

ADULT SWIMMING FOUNDATIONS

CLASS DETAILS

Registration: January 25-February 3

Class dates: Saturday, February 4, 11, 25 and March 4

Time & Location: 12:15PM-1:00PM in our Recreation Pool

Ages: 18&up



FLOAT - SWIM- FUN

- Building the foundation of swimming
- Building confidence in the water
- Teaching water safety skills

\$40

**GROUP
LESSONS**



336-315-8498



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