

# Fall Session 3: 2022

## GAC

# WAVES

**Coach: Jamie Miller**



### WEEKDAY CLASSES: \$80

November 3-December 1

Tuesday/Thursday's

4:00-5:00PM

(\*No class 11/24\*)

### WEEKEND CLASSES: \$40

November 5-December 3

Saturday's

11:50AM-12:50PM

(\*No class 11/26\*)

### Class details:

- Weekday session meets twice a week for four weeks
- Focused on building endurance to get kids ready for swim team
- Saturday sessions meet once a week for a month
- All practices are in the Training Pool
- Ages 6 - 14

**Questions?**

**Stop by our front desk**

**or call us at: (336) 315-8498**