

January 13, 2025 – January 19, 2025

MONDAY, JANUARY 13

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water Walking

Time	Lanes
6-745am	4
745-945am	2
945am-1pm	4
1-530pm	3
530-7pm	1

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530-630pm	8
630-7am	6
7-730am	9
730am-4pm	11
4-6pm	6
6-630pm	3
630-7pm	6
7-8pm	1

4' Deep Lanes (SCY)

Time	Lanes
530am-4pm	8
4-530pm	1
530-630pm	0
630-7pm	2
7-730pm	1
730-8pm	7
7-730pm	4
730-8pm	6

TUESDAY, JANUARY 14

2nd Grade LTS will be in th rec pool 10am-1pm

Rec Pool

Water Fitness

745-845am
845-945am
530-615pm
615-7pm

Lap Swim & Water Walking

Time	Lanes
6-7am	4
7am-1pm	2
1-330pm	4
330-530pm	3
530-7pm	1

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Reach One Veteran

7-8am

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530-715am	11
715-8am	9
8-9am	11
9-10am	10
10am-4pm	11
4-430pm	6
430-530pm	1
530-6pm	2
6-630pm	0
630-7pm	2
7-8pm	0

4' Deep Lanes (SCY)

Time	Lanes
530-11am	8
11am-130pm	7
130-4pm	8
4-530pm	1
530-630pm	3
630-730pm	2
730-8pm	6

Deep Water Fitness

9-10am

WEDNESDAY, JANUARY 15

2nd Grade LTS will be in the rec pool 10am-1pm

Rec Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water Walking

Time	Lanes
6-745am	4
745am-1pm	2
1-530pm	3
530-7pm	1

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530-630am	11
630-730am	9
730am-430pm	11
430-5pm	3
5-630pm	0
630-8pm	3

4' Deep Lanes (SCY)

Time	Lanes
530am-4pm	8
4-530pm	2
530-630pm	1
630-7pm	8
7-8pm	4

THURSDAY, JANUARY 16

2nd Grade LTS will be in the rec pool 10am-1pm

Rec Pool

Water Fitness

745-845am
845-945am
530-615pm
615-7pm

Lap Swim & Water Walking

Time	Lanes
6-7am	4
7am-1pm	2
1-330pm	4
330-530pm	3
530-7pm	1

Family Swim

1-3pm

Senior Open Swim

9am-12pm

Reach One Veteran

7-8am

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530-7am	4
7-730am	3
730-8am	9
8am-4pm	11
4-430pm	7
430-6pm	0
6-630pm	1
630-7pm	3
7-8pm	1

4' Deep Lanes (SCY)

Time	Lanes
530-11am	8
11am-130pm	7
130-4pm	8
4-630pm	2
630-730pm	1
730-8pm	6

FRIDAY, JANUARY 17

2nd Grade LTS will be in the rec pool 10am-1pm

Rec Pool

Training Pool

Water Fitness

745-845am
845-945am

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
6-745am	4
745am-1pm	2
1-3pm	4

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Lap Swim

7' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
530-7am	4
7-730am	5
730am-4pm	11
4-5pm	6
5-630pm	3
630-8pm	11

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
530-7am	5
7am-8pm	8

SATURDAY, JANUARY 18

Rec Pool

Training Pool

Water Fitness

915-10am
10-1045am

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
7-8am	4
8-915am	3
915-1045am	1
1045-1130am	3
1130am-3pm	4

Family Swim

1-3pm

Lap Swim

7' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
7-815am	3
815-9am	4
9-11am	1
11am-2pm	2
2-5pm	11

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
7-8am	8
8-10am	1
10am-1215pm	8
1215-130pm	5
130-3pm	6
3-5pm	8

SUNDAY, JANUARY 19

CLOSED