

March 13 – March 19, 2023

MONDAY, MARCH 13

Rec Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water

Walking

Time	Lanes
6-745am	4
745-945am	2
945am-530pm	4
530-7pm	2

Training Pool

Lap Swim

7' Lanes

Time	Lanes
530-7am	2
7-9am	11
9-10am	10
10am-3pm	11

4' Lanes

Time	Lanes
530-730am	2
730am-3pm	8

Senior Open Swim

9am-12pm

Deep Water Fitness

9-10am

TUESDAY, MARCH 14

Rec Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water

Walking

Time	Lanes
6-745am	4
745-945am	2
945am-530pm	4
530-7pm	2

Senior Open Swim

9am-12pm

Training Pool

Lap Swim

7' Lanes

Time	Lanes
530-7am	2

4' Lanes

Time	Lanes
530-7am	2

WEDNESDAY, MARCH 15

Rec Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water

Walking

Time	Lanes
6-745am	4
745-945am	2
945am-530pm	4
530-7pm	2

Senior Open Swim

9am-12pm

Training Pool

Lap Swim

7' Lanes

Time	Lanes
530-7am	3

4' Lanes

Time	Lanes
530-7am	1

THURSDAY, MARCH 16

Rec Pool

Water Fitness

745-845am
845-945am
530-630pm

Lap Swim & Water

Walking

Time	Lanes
6-745am	4
745-945am	2
945am-530pm	4
530-7pm	2

Senior Open Swim

9am-12pm

Training Pool

Lap Swim

7' Lanes

Time	Lanes
530-7am	2

4' Lanes

Time	Lanes
530-6am	2

FRIDAY, MARCH 17

Rec Pool

Water Fitness

745-845am
845-945am

Lap Swim & Water

Walking

Time	Lanes
6-745am	4
745-945am	2
945am-630pm	4

Senior Open Swim

9am-12pm

Training Pool

Lap Swim

7' Lanes

Time	Lanes
530-7am	4

4' Lanes

Time	Lanes
530-7am	2

SATURDAY, MARCH 18

Rec Pool

Water Fitness

1130am-1230pm

Lap Swim & Water

Walking

Time	Lanes
7-1130am	4
1130am-1230pm	2
1230-3pm	4

Training Pool

CLOSED

SUNDAY, MARCH 19

CLOSED

