

May 15 – May 21, 2023

MONDAY, MAY 15

<p><u>Rec Pool</u> Water Fitness 745-845am 845-945am 530-630pm</p> <p>Lap Swim & Water Walking Time Lanes 6-745am 4 745-945am 2 945am-130pm 4 130-4pm 3 4-530pm 4 530-7pm 2</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 1-3pm</p>	<p><u>Training Pool</u> Lap Swim <u>7' Lanes</u> Time Lanes 530-815am 9 815-9am 11 9-10am 10 10am-4pm 11 4-430pm 3 430-530pm 0 530-630pm 5 630-7pm 8 7-730pm 1 730-8pm 4 <u>4' Lanes</u> Time Lanes 530am-4pm 8 4-430pm 5 430-530pm 3 530-7pm 4 7-8pm 5</p> <p>Deep Water Fitness 9-10am</p>
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TUESDAY, MAY 16

<p><u>Rec Pool</u> Water Fitness 745-845am 845-945am 530-630pm</p> <p>Lap Swim & Water Walking Time Lanes 6-745am 4 745-945am 2 945am-130pm 4 130-530pm 3 530-7pm 1</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 1-3pm</p>	<p><u>Training Pool</u> Lap Swim <u>7' Lanes</u> Time Lanes 530-6am 11 6-730am 8 730am-4pm 11 4-430pm 4 430-630pm 1 630-7pm 4 7-8pm 7 <u>4' Lanes</u> Time Lanes 530-7am 4 7am-4pm 8 4-430pm 2 430-730pm 1 730-8pm 8</p>
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WEDNESDAY, MAY 17

<p><u>Rec Pool</u> Water Fitness 745-845am 845-945am 530-630pm</p> <p>Lap Swim & Water Walking Time Lanes 6-745am 4 745-945am 2 945am-130pm 4 130-530pm 3 530-7pm 1</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 1-3pm</p>	<p><u>Training Pool</u> Lap Swim <u>7' Lanes</u> Time Lanes 530-7am 6 7-815am 9 815am-4pm 11 4-430pm 8 430-6pm 1 6-7pm 2 7-730pm 7 730-8pm 10 <u>4' Lanes</u> Time Lanes 530am-4pm 8 4-530pm 3 530-730pm 2 730-8pm 8</p>
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THURSDAY, MAY 18

<p><u>Rec Pool</u> Water Fitness 745-845am 845-945am 530-630pm</p> <p>Lap Swim & Water Walking Time Lanes 6-745am 4 745-945am 2 945am-130pm 4 130-530pm 3 530-7pm 1</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 1-3pm</p>	<p><u>Training Pool</u> Lap Swim <u>7' Lanes</u> Time Lanes 530-6am 11 6-730am 8 730am-4pm 11 4-430pm 9 430-6pm 0 6-8pm 1 <u>4' Lanes</u> Time Lanes 530-7am 4 7am-4pm 8 4-430pm 6 430-630pm 3 630-7pm 1 7-8pm 4</p>
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FRIDAY, MAY 19

Rec Pool

Water Fitness

745-845am
845-945am

Lap Swim & Water

Walking

<u>Time</u>	<u>Lanes</u>
6-745am	4
745-945am	2
945am-3pm	4

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

7' Lanes

<u>Time</u>	<u>Lanes</u>
530-730pm	9
730am-4pm	11
4-430pm	9
430-515pm	7
515-7pm	0
7-8pm	4

4' Lanes

<u>Time</u>	<u>Lanes</u>
530am-4pm	8
4-6pm	4
6-8pm	2

SATURDAY, MAY 20

Rec Pool

Water Fitness

1130am-1230pm

Lap Swim & Water

Walking

<u>Time</u>	<u>Lanes</u>
7-8am	4
8-1130am	3
1130am-1230pm	1

Family Swim

1-3pm

Training Pool

Lap Swim

7' Lanes

<u>Time</u>	<u>Lanes</u>
7-815am	11
815-830am	4
830am-5pm	2

4' Lanes

<u>Time</u>	<u>Lanes</u>
7-9am	1
9-10am	6
10am-5pm	7

Fin Time

3-5pm

SUNDAY, MAY 21

CLOSED