

April 1 – April 7, 2024

MONDAY, APRIL 1

Rec pool open extended hours until 8pm due to training pool closure.

Rec Pool

Training Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim

7' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
530-7am	4
7-730am	5
730-9am	9

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
6-745am	4
745-945am	2
945am-1pm	4
1-3pm	2
3-530pm	4
530-630pm	2
630-8pm	4

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
530-7am	1
7-9am	8

Senior Open Swim

9am-12pm

Family Swim

1-3pm

TUESDAY, APRIL 2

Rec pool open extended hours until 8pm due to training pool closure.

Rec Pool

Training Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim

7' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
530-7am	4

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
6-745am	4
745-945am	2
945am-1pm	4
1-3pm	2
3-530pm	4
530-630pm	2
630-8pm	4

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
530-7am	4

Senior Open Swim

9am-12pm

Family Swim

1-3pm

WEDNESDAY, APRIL 3

Rec pool open extended hours until 8pm due to training pool closure.

Rec Pool

Training Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim

7' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
530-7am	4

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
6-730am	4
730-815am	1
815-945am	2
945am-1pm	4
1-3pm	2
3-530pm	4
530-630pm	2
630-8pm	4

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
530-7am	1

Senior Open Swim

9am-12pm

Family Swim

1-3pm

THURSDAY, APRIL 4

Rec pool open extended hours until 8pm due to training pool closure.

Rec Pool

Training Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim

7' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
530-7am	4

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
6-745am	4
745-945am	2
945am-1pm	4
1-3pm	2
3-530pm	4
530-630pm	2
630-8pm	4

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
530-7am	4

Senior Open Swim

9am-12pm

Family Swim

1-3pm

FRIDAY, APRIL 5**Rec Pool****Water Fitness**

745-845am
845-945am
12-1245pm

**Lap Swim & Water
Walking**

<u>Time</u>	<u>Lanes</u>
6-745am	4
745-945am	2
945am-12pm	4
12-1pm	3
1-3pm	4

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool**Lap Swim****7' Deep Lanes (SCY)**

<u>Time</u>	<u>Lanes</u>
530-7am	1

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
530-7am	8

SATURDAY, APRIL 6**Rec Pool****Water Fitness**

1045-1145am

**Lap Swim & Water
Walking**

<u>Time</u>	<u>Lanes</u>
7-1045am	4
1045am-12pm	2
12-2pm	0
2-3pm	4

Plunge for Elodie |
Plunge for Brooks

For more information about
the plunge and EB, go to:
[https://give.ebresearch.org/
team/539885](https://give.ebresearch.org/team/539885)

Training Pool**CLOSED****SUNDAY, APRIL 7****CLOSED**