

ADULT SWIMMING FOUNDATIONS

CLASS DETAILS

Registration: March 7-10 (In Person Only)

&

March 14-17 (In Person & Online)

Class days & times: *Wednesdays 6p-6:45p*

March 22- April 19 *No Class April 12*

Class days & times: *Saturdays 11:45a-12:30p*

March 25-April 22 *No Class April 8*





FLOAT - SWIM- FUN

- Building the foundation of swimming
- Building confidence in the water
- Teaching water safety skills

\$40

**GROUP
LESSONS**

 **336-315-8498**

 **www.greensboroaquaticcenter.com**