945am  
530-630pm

#### Lap Swim & Water Walking

Time	Lanes
6-745am	4
745-945am	2
945am-1pm	4
1-530pm	3
530-7pm	1

#### Senior Open Swim

9am-12pm

#### Family Swim

1-3pm

### Training Pool

#### Lap Swim

#### 7' Deep Lanes (SCY)

Time	Lanes
530-630am	8
630-7am	6
7-730am	9
730am-4pm	11
4-430pm	8
430-6pm	1
6-630pm	6
630-7pm	9
7-8pm	4

#### 4' Deep Lanes (SCY)

Time	Lanes
530am-4pm	8
4-530pm	1
530-630pm	3
630-7pm	6
7-730pm	2
730-8pm	4

## TUESDAY, FEBRUARY 4

### Rec Pool

#### Water Fitness

745-845am  
845-945am  
530-615pm  
615-7pm

#### Lap Swim & Water Walking

Time	Lanes
6-7am	4
7-945am	2
945am-330pm	4
330-530pm	3
530-7pm	1

#### Senior Open Swim

9am-12pm

#### Family Swim

1-3pm

#### Reach One Veteran

7-8am

### Training Pool

#### Lap Swim

#### 7' Deep Lanes (SCY)

Time	Lanes
530-7am	1
7-730am	3
730-8am	9
8-9am	11
9-10am	10
10am-4pm	11
4-430pm	9
430-8pm	1

#### 4' Deep Lanes (SCY)

Time	Lanes
530-6am	8
6-630am	4
630-730am	3
730-11am	8
11am-130pm	7
130-4pm	8
4-530pm	0
530-730pm	2
730-8pm	4

#### Deep Water Fitness

9-10am

## WEDNESDAY, FEBRUARY 5

### Rec Pool

#### Water Fitness

745-845am  
845-945am  
530-630pm

#### Lap Swim & Water Walking

Time	Lanes
6-745am	4
745-945am	2
945am-1pm	4
1-530pm	3
530-7pm	1

#### Senior Open Swim

9am-12pm

#### Family Swim

1-3pm

### Training Pool

#### Lap Swim

#### 7' Deep Lanes (SCY)

Time	Lanes
630-6pm	4
6-7am	1
7-730am	8
730am-4pm	11
4-430pm	9
430-530pm	1
530-6pm	3
6-8pm	1

#### 4' Deep Lanes (SCY)

Time	Lanes
530-630am	2
630-7am	0
7-730am	6
730am-4pm	8
4-6pm	0
6-630pm	2
630-8pm	8

## THURSDAY, FEBRUARY 6

### Rec Pool

#### Water Fitness

745-845am  
845-945am  
530-615pm  
615-7pm

#### Lap Swim & Water Walking

Time	Lanes
6-7am	4
7-945am	2
945am-330pm	4
330-530pm	3
530-7pm	1

#### Senior Open Swim

9am-12pm

#### Family Swim

1-3pm

#### Reach One Veteran

7-8am

### Training Pool

#### Lap Swim

#### 7' Deep Lanes (SCY)

Time	Lanes
530-7am	4
7-730am	3
730-8am	9
8am-4pm	11
4-430pm	5
430-530pm	1
530-6pm	3
6-7pm	2
7-8pm	4

#### 4' Deep Lanes (SCY)

Time	Lanes
530-6am	4
6-7am	0
7-730am	4
730-11am	8
11am-130pm	7
130-4pm	8
4-430pm	4
430-8pm	0

**FRIDAY, FEBRUARY 7**

**Rec Pool**

**Water Fitness**

745-845am  
845-945am

**Lap Swim & Water Walking**

<u>Time</u>	<u>Lanes</u>
6-745am	4
745-945am	2
945am-3pm	4

**Senior Open Swim**

9am-12pm

**Family Swim**

1-3pm

**Training Pool**

**Lap Swim**

**7' Deep Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
530-7am	4
7-730am	5
730-1030am	11
1030-1130am	8
1130am-4pm	11
4-630pm	6
630-8pm	11

**4' Deep Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
530-630am	5
630-7am	3
7-730am	6
730am-430pm	8
430-730pm	1
730-8pm	8

**SATURDAY, FEBRUARY 8**

**Rec Pool**

**Water Fitness**

915-10am  
10-1045am

**Lap Swim & Water Walking**

<u>Time</u>	<u>Lanes</u>
7-8am	4
8-915am	3
915-1130am	3
1130am-3pm	4

**Family Swim**

1-3pm

**Training Pool**

**Lap Swim**

**7' Deep Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
7-9am	1
9-11am	8
11am-2pm	9
2-5pm	11

**4' Deep Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
7-8am	8
8-10am	1
10am-1215pm	8
1215-130pm	5
130-3pm	6
3-5pm	8

**SUNDAY, FEBRUARY 9**

**CLOSED**