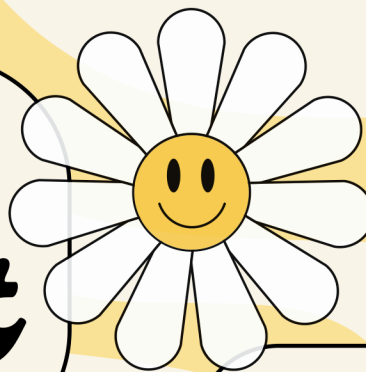
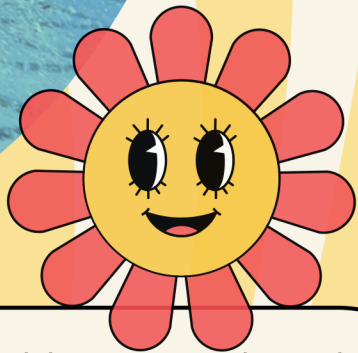
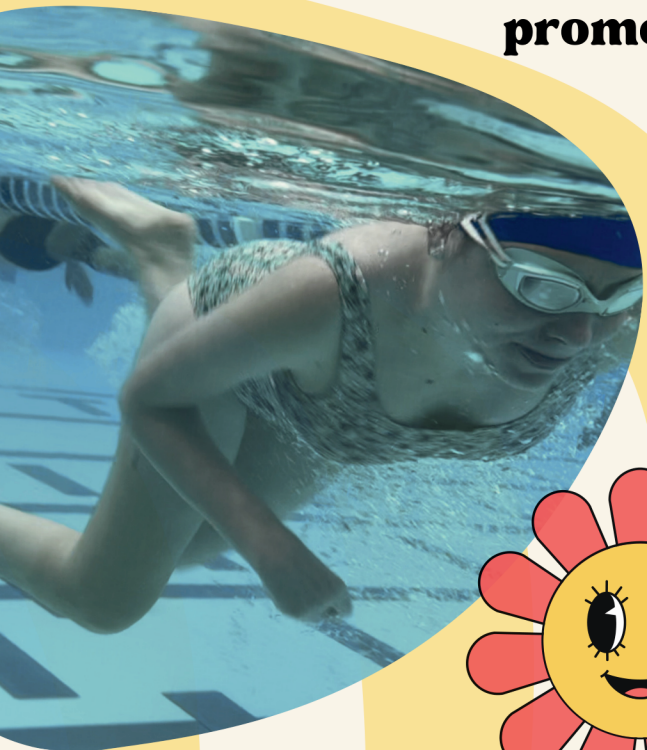




Adaptive Enrichment



**“Our mission is to
promote health
and wellness
to the adaptive
community at
the GAC.”**



Participants must be able to complete the following before beginning their first lesson:

- Swim 25 yards
- Have the ability to enter and exit the pool on their own

Spring Session 2:

MON/WED CLASS DATES:

May 6 - June 3

**NO CLASS MAY 27

7:30AM - 8:15AM

FRIDAY CLASS DATES:

May 10 - 31

5:30PM - 6:15PM

REGISTRATION DATES

Monday, April 29

In-Person & Online @ Noon

CLASS DETAILS:

- 8 classes for **\$90**
- 4 Classes for **\$45**
- Class ratio 4:1
- Focused on building confidence to swim & exercise
- Classes are located in the pool that best fits participants' needs

QUESTIONS? CALL US!

(336) 315-8498

www.greensboroaquaticcenter.com

