

May 22 – May 28, 2023

MONDAY, MAY 22

<p><u>Rec Pool</u> Water Fitness 745-845am 845-945am 530-630pm</p> <p>Lap Swim & Water Walking <u>Time</u> <u>Lanes</u> 6-745am 4 745-945am 2 945-1030am 4 1030am-1pm 2 1-4pm 3 4-530pm 4 530-7pm 2</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 1-3pm</p>	<p><u>Training Pool</u> Lap Swim <u>7' Lanes</u> <u>Time</u> <u>Lanes</u> 530-7am 5 7-730am 9 730-9am 11 9-10am 10 10am-4pm 11 4-430pm 3 430-530pm 0 530-630pm 5 630-7pm 8 7-730pm 1 730-8pm 4</p> <p><u>4' Lanes</u> <u>Time</u> <u>Lanes</u> 530am-4pm 8 4-430pm 5 430-530pm 3 530-7pm 4 7-8pm 5</p> <p>Deep Water Fitness 9-10am</p>
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TUESDAY, MAY 23

<p><u>Rec Pool</u> Water Fitness 745-845am 845-945am 530-630pm</p> <p>Lap Swim & Water Walking <u>Time</u> <u>Lanes</u> 6-745am 4 745-945am 2 945-1030am 4 1030am-1pm 2 1-530pm 3 530-7pm 1</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 1-3pm</p>	<p><u>Training Pool</u> Lap Swim <u>7' Lanes</u> <u>Time</u> <u>Lanes</u> 530-6am 11 6-730am 8 730am-4pm 11 4-430pm 4 430-630pm 1 630-7pm 4 7-8pm 7</p> <p><u>4' Lanes</u> <u>Time</u> <u>Lanes</u> 530-7am 4 7am-4pm 8 4-430pm 2 430-730pm 1 730-8pm 8</p>
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WEDNESDAY, MAY 24

<p><u>Rec Pool</u> Water Fitness 745-845am 845-945am 530-630pm</p> <p>Lap Swim & Water Walking <u>Time</u> <u>Lanes</u> 6-745am 4 745-945am 2 945-1030am 4 1030am-1pm 2 1-4pm 3 4-530pm 4 530-7pm 2</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 1-3pm</p>	<p><u>Training Pool</u> Lap Swim <u>7' Lanes</u> <u>Time</u> <u>Lanes</u> 530-7am 6 7-730am 9 730am-4pm 11 4-430pm 8 430-6pm 0 6-7pm 1 7-730pm 6 730-8pm 9</p> <p><u>4' Lanes</u> <u>Time</u> <u>Lanes</u> 530am-4pm 8 4-530pm 3 530-730pm 2 730-8pm 8</p>
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THURSDAY, MAY 25

<p><u>Rec Pool</u> Water Fitness 745-845am 845-945am 530-630pm</p> <p>Lap Swim & Water Walking <u>Time</u> <u>Lanes</u> 6-745am 4 745-945am 2 945-1030am 4 1030am-1pm 2 1-4pm 3 4-530pm 4 530-7pm 2</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 1-3pm</p>	<p><u>Training Pool</u> Lap Swim <u>7' Lanes</u> <u>Time</u> <u>Lanes</u> 530-6am 11 6-730am 8 730am-430pm 11 430-630pm 0 630-8pm 1</p> <p><u>4' Lanes</u> <u>Time</u> <u>Lanes</u> 530-7am 4 7am-4pm 8 4-430pm 6 430-630pm 3 630-7pm 1 7-8pm 4</p>
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FRIDAY, MAY 26

Rec Pool

Water Fitness

745-845am
845-945am

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
6-745am	4
745-945am	2
945-1030am	4
1030am-1pm	2
1-3pm	4

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

7' Lanes

<u>Time</u>	<u>Lanes</u>
530-730pm	9
730am-4pm	11
4-430pm	9
430-515pm	7
515-7pm	0
7-8pm	4

4' Lanes

<u>Time</u>	<u>Lanes</u>
530am-4pm	8
4-6pm	4
6-8pm	2

SATURDAY, MAY 27

Rec Pool

Water Fitness

1130am-1230pm

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
7-1130am	4
1130am-1230pm	2
1230-3pm	4

Family Swim

1-3pm

Training Pool

Lap Swim

7' Lanes

<u>Time</u>	<u>Lanes</u>
7-830am	5
830-9am	2
9-10am	8
10am-1215pm	11
1215-115pm	10
115-3pm	11
3-5pm	9

4' Lanes

<u>Time</u>	<u>Lanes</u>
7-9am	2
9-10am	4
10-1145am	6
1145am-1215pm	4
1215-5pm	8

Fin Time

3-5pm

SUNDAY, MAY 28

CLOSED