January 20, 2025 - January 26, 2025

MONDAY, JANUARY 20

Rec Pool

Water Fitness

745-845am 845-945am

Lap Swim & Water Walking

 Time
 Lanes

 7-745am
 4

 745-945am
 2

 945am-2pm
 4

Senior Open Swim 9am-12pm

Family Swim 1130AM-130pm

Training Pool

Lap Swim

7' Deep Lanes	(SCY)
Time	Lanes
7-730am	3
730-830am	0
830am-2pm	3

4' Deep Lanes	(SCY)
<u>Time</u>	Lanes
7-730am	3
730-830am	0
830am-2pm	3

TUESDAY, JANUARY 21

2nd Grade Learn to Swim in the Rec Pool 10am - 1230pm

Rec Pool

Training Pool

Water Fitness	Lap Swi	
745-845am	7' Deep Lanes	
845-945am	<u>Time</u>	Lanes
530-615pm	530-7am	4
615-7pm	7-730am	3
	730-8am	9
Lap Swim & Water	8-9am	11
Walking	9-10am	10
<u>Time</u> <u>Lanes</u>	10am-4pm	11
	4-430pm	9
7-730am 3	430-5pm	3 1
730-830am 0	5-730pm	
830am-2pm 3	730-8pm	3
7-730am 3		
730-830am 0	<u>4' Deep Lanes</u>	(SCY)
	<u>Time</u>	<u>Lanes</u>
	530-11am	8
Senior Open Swim	11am-130pm	7
9am-12pm	130-4pm	8
,	4-630pm	2
Family Swim	630-7pm	4
1-3pm	7-730pm	2
т-орт	730-8pm	4

Reach One Veteran 7-8am

WEDNESDAY, JANUARY 22

2nd Grade Learn to Swim in the Rec Pool 10am - 1230pm

Rec Pool

Water Fitness

Training Pool

745-845am		
845-945am		
530-630pm		
Lap Swim & Water		
Walking		
Time Lanes		
C 745 4		

_	,
<u>Time</u>	<u>Lanes</u>
6-745am	4
745am-1pm	2
1-530pm	3
530-7pm	1

Senior Open Swim 9am-12pm

Family Swim 1-3pm

Lap Swim

7' Deep Lanes	(SCY)
<u>Time</u>	<u>Lanes</u>
530-630am	8
630-7am	6
7-730am	7
730-8am	9
8am-4pm	11
4-430pm	7
430-530pm	1
530-6pm	3
6-630pm	4
630-730pm	0
730-8pm	4

4' Deep Lanes	(SCY)
<u>Time</u>	Lanes
530-7am	5
7am-4pm	8
4-6pm	2
6-630pm	3
630-7pm	8

7-8pm

THURSDAY, JANUARY 23

2nd Grade Learn to Swim in the Rec Pool 10am - 1230pm

Rec Pool

7-8am

Training Pool

Water Fitness 745-845am	Lap Swir 7' Deep Lanes	
845-945am	<u>Time</u>	<u>Lanes</u>
530-615pm	530-7am	4
615-7pm	7-730am	3
	730-8am	9
Lap Swim & Water	8am-4pm	11
Walking	4-430pm	6
	430-730pm	0
<u>Time</u> <u>Lanes</u> 6-7am 4	730-8pm	3
7am-1pm 2	4' Deep Lanes	(SCY)
1-330pm 4	<u>Time</u>	<u>Lanes</u>
330-530pm 3 530-7pm 1	530-11am	8
530-7pm 1	11am-130pm	7
F " 0 :	130-4pm	8
Family Swim	4-5pm	2
1-3pm	5-6pm	0
	6-630pm	2
Senior Open Swim	630-7pm	4
9am-12pm	7-730pm	2
·	730-8pm	4
Reach One Veteran	·	

FRIDAY, JANUARY 24

2nd Grade Learn to Swim in the Rec Pool 10am - 1230pm

Rec Pool

Training Pool

Water Fitness 745-845am

745-845am 845-945am

Lap Swim & Water Walking

Time Lanes 6-745am 4 745am-1pm 2 1-3pm 4

Senior Open Swim 9am-12pm

Family Swim 1-3pm

Lap Swim

(SCY)		
Lanes		
4		
2		
3		
11		
6		
11		

4' Deep Lanes (SCY)

<u>Time</u>	Lanes
530-7am	5
7am-430pm	8
430-730pm	1
730-8pm	8

SATURDAY, JANUARY 25

Rec Pool

Water Fitness 915-10am 10-1045am

Lap Swim & Water Walking

 Time
 Lanes

 7-8am
 4

 8-915am
 3

 915-1045am
 1

 1045-1130am
 3

 1130am-3pm
 4

Family Swim 1-3pm

12-1 130

Training Pool

Lap Swim

7' Deep Lanes	(SCY)
<u>Time</u>	Lanes
7-8am	2
8-11am	1
11am-1215pm	2
1215-115pm	6
115-2pm	2
2-5pm	4

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
7-8am	5
8-9am	2
9-10am	5
10am-12pm	8
12-130pm	5
130-3pm	6
3-5pm	8

SUNDAY, JANUARY 26

Rec Pool

Training Pool CLOSED

Family Swim 12-330pm