

October 28 – November 3, 2024

MONDAY, OCTOBER 28

2nd Grade Learn to Swim in the Rec Pool
10am-1pm

<u>Rec Pool</u>	<u>Training Pool</u>
Water Fitness	Lap Swim
530-615am	7' Deep Lanes (SCY)
745-845am	<u>Time</u> <u>Lanes</u>
845-945am	530-7am 8
530-630pm	7-8am 9
	8-9am 11
	9-10am 10
	10am-4pm 11
Lap Swim & Water Walking	4-530pm 1
<u>Time</u> <u>Lanes</u>	530-630pm 6
530-615am 2	630-7pm 11
615-745am 4	7-8pm 3
745am-3pm 2	4' Deep Lanes (SCY)
3-4pm 4	<u>Time</u> <u>Lanes</u>
4-530pm 3	530-10am 8
530-7pm 1	10am-3pm 7
	3-4pm 8
Senior Open Swim	4-530pm 1
9am-12pm	530-630pm 3
	630-730pm 4
	730-8pm 8
Family Swim	Deep Water Fitness
1-3pm	9-10am

TUESDAY, OCTOBER 29

2nd Grade Learn to Swim in the Rec Pool
10am-1pm

<u>Rec Pool</u>	<u>Training Pool</u>
Water Fitness	Lap Swim
745-845am	7' Deep Lanes (SCY)
845-945am	<u>Time</u> <u>Lanes</u>
530-615pm	530-730am 4
615-7pm	730-8am 10
	8am-4pm 11
Lap Swim & Water Walking	4-530pm 2
<u>Time</u> <u>Lanes</u>	530-6pm 9
530-7am 4	6-630pm 7
7am-3pm 2	630-7pm 5
3-4pm 4	7-730pm 4
4-530pm 3	730-8pm 8
530-7pm 1	4' Deep Lanes (SCY)
	<u>Time</u> <u>Lanes</u>
Senior Open Swim	530am-12pm 8
9am-12pm	12-130pm 7
	130-4pm 8
	4-630pm 1
Family Swim	630-7pm 6
1-3pm	7-730pm 4
	730-8pm 6
Reach One Veteran	
7-8am	

WEDNESDAY, OCTOBER 30

2nd Grade Learn to Swim in the Rec Pool
10am-1pm

<u>Rec Pool</u>	<u>Training Pool</u>
Water Fitness	Lap Swim
530-615am	7' Deep Lanes (SCY)
745-845am	<u>Time</u> <u>Lanes</u>
845-945am	530-630am 7
530-630pm	630-7am 3
	7-730am 2
Lap Swim & Water Walking	730-8am 3
<u>Time</u> <u>Lanes</u>	8am-4pm 11
530-615am 2	4-530pm 1
615-745am 4	530-630pm 8
745am-3pm 2	630-7pm 2
3-530pm 3	7-730pm 1
530-7pm 1	730-8pm 7
	4' Deep Lanes (SCY)
Senior Open Swim	<u>Time</u> <u>Lanes</u>
9am-12pm	530-7am 4
	7-10am 8
	10am-3pm 7
Family Swim	3-4pm 8
1-3pm	4-530pm 1
	530-6pm 2
	6-630pm 3
	630-730pm 6
	730-8pm 8

THURSDAY, OCTOBER 31

2nd Grade Learn to Swim in the Rec Pool
10am-1pm

<u>Rec Pool</u>	<u>Training Pool</u>
Water Fitness	Lap Swim
745-845am	7' Deep Lanes (SCY)
845-945am	<u>Time</u> <u>Lanes</u>
530-615pm	530-730am 4
615-7pm	730-8am 10
	8am-4pm 11
Lap Swim & Water Walking	4-530pm 2
<u>Time</u> <u>Lanes</u>	530-630pm 9
530-7am 4	630-7pm 3
7am-3pm 2	7-730pm 1
3-4pm 4	730-8pm 7
4-530pm 3	4' Deep Lanes (SCY)
530-7pm 1	<u>Time</u> <u>Lanes</u>
	530am-12pm 8
Senior Open Swim	12-130pm 7
9am-12pm	130-4pm 8
	4-730pm 1
	730-8pm 7
Family Swim	
1-3pm	

FRIDAY, NOVEMBER 1

**2nd Grade Learn to Swim in the Rec Pool
10am-1pm**

Rec Pool

Water Fitness

745-845am
845-945am

**Lap Swim & Water
Walking**

<u>Time</u>	<u>Lanes</u>
530-745am	4
745am-1pm	2
1-3pm	4

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
530-7am	4
7-730am	5
730-8am	11
8-9am	8
9am-4pm	11
4-5pm	7
5-8pm	11

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
530-7am	5
7am-430pm	8
430-730pm	1
730-8pm	8

SATURDAY, NOVEMBER 2

Rec Pool

Water Fitness

915-10am
10-1045am

**Lap Swim & Water
Walking**

<u>Time</u>	<u>Lanes</u>
7-8am	4
8-915am	3
915-1045am	1
1045am-1230pm	3
1230-3pm	4

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
7-9am	1
9am-2pm	9
2-5pm	11

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
7am-1215pm	8
1215-1230pm	6
1230-130pm	5
130-3pm	6
3-5pm	8

SUNDAY, NOVEMBER 3

CLOSED