

ADULT SWIMMING FOUNDATIONS

Winter Session 2

Registration: Monday, January 22 @ 12 PM

Classes will remain OPEN until FULL

CLASS INFO

Weekend Session (Saturday's)

February 3, 10, 17, March 2

No Class February 24

11:55 AM-12:25 PM

12:30 PM-1:00 PM

\$50

CLASS DETAILS

- Group lesson
- Building the foundation of swimming
- Building confidence in the water
- Teaching water safety skills
- Classes are in our Recreation or Training Pool
- Ages 17 & up



📞 336-315-8498

🌐 www.greensboroaquaticcenter.com