

LIFEGUARD CERTIFICATION CLASSES

Prerequisites

- Must be at least 15 years of age
- Able to swim 300 yards continuously using front crawl and breast stroke techniques
- Tread water for two minutes without the use of their hands
- Must be able to surface dive 7-10 feet to retrieve a 10lb weight, return to surface and swim an additional 20 yards while carrying weight on chest



RECERTIFICATION LIFEGUARD CLASS

\$165

Class 1. February 23-25

February 23-24th 4:30pm-8:30pm
February 25th 8:00am-5:00pm

Class 2. March 7-9

March 7-9th 4:30pm-8:30pm

Class 3. April 25-27

April 25-27th 4:30pm-8:30pm

Register in person or register online today!

1921 W Gate City Blvd. Greensboro, NC 27403

Greensboroaquaticcenter.com

(336)315-8498

Refunds are at the discretion of the facility manager