

WATER SAFETY INSTRUCTOR

The purpose of this instructor course is to train instructor candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety program. This would include Parent and Child Aquatics, Preschool Aquatics, Learn-to-Swim, Adult Swim, Private Lessons, Water Safety Courses (including Safety Training for Swim Coaches*) and Water Safety Presentations.

Certification

Classes

Class 1. March 25-28

March 25-28th (Monday-Thursday)

9:30am—5:30pm

Class 2. May 20-23

May 20-23rd (Monday-Thursday)

9:30am-5:30pm

Class 3. Aug 9-17

Aug 9-10, 16-17 9:00am—5:00pr (Friday-Saturday for two weeks)

Prerequisites

- Be at least 16 years of age by the end of training
- Demonstrate and proficiently complete 25 yards of:
 - ∘ front crawl ∘ sidestroke
 - o back crawl o elementary backstroke
 - breaststroke ∘ butterfly (15 yards)
- Maintain treading water for 1 minute
 - Maintain back float for 1 minute

FOR INFORMATION:

336-315-8498 www.greensboroaquaticcenter.com

