

November 25 – December 1, 2024

MONDAY, NOVEMBER 25

Rec Pool

Water Fitness

530-615am
745-845am
845-945am
530-630pm

Lap Swim & Water Walking

Time	Lanes
530-615am	2
615-745am	4
745-945am	2
945am-4pm	4
4-530pm	3
530-7pm	1

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530-7am	8
7-8am	9
8-9am	11
9-10am	5
10-1030am	6
1030am-4pm	11
4-5pm	8
5-530pm	5
530-630pm	2
630-7pm	11
7-8pm	1

4' Deep Lanes (SCY)

Time	Lanes
530-10am	8
10am-3pm	7
3-4pm	8
4-530pm	1
530-630pm	3
630-7pm	4
7-730pm	2
730-8pm	6

Deep Water Fitness
9-10am

TUESDAY, NOVEMBER 26

Rec Pool

Water Fitness

745-845am
845-945am
530-615pm
615-7pm

Lap Swim & Water Walking

Time	Lanes
530-7am	4
7-945am	2
945am-530pm	4
530-7pm	2

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Reach One Veteran

7-8am

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530-7am	4
7-730am	5
730-9am	11
9-10am	3
10-1030am	6
1030am-4pm	11
4-5pm	6
5-6pm	4
6-630pm	6
630-7pm	7
7-730pm	1
730-8pm	5

4' Deep Lanes (SCY)

Time	Lanes
530am-12pm	8
12-130pm	7
130-4pm	8
4-630pm	1
630-730pm	6
730-8pm	8

WEDNESDAY, NOVEMBER 27

Rec Pool

Water Fitness

530-615am
745-845am
845-945am
530-630pm

Lap Swim & Water Walking

Time	Lanes
530-615am	2
615-745am	4
745-945am	2
945am-530pm	4
530-7pm	2

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530-7am	7
7-9am	11
9-10am	6
10-1030am	2
1030-11am	7
11am-4pm	11
4-5pm	8
5-630pm	5
630-8pm	11

4' Deep Lanes (SCY)

Time	Lanes
530-8am	8
8-9am	7
9-10am	3
10-11am	4
11am-630pm	8
630-730pm	6
730-8pm	8

THURSDAY, NOVEMBER 28

CLOSED



FRIDAY, NOVEMBER 29

Rec Pool

Lap Swim & Water
Walking

<u>Time</u>	<u>Lanes</u>
7am-12pm	4

Senior Open Swim

9am-12pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
7-830am	8
830-9am	11
9-10am	6
10am-12pm	11

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
7-9am	8
9-11am	4
11am-12pm	8

SATURDAY, NOVEMBER 30

Rec Pool

Water Fitness

915-10am
10-1045am

Lap Swim & Water

Walking

<u>Time</u>	<u>Lanes</u>
7-915am	4
915-1045am	2
1045am-3pm	4

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
7am-5pm	11

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
7-9am	8
9-11am	4
11am-1215pm	8
1215-145pm	6
145-5pm	8

SUNDAY, DECEMBER 1

CLOSED