

Spring Session 1: 2023

GAC

WAVES

Coach: Jamie Miller



WEEKDAY CLASSES: \$80

March 21-April 20

Tuesday/Thursday's

4:00-5:00PM

NO CLASS April 11,13

WEEKEND CLASSES: \$40

March 25-April 22

Saturday's

11:50AM-12:50PM

NO CLASS April 8

REGISTRATION DATES

March 7-10 In-Person Only &
14-17 In-Person and Online

Class details:

- Weekday session meets twice a week for four weeks
- Saturday session meets once a week for four weeks
- Focused on building endurance to get kids ready for swim team
- All practices are in the Training Pool
- Ages 6 - 14

Questions?

Stop by our front desk

or call us at: (336) 315-8498