

March 6 – March 12, 2023

MONDAY, MARCH 6

2nd Grade LTS in Rec Pool 1030am-1pm

<u>Rec Pool</u>	<u>Training Pool</u>
Water Fitness	Lap Swim
745-845am	
845-945am	<u>7' Lanes</u>
530-630pm	<u>Time</u> <u>Lanes</u>
	530-7am 4
	7-730am 6
	730-9am 11
	9-10am 10
	10am-4pm 11
	4-430pm 5
	430-5pm 1
	5-530pm 4
	530-7pm 6
	7-8pm 2
Lap Swim & Water	
Walking	
<u>Time</u> <u>Lanes</u>	
7-745am 4	
745am-1pm 2	
1-2pm 4	
2-3pm 3	
3-530pm 4	
530-7pm 2	
Senior Open Swim	<u>4' Lanes</u>
9am-12pm	<u>Time</u> <u>Lanes</u>
	530am-4pm 8
	4-430pm 2
Family Swim	430-6pm 0
1-3pm	6-730pm 1
	730-8pm 8
	Deep Water Fitness
	9-10am

TUESDAY, MARCH 7

2nd Grade LTS in Rec Pool 1030am-1pm

<u>Rec Pool</u>	<u>Training Pool</u>
Water Fitness	Lap Swim
745-845am	
845-945am	<u>7' Lanes</u>
530-630pm	<u>Time</u> <u>Lanes</u>
	530-7am 4
	7-730am 6
	730am-4pm 11
	4-430pm 5
	430-6pm 3
	6-730pm 4
	730-8pm 11
Lap Swim & Water	
Walking	
<u>Time</u> <u>Lanes</u>	
6-745am 4	
745am-1pm 2	
1-130pm 4	
130-3pm 3	
3-530pm 4	
530-7pm 2	
Senior Open Swim	<u>4' Lanes</u>
9am-12pm	<u>Time</u> <u>Lanes</u>
	530am-4pm 8
	4-430pm 6
Family Swim	430-7pm 2
1-3pm	7-8pm 6

WEDNESDAY, MARCH 8

2nd Grade LTS in Rec Pool 1030am-1pm

<u>Rec Pool</u>	<u>Training Pool</u>
Water Fitness	Lap Swim
745-845am	
845-945am	<u>7' Lanes</u>
530-630pm	<u>Time</u> <u>Lanes</u>
	530-7am 4
	7-730am 6
	730am-4pm 11
	4-430pm 5
	430-5pm 1
	5-530pm 4
	530-7pm 5
	7-8pm 11
Lap Swim & Water	
Walking	
<u>Time</u> <u>Lanes</u>	
6-745am 4	
745am-1pm 2	
1-130pm 4	
130-3pm 3	
3-530pm 4	
530-7pm 2	
Senior Open Swim	<u>4' Lanes</u>
9am-12pm	<u>Time</u> <u>Lanes</u>
	530-7am 5
	7am-4pm 8
Family Swim	4-430pm 2
1-3pm	430-6pm 0
	6-730pm 1
	730-8pm 8

THURSDAY, MARCH 9

2nd Grade LTS in Rec Pool 1030am-1pm

<u>Rec Pool</u>	<u>Training Pool</u>
Water Fitness	Lap Swim
745-845am	
845-945am	<u>7' Lanes</u>
530-630pm	<u>Time</u> <u>Lanes</u>
	530-7am 4
	7-730am 6
	730am-4pm 11
	4-430pm 5
	430-6pm 3
	6-730pm 4
	730-8pm 11
Lap Swim & Water	
Walking	
<u>Time</u> <u>Lanes</u>	
6-745am 4	
745am-3pm 2	
3-530pm 4	
530-7pm 2	
Senior Open Swim	<u>4' Lanes</u>
9am-12pm	<u>Time</u> <u>Lanes</u>
	530am-4pm 8
	4-430pm 6
Family Swim	430-7pm 2
1-3pm	7-8pm 6

FRIDAY, MARCH 10

2nd Grade LTS in Rec Pool 1030am-1pm

Rec Pool

Water Fitness

745-845am
845-945am

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
6-745am	4
745am-1pm	2
1-130pm	4
130-3pm	3

Senior Open Swim

9am-12pm

Family Swim

1-3pm

Training Pool

Lap Swim

7' Lanes

<u>Time</u>	<u>Lanes</u>
530-7am	4
7-730am	6
730-10am	11
10am-2pm	5
2-4pm	11
4-430pm	9
430-7pm	7
7-8pm	11

4' Lanes

<u>Time</u>	<u>Lanes</u>
530am-4pm	8
4-430pm	2
430-730pm	1
730-8pm	8

SATURDAY, MARCH 11

Rec Pool

Lap Swim & Water Walking

<u>Time</u>	<u>Lanes</u>
7am-3pm	4

Family Swim

1-3pm

Training Pool

Fitness

1130am-1230pm

Lap Swim

7' Lanes

<u>Time</u>	<u>Lanes</u>
7-830am	5
830-10am	2
10am-3pm	5
3-4pm	4
4-5pm	10

4' Lanes

<u>Time</u>	<u>Lanes</u>
7-9am	1
9-10am	6
10-1130am	8
1130am-1230pm	6
1230-5pm	5

Fin Time

3-5pm

SUNDAY, MARCH 12

CLOSED