

February 12 – February 18, 2024

MONDAY, FEBRUARY 12

Rec Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water Walking

Time	Lanes
6-745am	4
745-945am	2
945am-1pm	4
1-3pm	2
3-530pm	4
530-7pm	2

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530-7am	4
7-730am	5
730-815am	9
815-9am	11
9-10am	10
10am-4pm	11
4-430pm	5
430-7pm	1
7-8pm	3

4' Deep Lanes (SCY)

Time	Lanes
530-7am	1
7am-330pm	8
330-4pm	7
4-430pm	4
430-8pm	1

Deep Water Fitness

9-10am

TUESDAY, FEBRUARY 13

Rec Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water Walking

Time	Lanes
6-745am	4
745-945am	2
945am-330pm	4
330-530pm	3
530-7pm	1

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530-6am	8
6-7am	4
7-730am	7
730am-4pm	11
4-430pm	3
430-7pm	0
7-8pm	4

4' Deep Lanes (SCY)

Time	Lanes
530am-4pm	8
4-430pm	5
430-5pm	1
5-8pm	2

WEDNESDAY, FEBRUARY 14

Rec Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water Walking

Time	Lanes
6-745am	4
745-945am	2
945am-1pm	4
1-3pm	2
3-530pm	4
530-7pm	2

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530-7am	1
7-730am	5
730-815am	9
815am-12pm	11
12-1pm	10
1-4pm	11
4-430pm	5
430-8pm	0

4' Deep Lanes (SCY)

Time	Lanes
530-7am	4
7-11am	8
11am-1pm	7
1-4pm	8
4-430pm	4
430-7pm	1
7-730pm	4
730-8pm	6

Deep Water Fitness

12-1pm

THURSDAY, FEBRUARY 15

Rec Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water Walking

Time	Lanes
6-745am	4
745-945am	2
945am-330pm	4
330-530pm	3
530-7pm	1

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

7' Deep Lanes (SCY)

Time	Lanes
530-7am	4
7-730am	5
730am-4pm	11
4-6pm	1
6-630pm	3
630-7pm	2
7-730pm	6
730-8pm	7

4' Deep Lanes (SCY)

Time	Lanes
530-6am	8
6-730am	4
730am-4pm	8
4-430pm	5
430-5pm	0
5-8pm	1

FRIDAY, FEBRUARY 16

Rec Pool

Water Fitness

745-845am
845-945am
12-1245pm

Lap Swim & Water

Walking

<u>Time</u>	<u>Lanes</u>
6-745am	4
745-945am	2
945am-12pm	4
12-1pm	2
1-3pm	4

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

<u>7' Deep Lanes (SCY)</u>	
<u>Time</u>	<u>Lanes</u>
530-7am	1
7-730am	5
730am-4pm	11
4-430pm	5
430-6pm	3
6-7pm	5
7-8pm	11

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
530am-430pm	8
430-6pm	4
6-8pm	3

SATURDAY, FEBRUARY 17

Rec Pool

Water Fitness

1045-1145am

Lap Swim & Water

Walking

<u>Time</u>	<u>Lanes</u>
7-8am	4
8-1045am	3
1045-1145am	1
1145am-1pm	4
1-3pm	4

Training Pool

Lap Swim

7' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
7-8am	11
8-830am	5
830-10am	4
10-1030am	8
1030am-5pm	9

4' Deep Lanes (SCY)

<u>Time</u>	<u>Lanes</u>
7-9am	1
9-930am	6
930-1030am	4
1030am-1215pm	8
1215-145pm	5
145-5pm	8

SUNDAY, FEBRUARY 18

CLOSED