## Fall Session 1: 2023

GAC



**Instructor: Jamie Miller** 

WEEKDAY CLASSES: \$90 September 12-October 5 *Tuesday/Thursday's* 4:00PM-5:00PM

## WEEKEND CLASSES: \$45

September 16 - October 7 Saturday's 12:45 PM - 1:45 PM

## **REGISTRATION DATES**

September 6 - September 11 In-Person and Online @ 12pm

Questions? Stop by our front desk or call us at: (336) 315-8498

## **Class details:**

- Weekday session meets twice a week for four weeks
- Saturday session meets once a week for four weeks
- Focused on building endurance to get kids ready for a swim team
- Classes are in our Training Pool
- Ages 6 14