

October 21 – October 27, 2024

MONDAY, OCTOBER 21

2nd Grade Learn to Swim in the Rec Pool
10am-1pm

<u>Rec Pool</u>	<u>Training Pool</u>
Water Fitness	Lap Swim
530-615am	7' Deep Lanes (SCY)
745-845am	<u>Time</u> <u>Lanes</u>
845-945am	530-7am 8
530-630pm	7-8am 9
	8-9am 11
	9-10am 10
	10am-4pm 11
Lap Swim & Water Walking	4-5pm 6
<u>Time</u> <u>Lanes</u>	5-530pm 3
530-615am 2	530-6pm 6
615-745am 4	6-630pm 8
745am-3pm 2	630-7pm 11
3-4pm 4	7-8pm 4
4-530pm 3	4' Deep Lanes (SCY)
530-7pm 1	<u>Time</u> <u>Lanes</u>
	530-11am 8
Senior Open Swim	11am-12pm 7
9am-12pm	12-4pm 8
	4-530pm 1
Family Swim	530-630pm 3
1-3pm	630-730pm 4
	730-8pm 8
	Deep Water Fitness
	9-10am

TUESDAY, OCTOBER 22

2nd Grade Learn to Swim in the Rec Pool
10am-1pm

<u>Rec Pool</u>	<u>Training Pool</u>
Water Fitness	Lap Swim
745-845am	7' Deep Lanes (SCY)
845-945am	<u>Time</u> <u>Lanes</u>
530-615pm	530-730am 4
615-7pm	730-8am 10
	8am-4pm 11
Lap Swim & Water Walking	4-530pm 4
<u>Time</u> <u>Lanes</u>	530-6pm 7
530-7am 4	6-7pm 9
7am-3pm 2	7-8pm 6
3-4pm 4	4' Deep Lanes (SCY)
4-530pm 3	<u>Time</u> <u>Lanes</u>
530-7pm 1	530am-12pm 8
Senior Open Swim	12-130pm 7
9am-12pm	130-2pm 8
	2-3pm 4
Family Swim	3-630pm 8
1-3pm	630-730pm 4
	730-8pm 8
Reach One Veteran	
7-8am	

WEDNESDAY, OCTOBER 23

2nd Grade Learn to Swim in the Rec Pool
10am-1pm

<u>Rec Pool</u>	<u>Training Pool</u>
Water Fitness	Lap Swim
530-615am	7' Deep Lanes (SCY)
745-845am	<u>Time</u> <u>Lanes</u>
845-945am	530-7am 11
530-630pm	7-8am 9
	8am-4pm 11
Lap Swim & Water Walking	4-5pm 6
<u>Time</u> <u>Lanes</u>	5-530pm 3
530-615am 2	530-6pm 6
615-745am 4	6-630pm 8
745am-3pm 2	630-7pm 11
3-530pm 3	7-8pm 10
530-7pm 1	4' Deep Lanes (SCY)
	<u>Time</u> <u>Lanes</u>
Senior Open Swim	530-1030am 8
9am-12pm	1030am-12pm 7
	12-2pm 8
Family Swim	2-3pm 4
1-3pm	3-4pm 8
	4-530pm 1
	530-630pm 3
	630-730pm 6
	730-8pm 8

THURSDAY, OCTOBER 24

2nd Grade Learn to Swim in the Rec Pool
10am-1pm

<u>Rec Pool</u>	<u>Training Pool</u>
Water Fitness	Lap Swim
745-845am	7' Deep Lanes (SCY)
845-945am	<u>Time</u> <u>Lanes</u>
530-615pm	530-730am 4
615-7pm	730-8am 10
	8am-4pm 11
Lap Swim & Water Walking	4-530pm 4
<u>Time</u> <u>Lanes</u>	530-6pm 7
530-7am 4	6-7pm 9
7am-3pm 2	7-8pm 7
3-4pm 4	4' Deep Lanes (SCY)
4-530pm 3	<u>Time</u> <u>Lanes</u>
530-7pm 1	530am-12pm 8
Senior Open Swim	12-130pm 7
9am-12pm	130-2pm 8
	2-3pm 4
Family Swim	3-4pm 8
1-3pm	4-630pm 1
	630-730pm 4
	730-8pm 8

FRIDAY, OCTOBER 25

**2nd Grade Learn to Swim in the Rec Pool
10am-1pm**

Rec Pool

Training Pool

Water Fitness

745-845am
845-945am

Lap Swim & Water

Walking

Time	Lanes
530-745am	4
745-1pm	2
1pm-3pm	4

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530-630am	4
630-7am	1
7-730am	2
730am-4pm	11
4-630pm	6
630-8pm	9

4' Deep Lanes (SCY)

Time	Lanes
530-630am	5
630-7am	4
7-730am	7
730am-430pm	8
430-6pm	4

SATURDAY, OCTOBER 26

Rec Pool

Training Pool

Water Fitness

915-10am
10-1045am

Lap Swim & Water

Walking

Time	Lanes
7-8am	4
8-915am	3
915-1045am	1
1045am-1pm	3
1-3pm	4

Family Swim

1-3pm

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
7-9am	11
9-11am	6
11am-2pm	9
2-3pm	11
3-5pm	9

4' Deep Lanes (SCY)

Time	Lanes
7-8am	8
8-10am	1
10am-12pm	8
12-1230pm	6
1230-130pm	5
130-3pm	6
3-5pm	8

SUNDAY, OCTOBER 27

Rec Pool

Training Pool

Family Swim

12-330pm

CLOSED