ADULT SWIMMING FOUNDATIONS

Fall Session 3
Registration: October 30 opens at 12pm
*Classes will remain OPEN until FULL*

CLASS INFO
Weekend Session (Saturday’s)
November 18-December 16
*No Class Nov. 25*
11:55 AM-12:25 PM
12:30 PM-1:00 PM

$45

CLASS DETAILS
• Group lesson
• Building the foundation of swimming
• Building confidence in the water
• Teaching water safety skills
• Classes are in our Recreation or Training Pool
• Ages 17 & up

336-315-8498
www.greensboroaquaticcenter.com