

ADULT SWIMMING FOUNDATIONS

Fall Session 1

Registration: September 6 -11 opens **at 12pm**

CLASS INFO

Weekday Session (Tuesday Evenings)

September 12- October 3

6:30 PM-7:00 PM

Weekend Session (Saturday Mornings)

September 16- October 7

11:55 AM-12:25 PM

\$45

CLASS DETAILS



- Group lesson
- Building the foundation of swimming
- Building confidence in the water
- Teaching water safety skills
- Classes are in our Recreation Pool
- Ages 17 & up

 336-315-8498

 www.greensboroaquaticcenter.com