

# November 18 – November 24, 2024

## MONDAY, NOVEMBER 18

**2<sup>nd</sup> Grade Learn to Swim in the Rec Pool**  
10am-1pm

<u>Rec Pool</u>	<u>Training Pool</u>
Water Fitness	Lap Swim
530-615am	<b>7' Deep Lanes (SCY)</b>
745-845am	Time Lanes
845-945am	530-630am 8
530-630pm	630-7am 6
	7-730am 7
	730-8am 9
	8-9am 11
	9-10am 10
	10am-4pm 11
	4-530pm 1
	530-630pm 5
	630-7pm 7
	7-730pm 1
	730-8pm 5
	<b>4' Deep Lanes (SCY)</b>
	Time Lanes
	530-10am 8
	10am-3pm 7
	3-4pm 8
	4-530pm 1
	530-630pm 3
	630-7pm 4
	7-730pm 2
	730-8pm 6
Senior Open Swim	
9am-12pm	
Family Swim	
1-3pm	

Deep Water Fitness  
9-10am

## TUESDAY, NOVEMBER 19

**2<sup>nd</sup> Grade Learn to Swim in the Rec Pool**  
10am-1pm

<u>Rec Pool</u>	<u>Training Pool</u>
Water Fitness	Lap Swim
745-845am	<b>7' Deep Lanes (SCY)</b>
845-945am	Time Lanes
530-615pm	530-7am 4
615-7pm	7-730am 5
	730am-4pm 11
	4-430pm 7
	430-7pm 1
	7-730pm 0
	730-8pm 2
	<b>4' Deep Lanes (SCY)</b>
	Time Lanes
	530am-12pm 8
	12-130pm 7
	130-4pm 8
	4-630pm 1
	630-7pm 6
	7-730pm 0
	730-8pm 2
Senior Open Swim	
9am-12pm	
Family Swim	
1-3pm	
Reach One Veteran	
7-8am	

## WEDNESDAY, NOVEMBER 20

**2<sup>nd</sup> Grade Learn to Swim in the Rec Pool**  
10am-1pm

<u>Rec Pool</u>	<u>Training Pool</u>
Water Fitness	Lap Swim
530-615am	<b>7' Deep Lanes (SCY)</b>
745-845am	Time Lanes
845-945am	530-630am 11
530-630pm	630-7am 9
	7-730am 7
	730-8am 9
	8-9am 8
	9am-4pm 11
	4-430pm 5
	430-530pm 0
	530-6pm 2
	6-630pm 0
	630-7pm 2
	7-8pm 1
	<b>4' Deep Lanes (SCY)</b>
	Time Lanes
	530-7am 4
	7-1030am 8
	1030am-12pm 7
	12-2pm 8
	2-330pm 7
	330-530pm 1
	530-630pm 2
	630-7pm 6
	7-730pm 2
	730-8pm 4
Senior Open Swim	
9am-12pm	
Family Swim	
1-3pm	

## THURSDAY, NOVEMBER 21

**2<sup>nd</sup> Grade Learn to Swim in the Rec Pool**  
10am-1pm

<u>Rec Pool</u>	<u>Training Pool</u>
Water Fitness	Lap Swim
745-845am	<b>7' Deep Lanes (SCY)</b>
845-945am	Time Lanes
530-615pm	530-6am 4
615-7pm	6-7am 0
	7-730am 1
	730am-4pm 11
	4-430pm 5
	430-5pm 0
	5-6pm 2
	6-730pm 0
	730-8pm 1
	<b>4' Deep Lanes (SCY)</b>
	Time Lanes
	530-7am 4
	7am-12pm 8
	12-130pm 7
	130-4pm 8
	4-630pm 1
	630-7pm 5
	7-730pm 1
	730-8pm 4
Senior Open Swim	
9am-12pm	
Family Swim	
1-3pm	
Reach One Veteran	
7-8am	

**FRIDAY, NOVEMBER 22**

**2<sup>nd</sup> Grade Learn to Swim in the Rec Pool  
10am-1pm**

**Rec Pool**

**Water Fitness**

745-845am  
845-945am

**Lap Swim & Water**

**Walking**

<u>Time</u>	<u>Lanes</u>
530-745am	4
745am-1pm	2
1-3pm	4

**Senior Open Swim**

9am-12pm

**Family Swim**

1-3pm

**Training Pool**

**Lap Swim**

**7' Deep Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
530-7am	2
7-730am	5
730-8am	11
8-9am	8
9am-4pm	11
4-630pm	6
630-8pm	11

**4' Deep Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
530-6am	8
6-730am	1
730am-430pm	8
430-6pm	2
6-730pm	1
730-8pm	8

**SATURDAY, NOVEMBER 23**

**Rec Pool**

**Water Fitness**

915-10am  
10-1045am

**Lap Swim & Water**

**Walking**

<u>Time</u>	<u>Lanes</u>
7-8am	4
8-915am	3
915-1045am	1
1045am-1230pm	3
1230-3pm	4

**Family Swim**

1-3pm

**Training Pool**

**Lap Swim**

**7' Deep Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
7-9am	1
9-11am	6
11am-2pm	9
2-5pm	11

**4' Deep Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
7-8am	8
8-10am	1
10am-1230pm	8
1230-130pm	5
130-2pm	6
2-230pm	4
230-3pm	6
3-5pm	8

**SUNDAY, NOVEMBER 24**

**CLOSED**