

# ADULT SWIMMING FOUNDATIONS

## Spring Session 2

Registration: April 29th @12pm

*\*Classes will remain OPEN until FULL\**

### CLASS INFO

Wednesday Session

May 8-29th

**6:00 PM - 6:45 PM**

Saturday Session

May 11, 18, June 1st

**11:55 AM-12:25 PM**

**12:30 PM-1:00 PM**

*\*\*Only 3 classes, will be prorated\*\**

**\$45**

### CLASS DETAILS

- Group lesson
- Building the foundation of swimming
- Building confidence in the water
- Teaching water safety skills
- Classes are in our Recreation or Training Pool
- Ages 17 & up



📞 336-315-8498

🌐 [www.greensboroaquaticcenter.com](http://www.greensboroaquaticcenter.com)